



# **2023 Rights Guide**

## INTERNATIONAL AGENTS

### **United States**

**Mango Publishing Group**

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The Lapautre Agency

Catherine Lapautre

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### **Germany**

Agence Schweiger

Christian Schweiger: [christian@schweiger.fr](mailto:christian@schweiger.fr)

Alais Garric (children's books and graphic novels)

[alais@schweiger.fr](mailto:alais@schweiger.fr)

### **Greek**

JLM Literary

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### **Hungarian and Croatian**

Lex Copyright Office

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### **Korea**

Shinwon Agency

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### **Japan**

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### **Poland**

Booklab

Ksenia Saladra

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### **Russia**

Nurnberg Associates - Moscow

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### **Spanish and Portuguese**

International Editors' Co.

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### **Turkey**

AnatoliaLit Agency

Ozlem Oztemel

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## Color the Wild

Brave Wilderness Color Pages  
Mark Vins and Coyote Peterson

### Key Selling Points:

- The Brave Wilderness YouTube channel has over 20 million subscribers.
- Over 7500 copies sold since November.
- Learn by doing: Kids can learn about nature by coloring.
- Must-have for Brave Wilderness fans.

### Book Description:

The Wildest Animal Coloring Book on Earth—for ages 6-10.

Join Brave Wilderness on epic journeys through deserts, oceans and jungles. Learn about awesome animals and enjoy coloring every page with this Brave Wilderness book!

**A wild coloring book only for the brave.** Are you ready for the adventure of a lifetime? In *Color the Wild*, you can join alongside Brave Wilderness hosts Coyote Peterson, Mark Vins, and wildlife biologist, Mario Aldecoa, as they discover, appreciate, and color some of our planet's most interesting and bizarre animals and their habitats!

**Color Coyote's best adventures.** Go on a jungle adventure and experience an up-close ocelot encounter, swim through extraordinary marine wildlife to find a slimy octopus, or choose to encounter a hammerhead shark! Adventure further out and discover some of the world's most misunderstood creatures that are Brave Wilderness favorites such as the venomous gila monster, the creepy crawly orb weaver, and the mighty bullet ant - but don't worry, you won't get stung on these pages!

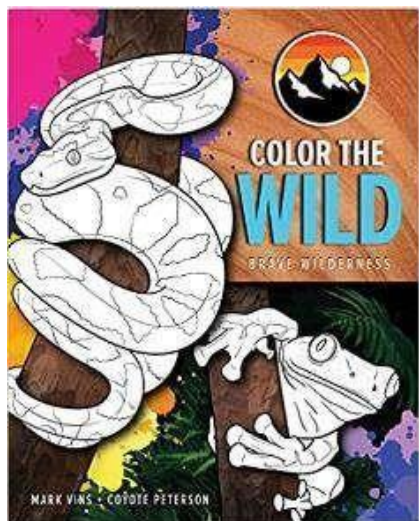
### Inside, you'll find:

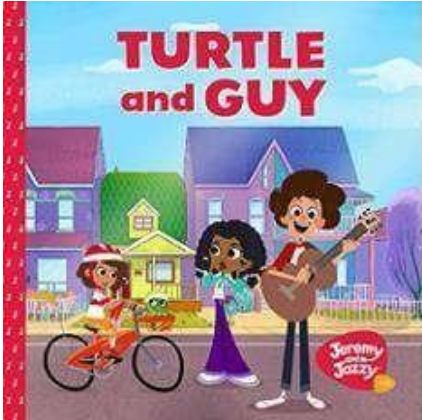
- Intricately designed animal color pages for ages 6-10
- Fan favorite Brave Wilderness moments waiting to be colored
- A wild animal coloring book; educational themes and adventures for all to enjoy

If you liked *Wild Animal Book for Kids*, *Cute Animal Coloring Book For Kids*, or *Coloring Books For Kids Cool Coloring*, you'll love ***Color the Wild***.

**About the author Coyote Peterson** is an Emmy Award-winning host on YouTube's "Brave Wilderness" channel. Known for his trademark leather cowboy hat, backpack, and bandanna, many fans are driven to emulate him as he educates viewers about the world of animals and fosters a future that conserves environments and their species. Forever dedicated to the joys of storytelling, Coyote is constantly honing his craft to ensure audiences of all ages can partake in his animal adventures. Visit Coyote and Mark at <https://bravewilderness.com/hosts>.

**Mark Vins** is an Emmy Award winning wildlife and adventure filmmaker, and the co-founder of the Brave Wilderness YouTube channel. Launched in 2014 with Coyote Peterson, the channel has become a global sensation growing to nearly 20 million subscribers with over 4 billion views. Mark began his career behind the camera as a cinematographer, quickly developing his own unique flare for presentation and storytelling. In addition to continuing to produce content for the Brave Wilderness channel, he also hosts a variety of programs featuring travel adventures, shark diving, and of course - the wildlife content that made Brave Wilderness the sensation it is today.





### Praise for Turtle & Guy

"Thank you, Jeremy, for this story about the value of friendship. Fun illustrations and a pure honest message."

—Fred Penner OC CM, family entertainer and star of *Fred Penner's Place*

"What's in a name? A whole lot of hilarious confusion! But when great friends work together to problem-solve, everyone wins in this colourful, lyrical tale!"

—Jill Barber, singer-songwriter and author of *Music Is for Everyone*

"Children, big and small, will love this clever, visually uplifting journey of community, grace, and friendship. A must-read AND a must-sing!"

—Measha Brueggergosman-Lee, opera singer, composer, and author

## Turtle and Guy

Jeremy Fisher, Robert DeLint, and Virginia Thomson

### Key Selling Points:

- Helps preschoolers to understand emotions.
- Fun positive text with colorful illustrations
- Author is a popular musician with a presence on YouTube.

### Book Description:

This is a fun and inspirational book for children that teaches preschoolers about emotions.

Jeremy and Jazzy meet Mr. Turtle Guy—but wait! Mr. Turtle Guy isn't one guy, it's two! What is this feeling? I am confused! In this groundbreaking book about feelings and emotions, tackle what confusion feels like, why we want to blame others, and how to take responsibility for your mistakes while learning from them. A song book about confusion. Travel with Jeremy, Jazzy, and the gang as they go on dazzling adventures to discover how to identify and cope with emotions in healthy ways. The Turtle and Guy story-song makes learning a blast every time! It can be read by itself or as a sing-along with the Jeremy and Jazzy show.

### In *Turtle and Guy*:

- Learn how feelings and emotions such as confusion feel
- Discover that everybody makes mistakes and how to handle them when you do
- Celebrate themes like community, mental health, self assurance, and music

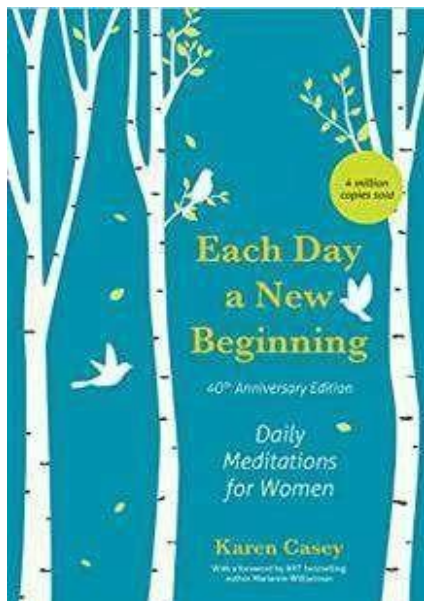
If you enjoy preschool books about emotions such as *The Choices I Make*, *My Body Sends a Signal*, or *One Bee Too Many*, you'll love *Turtle and Guy*.

**About the author** Jeremy Fisher is a youthful adult singer-songwriter-musician, full of childlike wonder—and with instantly recognizable hair. He's curious, enthusiastic, and passionate about music, and loves its ability to convey emotions and help explore the world around us through music and storytelling.

The pop-folk singer-songwriter has been making music since 2001. He has toured across Canada, the US, Australia, and Japan and has shared the stage with acts such as Alanis Morissette, Blue Rodeo, Measha Brueggergosman, and many more.

**Robert de Lint** is the co-founder of Vérité Films and is an award-winning writer, show runner, director, producer, picture editor and TV show creator. He's been a key creative contributor (as a writer, director, creative producer or picture editor) in over 300 episodes of prime-time television. Robert is a Co-Creator and Writer on the 57 part children's animated series, *Jeremy and Jazzy*.

**Virginia Thompson**, President and co-founder of Vérité Films, is an award-winning executive producer, showrunner, and TV series creator. Virginia has created and produced comedies, dramas, animation, children's and youth programming, documentaries, performing arts programming, and digital series for the Canadian and world market in English and French. She's developed some of the most iconic brands in the Canadian entertainment and cultural sector.



Also by Karen Casey

**Each Day A Renewed Beginning**

**Be Who You want to Be** (Turkish: Aykırı Yayıncılık, exp 2013)

**Change Your Mind and Your Life Will Follow** (Chinese -simple-Beijing Mediatime, expire 2017; **French:** Beliveau, ex. 2014; **Slovak:** Eastone, exp 2021; **Spanish:** Urano, exp 2017; **Portuguese,** Novo Conceito, exp 2023; **Italian,** Armenia exp 2012; **Vietnamese,** First News, exp 2023; **Hungarian,** Neemtrees, exp 2014; **Estonian,** Ou Eram Books, exp 2023; **Portuguese,** Sinais de Fogo, exp. 2019; **Russian,** Ves, exp 2013)

**All We Have Is All We Need** (French: Beliveau, exp. 2016; **Spanish,** Editorial Manantial, exp 2013; **Russian,** VES, exp 2013; **Arabic,** Jarir, expired)

**It's Up To You** (French: Beliveau, exp 2016; **Russian,** Ves, 2014)

**Living Long, Living Passionately** (French, Beliveau, 2021)

**20 Things, I Know For Sure** (Slovak, Eastone, exp 2024)

**Codependence & the Power of Attachment** (Russian, Ves, exp 2014)



## Each Day A New Beginning

Daily Meditations for Women  
Karen Casey

### Key Selling Points:

- One of the best-selling meditation books: Over 4 million sold.
- Develop a daily practice that embraces compassion, acceptance, and creativity.
- "Casey's voice is thoughtful and accessible. Readers with a belief in the power of God will be most amenable to her recommendations for a simpler more rewarding life." —*Publishers Weekly*.
- "Karen Casey tells truth and tells it well." —Marianne Williamson

### Book Description:

First published in 1982, Karen Casey's signature and genre-defining work, *Each Day a New Beginning*, broke ground as the first daily meditation book for women in alcoholism recovery. Forty years later, over four million copies have been sold and people around the globe continue to turn to this renowned classic for morning motivation, afternoon escape, and night-time reflection.

**Engage with effective healing meditation practices.** Karen Casey offers invaluable wisdom with every page, encouraging women in recovery to learn the art of compassion, acceptance, creativity and more. Spiritual meditation exercises are peppered throughout the book, allowing you to heal with each coming day.

**Recognize the importance of community in recovery.** Recovery is not linear and absolute, but meandering and ambiguous. From personal experience, Karen Casey knows this to be true. In *Each Day A New Beginning*, inhabit a collective space for women in recovery for spiritual meditation, reflection, learning, and connection.

**Gain wisdom from exceptional female role models.** Each day, enjoy an inspirational quote from extraordinary women, ranging from Anne Morrow Lindbergh to Dorothy Bryant to Evelyn Mandel. Meditation practices follow each quote, allowing you to supplement your healing experience with mindfulness exercises.

*Each Day a New Beginning* is the perfect gift for women during any stage of their recovery journey or spiritual path. It is designed to help you:

- Gain deeper insight into the recovery process
- Celebrate your personal strength and dedication towards recovery
- Practice mindfulness through daily meditation exercises

**About the author:** Karen Casey is the the best-selling author of more than forty inspirational books, including *52 Ways to Live the Course in Miracles*, *Let Go Now*, *In God's Care*, and *A Woman's Spirit*. She started her addiction recovery journey in 1974 and in 1982, she published her first book, *Each Day a New Beginning*, which instantly became a bestseller. Currently, Karen spends her time speaking at lectures and workshops, which fosters her commitment to continue doing what brings her life such joy.



## Young Trailblazers

The Book of Black Heroes and Groundbreakers

M. J. Fievre

### Key Selling Points:

- Inspirational and compelling true stories for ages 8-12
- Introduce your child to Black history.
- Accessible and fun stories of 25 groundbreakers

### Book Description:

This is a fun and inspiration book for children filled moving stories about Black trailblazers who persevered through adversity.

Discover how Black heroes have overcome adversity, from the story of writer and activist Maya Angelou, to the less known tale of Nance Legins-Costley, a slave whose freedom was won in a supreme court case by a young Abraham Lincoln. This kid's history book provides an educational trip through the ABCs of the names and stories of Black heroes who fought to overcome.

**Experience an array of rich Black history.** History books often have left out the amazing and varied stories of Black heroes. The Young Trailblazers series of children's books shines a light on those stories for young readers and helps teach diversity and inclusion. *Young Trailblazers: The Book of Black Heroes and Overcomers* also includes beautiful illustrations, fascinating facts, and important words and their definitions.

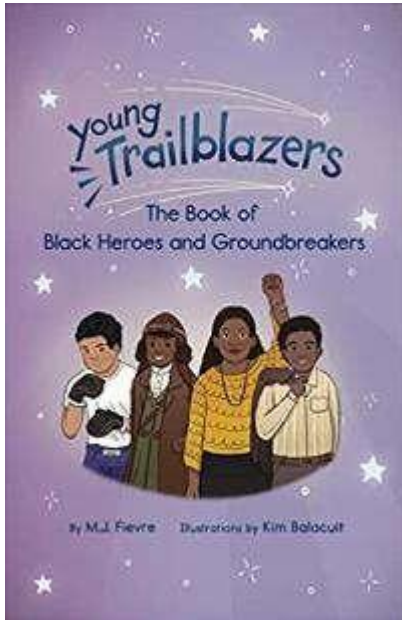
### Meet the Young Trailblazers and:

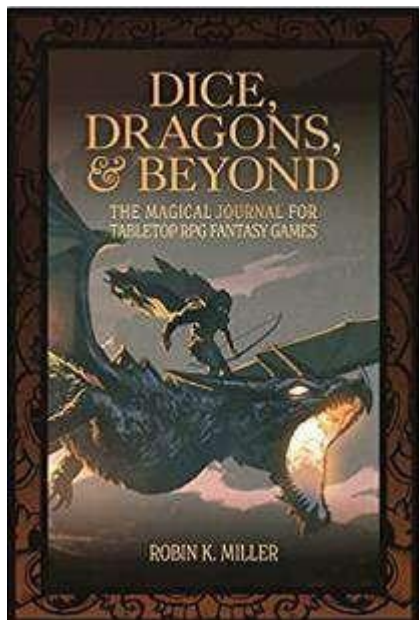
- Introduce your child to Black history
- Inspire hope and courage through stories of adversity
- Teach new words and interesting facts

If your child enjoyed other books in the *Young Trailblazer* series such as *The Book of Black Inventors and Scientists*; or if your child enjoyed books about Black history such as *Black Heroes*, *Little Legends*, or *Black Women in Science*, they'll love *Young Trailblazers: The Book of Black Heroes and Overcomers*.

**About the author** Born in Port-au-Prince, **M.J. Fievre, B.S. Ed**, earned a bachelor's degree in education from Barry University. A seasoned K-12 teacher, a creator of safe spaces, and an initiator of difficult conversations, she spent much time building up her students, helping them feel comfortable in their own skin, and affirming their identities.. She has taught creative writing workshops to children and teens at the O Miami Poetry Festival and the Miami Art Museum, as well as in various schools in Santa Cruz de la Sierra (Bolivia), Port-au-Prince (Haiti), and South Florida. She's also been a keynote speaker at Tufts University (Massachusetts), Howard University (Washington, DC), the University of Miami (Florida), and Michael College (Vermont) and has served as a panelist at the Association of Writers & Writing Programs Conference (AWP).

Visit her at <https://mjfievre.com>.





## Dice, Dragons, & Beyond

### The Magical Journal for Tabletop RPG Fantasy Games

Robin K. Miller

#### Key Selling Points:

- The ultimate Dungeons & Dragons journal
- The RPG (role playing game) market is enormous—over \$2 Billion annually in the US alone
- A companion and resource for RPG participants

#### Book Description:

*Dice, Dragons, and Beyond* is the ideal journal for lovers of fantasy games. New or seasoned players can boost their magical gaming experience with this note-keeping gem! Whether you're the fantasy world builder (or game master) or a swashbuckling adventurer in any tabletop role playing game, you have an important "roll to play," and this journal is the secret weapon players need to keep organized while on your mystic quests.

Alongside your character sheet, this guided journal helps you boost your creative thinking, keep track of unfolding plots, character developments, character alignments, and remember where that NPC's name was or what city that shop was in. While your GM is planning adventures and customizing your campaign game, you can stay in the moment and keep up to date in this thoughtfully organized journal.

#### Inside, you'll find:

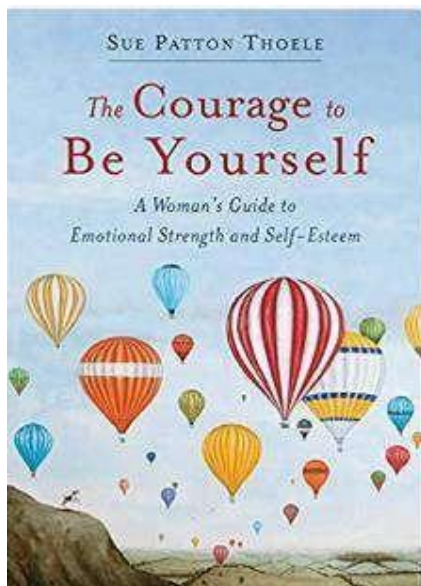
- Prompts to help you establish character personality traits, morality, strengths, quirks, and much more for all your fantasy character needs
- Plenty of blank journal space for tracking long campaigns, character and dragon lore, your fantasy lands, and all other important details
- Dedicated space to help track details about NPCs, locations, and other party members in your fictional world.

If you enjoyed journals like the *RPG Character Journal* or *The Book of Holding*, then you'll love *Dice, Dragons, and Beyond*.

#### About the author:

**Robin K. Miller** is an editor, writer, Game Master, and all-around nerd originally from Toledo, Ohio. A member of Phi Beta Kappa, Robin graduated magna cum laude from Gettysburg College with degrees in English and religious studies. She began playing RPGs in high school and hasn't looked back. After searching for the perfect journal to use during her latest campaign (and not finding what she wanted), this project took shape in her head. A huge fan of character-driven narratives, you can bet any character she creates has a deep (if not always dark) past. She currently lives in Miami with her husband, two cats, and an axolotl.





**Rights sold:**

**Chinese (complex):** TTV exp. 1997

**Chinese (simple):** Shanghai Bertelsmann Culture Industry exp. 2003

**French:** Les Publication Modus Vivendi, exp. 2003

**Holland:** Gottmer, exp 2019

**Italy:** Armenia, exp 2002

**Korea: Kyung:** Ahyun Publishing House exp. 2022

**Mexico:** Planeta, exp 2003

**Spain:** Obelisco, 2000

**UK/Commonwealth:** Term of Copyright



## The Courage to be Yourself

A Woman's Guide to Emotional Strength and Self-Esteem

Sue Patton Thoele

### Key Selling Points:

- Thoele's books have sold over 1 million copies.
- Develop a daily practice that embraces compassion, acceptance, and creativity.
- "Previous editions have sold over 50,000 copies"
- Embrace a life of courage and authenticity

### Book Description:

This is the essential guide to finding courage, embracing authenticity, and exercising self-care.

**Transform your fear into courage.** Surrounded by the pressures of society, we often measure ourselves by impossible standards. We see images of idealized women, and become scared that our own bodies, personalities, or ambitions do not measure up and are not worthy. As a result of her own life experiences, author Sue Patton understands what it's like to be scared and unsure of your place. But her words inspire readers to take courage in their own identity and find happiness through it.

**Target harmful patterns.** How we live each day shapes who we are. If our days are riddled with negative self-talk, our happiness inevitably suffers. Unhealthy mindsets can also infiltrate our relationship with others. Women, especially, feel the need to be caretakers, looking out for the needs of others and often, putting their needs above our own. By learning how to identify these patterns, we can target areas that need change in our lives.

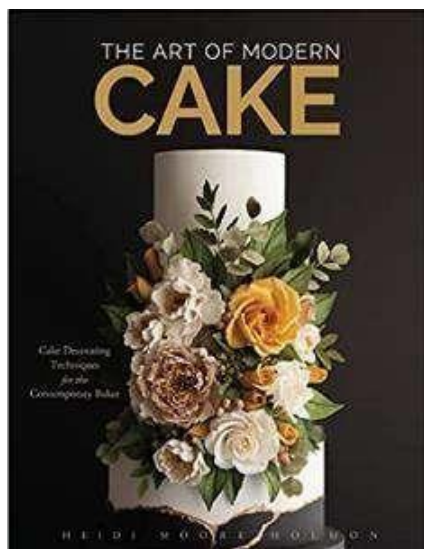
**Become a loving friend to yourself.** While all of us certainly have a calling to love others, it is just as important to gift that same love to yourself. Without self-love, there can be no positive growth. In this motivational book, Patton shares pieces of her story, as well as other women's, in order to help readers, learn how to journey from a place of fear to a life of courageous self-love and acceptance.

**In this self-help book for women, Patton offers invaluable inspiration. Open it up and find...**

- How to set boundaries, communicate more effectively, and change self-deprecating behavior patterns
- Stories of growth and healing from Patton and other women

**If books such as *The Gifts of Imperfection*, *Self-Compassion* or *What to Say When You Talk to Yourself* are on your bookshelf, then *The Courage to Be Yourself* is the next book for you!**

**About the author:** Sue Patton Thoele is a licensed psychotherapist and the author of *The Woman's Book of Confidence*, *The Woman's Book of Courage*, and *The Woman's Book of Spirit* among other books. She and her husband, Gene, live in Boulder, Colorado.



#### Advance Praise:

"...As one of our Satin Ice Artists of Excellence, watching Heidi emerge as a leader in the cake industry over the years has been my pleasure. She nails that clean finish every single time. Learning from her, the powerhouse behind the De La Crème Creative Studio brand, is the stuff dreams are made of for aspiring cake decorators."

—Kevin O'Reilly, founder and CEO of Satin Fine Foods

"...Heidi is an amazing artist who is able to blend both precision and whimsy in her flawless designs. I am always blown away by her attention to all the impeccable details that go into creating fantastic cakes! She has such a unique eye for design, I can spot a De la Crème Studio cake anywhere!"

—Shannon Bond, owner of Shannon Bond Cake Design



## The Art of Modern Cake Cake Decorating Techniques for the Contemporary Baker

#### Key Selling Points:

- over 200 color photos
- Learn the art of sugar flowers and modern cake decorating.
- Accessible instructions that are step-by-step.

#### Book Description:

*The Art of Modern Cake* is the place where sugar blooms and leaves are sweet. With this magical book learn how to hone your skills in the art of sugar flowers and elevated cake decorating.

**Dessert baking with the phenomenal Heidi Moore Holmon.** Master the magical art of sugar florals and botanicals as you are guided on a journey by Heidi, a designer turned cake artist, through beautifully photographed, step-by-step instructions. Your skill set will flourish as you are led through a garden of cake projects featuring modern textures such as origami, geometric curves, concrete, watercolor painting, crystal trails, and more.

**Looking to level up with a cake making cookbook, a sugar art book, or a confectionary cookbook?** Well, this is the cake decorating book for you! Refine and modernize your skill at every stage from baking to flawlessly finished cakes, discover unexpected and unique sugar flower pairings, and gain the confidence to create edible art like a pro. *The Art of Modern Cake* is a must-have book for cake artists aspiring to create statement pieces and gorgeous, texture-rich confections brimming with lush extravagance.

#### Inside, you'll find:

- Step by step instructions to refine, redefine, and level up your baking and cake decorating skills
- Marbling techniques, cake stacking tips, and techniques for creating sugar flowers, greenery, succulents, and more
- Timeless cake recipes like the classic white cake, buttercream, compote, and ganache staples
- 

**If you're looking for cake baking cookbooks, or a baking decorating book—or you enjoyed books like *Cake Confidence*, *Icing on the Cake*, *The Contemporary Buttercream Bible*, or *The Painted Cake*—you'll love *The Art of Modern Cake*.**

**About the author** Heidi Moore Holmon is a Satin Ice Artist of Excellence and owner of De la Crème Creative Studio. Her work has been featured in several magazines, blogs, and books like *Martha Stewart Weddings* and *Cake Masters Magazine*. In 2018 she won the Top 10 Cake Artist Award and appeared as the cover cake artist of *Cake Masters Magazine* in 2020. Heidi currently resides in Saint Louis, Missouri.



## Thera-Pets Notebook

**Notebook Pages Featuring 100 Colorable Encouraging Doodles**  
**Kate Allan**

### Key Selling Points:

- A coloring book companion to Thera-Pets Cards (sales of over 50K)
- Over 100 colorables.
- Kate Allan has over 400K followers on social media.

**About the book:** Have you ever started journal writing, only to find that you've spiraled into depression or anxiety? What if your lined notebook came with affirmations, gratitude, doodles, and encouraging pictures to remind you that you matter—and that everything will be okay?

**A Cute, Encouraging Journal for Adults.** Kate Allan, artist and author behind *You Can Do All Things* and the *Thera-Pets Card Deck*, is back again with exactly what you need to get through the day. This lined paperback notebook comes with small affirmations and cute animal drawings in the corners that will remind you that you really can get through this day.

**Imagination, Positive Affirmations, and Cute Animal Drawings.** What do you need space for in your life? Do you need space to practice manifestation or mindfulness? A diary for your 2am thoughts? To build up your self-esteem or work on your mental health? Use the *Thera-Pets Notebook* for what you need, knowing that Kate Allan's cute doodles are there to support you on every page.

### Inside the *Thera-Pets Notebook*, find:

- Cute, colorable animals that will help you relax and stay calm
- Doodle art for anxiety, depression, and encouragement
- Lined pages to fill with anything that's on your mind

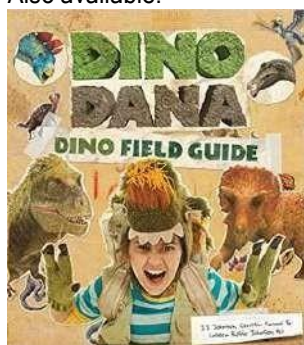
**If you can't get enough art from TheLatestKate—or you like cute doodle journals for adults or helpful notebooks like *Hey You're So Great*, *Self-Care Check-In*, or *Present, Not Perfect*—you need the *Thera-Pets Notebook*.**

**About the author Kate Allan** is an author and illustrator from Washington State. She writes and draws about painful things but aims to make it okay with bright colors and sparkles. Under the handle The Latest Kate, she has a social media following of more than 400,000 people. Her work has been featured in *The Huffington Post*, *The Mighty*, *My Modern Met*, *Wear Your Voice Mag*, *The Patreon Blog*, *Sparklife*, and more. Visit her at <https://www.thelatestkate>.

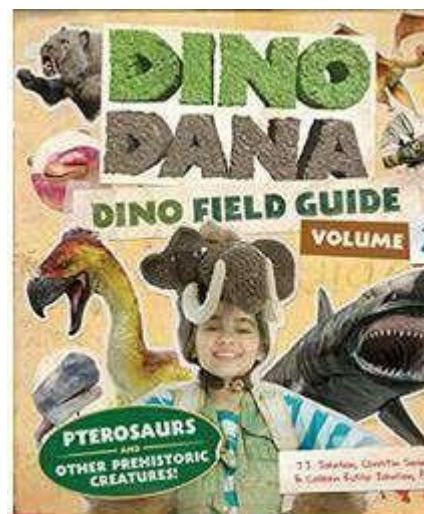




Also available:



Rights sold: Russian (AST) Spanish, Korean Chinese (simple)



## Dino Dana Dinosaur Activity Guide Experiments, Coloring, Fun Facts, and More J.J. Johnson, Colleen Russo Johnson, and Christin Sims

### Key Selling Points:

- Companion to the award-winning Dino Dana television series
- Dino Dana YouTube videos have had well over 100 million views
- A field guide activity book for ages 4-8

### Book Description:

*My First Dinosaur Field Guide* is a field guidebook for kids that introduces dinosaurs, fossils, and archeological experiments.

**Discover a dinosaur on every page.** Join Dino Dana as she builds friendships with a Tyrannosaurus Rex, Stegosaurus, and a Triceratops. Fans of the Amazon Prime TV show from the incredible show's creator and executive producer, J. J. Johnson; developmental scientist, Colleen Russo Johnson, PhD; and Emmy-winning producer Christin Simms, will love having this colorful field guide to follow Dino Dana on her adventures. Learn about 36 different dinosaurs, such as the Brachiosaurus, Kosmocerotops, and Spinosaurus. This field guide features word searches, fact-finder fill-ins to color, and search and finds. Your little paleontologist will be delighted.

**Have fun coloring, finding facts, and pasting your own dino creations right into the pages.** Your child will learn about what Triceratops ate, how long a T-Rex arms were, and how many teeth a Stegosaurus had.

**A great science book for kids.** This book for children is perfect for any kid who likes history and science. In *My First Dinosaur Field Guide*, your kids will learn:

- That the Brachiosaurus was the tallest dinosaur that we know of today
- That the Kosmocerotops had fifteen horns and hooks on its head
- That the Spinosaurus is the only known dinosaur to spend most of its time swimming
- And so much more

Kids who like dinosaur books like *We Don't Eat Our Classmates*; *Hello, World! Dinosaurs*; or *(DK) Dinosaur!* will love *My First Dinosaur Field Guide*.

**About the author J.J. Johnson** is a founding partner of Sinking Ship Entertainment. He has worked on dozens of TV series, including *Dino Dana*, *Annedroids*, and *Odd Squad*. He has won three Emmy Awards for directing and two for overall production, for his shows *Dino Dan* and *Giver*.

**Colleen Russo Johnson**, PhD, is a developmental scientist with expertise in how children engage with and learn from media and technology. She is the Director of Research at Sinking Ship Entertainment, and actively bridges the gap between academia and industry. She is the proud mom of two Dino-obsessed children, Rex and Ripley.

**Christin Simms** is an Emmy-winning executive producer and Emmy-nominated writer who has written and produced many projects with Sinking Ship Entertainment including *Annedroids*, *Dino Dana*, *Ghostwriter* and *Endlings*. She's a WGC Screenwriting Award winner and a proud member of their diversity committee.



### Praise for *Savory vs. Sweet*

"Shalean & Stephanie create recipes that are not only delicious, but absolutely beautiful to look at. This book has something for the whole family!" —**Cari Garcia, founder of FatgirlHedonist.com**

"... The recipe ideas are fun, creative, and easy to follow. This book is truly an inspiration for any occasion as there are creations for all skill sets and tastes. @soflofoodie has captured what cooking is about: FUN!" —**Ainsley Sheppard, owner/operator of Cream Parlor**

"This book is full of sensational treats that yield really impressive results for any home cook. 5 (rainbow-colored) stars!" —**Michael Silverstein, TV chef and bestselling author of *New Comfort Cooking***

"After numerous successful brand partnerships with @SoFloFoodie, I knew their cookbook would not disappoint. I am so excited to see their delicious recipes in one place and cannot wait to try some new desserts!" —**May Naish, influencer specialist**



## Savory vs. Sweet

From Our Simple Two-Ingredient Recipes to Our Most Viral Rainbow Unicorn Cheesecake

Shalean & Stephanie Ghitis

### Key Selling Points:

- Authors have over 294K Instagram followers
- Over 50 mouth-watering recipes accompanied by 55 four-color photos

This is a one-of-a-kind cookbook is filled to the brim with sweet sensations and savory food crafted by the founders of the popular SoFloFoodie.

**The best sweet and savory options.** Can't choose one? Well don't worry because this cookbook has you covered on both fronts. From mouthwatering savory snacks like buffalo chicken sliders, to unbelievable sweet sensations such as red velvet oreo cheesecake—these recipes are sure to please any taste bud. SoFloFoodie's viral recipes have earned them over 3 million followers, and this cookbook contains their most popular creations such as their oreo desserts, and easy air fryer desserts like air fryer strawberry poparts.

**More than just a cookbook.** This tasty and innovative cookbook challenges you to create your own sweet or savory treat all in the comfort of your own home, building your baking confidence with every recipe. No matter the occasion, whether you're hosting gatherings, parties, game nights or date nights, this cookbook adds the yummy fun that you need!

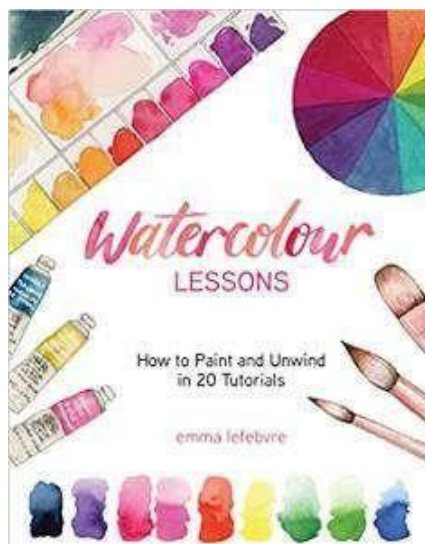
### Inside, you'll find:

- Deliciously unique recipes with sweet sensations to savory snacks
- Recipe guides using unique ingredients and savory spices
- Plenty of tips and tricks to make cooking these yummy treats fun and accessible

If you liked *Mooncakes and Milk Bread*, *Small Batch Baking*, or *Sweet & Savory Keto Chaffles*, you'll love *Savory vs. Sweet*.

**About the author** Shalean and Stephanie Ghitis are the Co-owners/Founders of @SoFloFoodie, a fully licensed recipe, food and travel blog which launched in 2016. Since then, they have amassed over 3.5 million followers across Tiktok and Instagram. Shay and Steph are known for their viral recipe creations including their Rainbow Unicorn Cheesecake. They have been featured on several media outlets and online news publications and were also announced as one of the top 10 food creators on TikTok during 2020. Shay and Steph have worked with some of the top food brands including Pillsbury, Door Dash, Uber Eats, Nestle, and many more. While they are not working on SoFloFoodie, they can be found Full-Time on the administration team at a school for students on the Autism Spectrum.





## Water Colour Lessons

### How to Paint and Unwind in 20 Tutorials

Emma Lefebvre

#### Key Selling Points:

- Author's YouTube channel has over 379K subscribers.
- Over 8,200 copies sold since December 2022.
- Author has over 7.5K FB followers and 125K Instagram followers.
- For beginners and those wanting to improve their technique.

"An asset for all library collections that include art tutorials for beginners testing the waters..."  
—Chris Gifford, *Library Journal*

Take a walk down the path of translucent pastels and delicate wet washes with *Watercolour Lessons*. Filled with engaging exercises, this vibrant guide contains step-by-step instructions on how to paint with watercolours. For beginners and those looking to improve their technique, *Watercolour Lessons* brings artistic inspiration to any home.

A watercolour guide book that is uniquely you. Follow author and artist Emma Lefebvre as she teaches the fundamentals of this simple-to-use painting medium. With an emphasis on developing skills and style, *Watercolour Lessons* offers the necessary tools to produce paintings anyone would be proud to display, gift, or to keep for themselves.

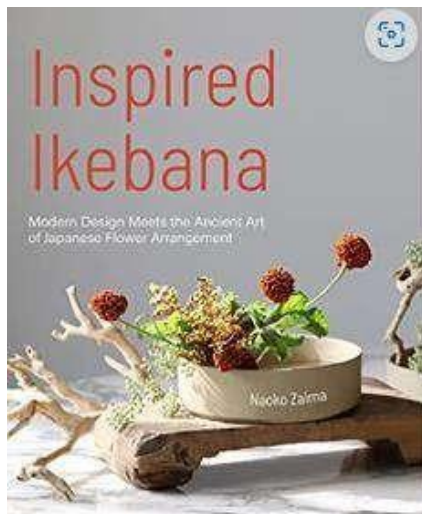
Learn how to paint with watercolours. For beginners and mavens alike, *Watercolour Lessons* offers straight-forward lessons to help anyone develop their craft and unique artistic style. From color theory to tool sets, it explores watercolour basics while helping painters—old and new—gain confidence in themselves and their work.

#### Inside, you'll find:

- A list of essential watercolour tools and how to use them
- An easy-to-understand explanation of watercolour techniques and theories
- Charmingly simple watercolor painting projects with step-by-step instructions
- Notes on common mistakes and how to fix them

If you're looking for creative art therapy exercises, want to learn how to paint with watercolors for beginners or intermediate artists, or enjoy books such as *Watercolor Workbook*, *Watercolor With Me in the Forest*, or *Everyday Watercolor*, you'll love *Watercolor Lessons*.

**About the author** Emma Lefebvre has been dabbling in art since grade school. She attended an arts high school for 3 years, where her love for visual arts started to dwindle. However, one day she came home with a cheap set of watercolours and started to paint. Shortly after, she decided to use her background in teaching to spread the therapeutic effects of watercolour. What started as quick YouTube video turned into a successful YouTube channel of creativity, calm, and inspiration. You can follow Emma's watercolour adventures on YouTube's *EmJ Watercolour Studio* channel.



## Inspired Ikebama

**Modern Design Meets the Ancient Art of Japanese Flower Arrangement**  
**Naoko Zaima**

### Key Selling Points:

● A “This beautifully illustrated guide serves as a thorough introduction to ikebana. Crafters who enjoy working with natural materials will likely be inspired by Zaima’s artistry.”

—Nanette Donohue, *Library Journal*

● Four-color throughout.

● Discover the ancient art that nourishes the mind and inspires the soul.

**About the book:** Discover modern Ikebana, the Japanese art of floral design, to form and cultivate internal peace and creativity. You can create minimalist decor with Ikebana, otherwise known as Kado, a disciplined art form that brings together nature and the inner self through flower arrangement.

**Delight in the intentionally minimalist floral designs.** Perfect for anyone interested in historic culture, flower arranging, Japanese art, or minimalist decorating. This beautifully-photographed instructional guide is a modern take on a centuries-old art. It's filled with simple-to-follow, step-by-step instructions that allow you to create stunning decor and learn how to make floral arrangements in various Ikebana styles using both fresh and dried flowers.

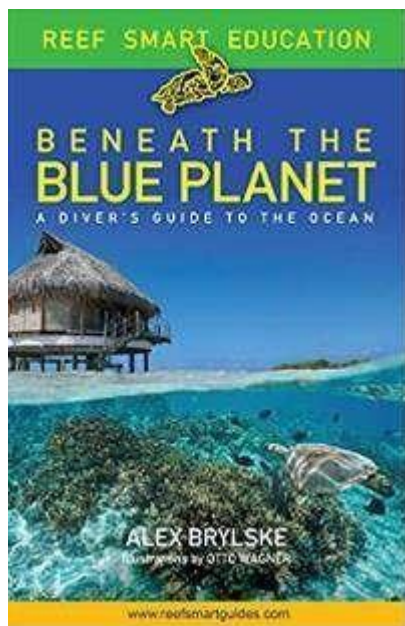
**The history of Kado, reimagined.** Ikebana is a long-practiced, much respected artform with an intriguing history, and author Naoko Zaima is excited to share the story with you in this lovely Japanese art book and floral design book.

**Inside, you'll find:**

- Alluring simplistic design inspirations and pictures of Ikebana
- Stories featuring the history of Ikebana and its impact on floral design through history
- How to make everything Kado—from floral bouquets to wreaths and more—accompanied by suggestions of the best flower arrangement tools to use for each project

**If you liked elevated arrangement books like *Floret Farm's A Year in Flowers*, Marie Kondo's *Kurashi at Home*, or *Inspired by Nature*, you'll love *Inspired Ikebana*.**

**About the author:** Naoko Zaima teaches classes about how to create ikebana arrangements and sells her arrangements through local stores. She has also recently started a minimalist jewelry business called *The Sheek*. She is from Japan but now lives in Santa Monica, California.



## Beneath the Blue Planet

### A Diver's Guide to the Ocean and Its Conservation

Alex Brylske, Peter McDougall, and Ian Popple

#### Key Selling Points:

- The ultimate guide to the ocean, its creatures, and conservation.
- The ultimate guide for divers, snorkelers, surfers, and beach bums
- Author has over 65K followers on Instagram.
- Author has starred in major television series produced by Mindy Kaling on HBO.

**About the book:** *Beneath the Blue Planet* is the perfect educational guide for divers, snorkelers, children, and parents. Learn about the ocean, its ecosystems and its conservation from the founders of *Reef Smart Guides*!

This is the ultimate guide to the ocean, its creatures, and its conservation. This comprehensive and pioneering book answers many of the burning questions that divers and snorkelers have after exploring the underwater world. If you want to know how the ocean works, understand the perils that coral reefs face and learn about some of the world's most fascinating marine creatures, then this book will guide you.

Here is the story of our ocean from Earth's formation to the modern day, detailing the science behind everything from currents and chemistry to the fascinating ecology of its creatures, ranging from plankton to whales. It explores the serious challenges this environment faces, and offers insights into how we can work to preserve it for future generations and continue ocean exploration.

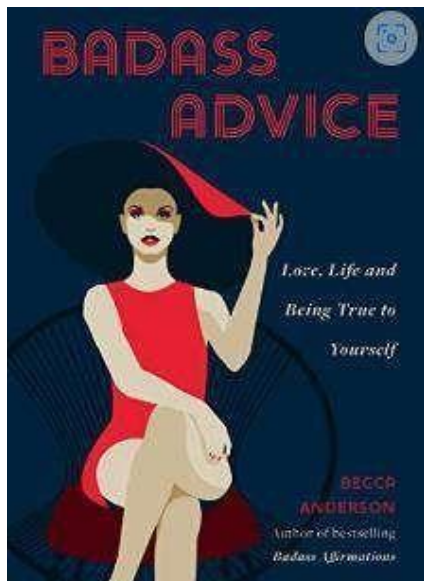
#### Inside, you'll discover:

- The story of the ocean from its formation to the modern day
- Coral reefs and the remarkable creatures that inhabit this ecosystem
- The fascinating natural history of modern-day sharks and their ancient relatives.
- The challenges faced by oceans and what we can do to preserve them.

**If you liked *Oceanology*, *100 Dives of a Lifetime*, and are a fan of the *Reef Smart Guides*, *Dive and Snorkel travel series*, you'll love *Beneath the Blue Planet*.**

**About the authors** Dr. Alex Brylske has written hundreds of articles, curricula and books that have influenced education in both the scuba industry and the marine conservation community. He was Professor of Marine Science and Technology at the College of the Florida Management and the 2012 DAN Rolex Diver of the Year, one of the most prestigious awards in diving.

**Peter McDougall** received his BA and MA degrees from McGill University. His focus on behavioral ecology and coral reef ecology. He has written on a variety of coastal ecosystem issues. He resides in Osprey, Florida. **Ian Popple** is from the United Kingdom where he earned his B.A. in oceanography from the University of Plymouth. His M.A. in marine biology is from McGill University.



Also by Becca Anderson:



## Badass Advice

Love, Life, and Being True to Yourself

Becca Anderson

### Key Selling Points:

- *Badass Affirmations* has sold over 250,000 copies
- Sass, wisdom, and advice for living full-tilt living.

“An asset for all library collections that include art tutorials for beginners testing the waters...”

—Chris Gifford, *Library Journal*

This is the big book of sass, wisdom and advice for empowering women.

Here is everything that every woman needs to know about love, life, and relationships.

**Wise words from badass and powerful women.** Becca Anderson has gathered the wisdom from a chorus of empowering women for this one-of-a-kind advice book. From housewives to Hollywood starlets, from standup comedians to startup entrepreneurs, these powerful women offer unvarnished and unabashed opinions and share their frank and forthright thinking on the wild world of relationships; enjoy these words of wisdom.

**Read more books for women empowerment!** On your journey to self-empowerment and personal growth, add books for women that empower you to live a full life now. Girl bosses and boss ladies from every walk of life unleash their cunning wit in this humorous compilation. From Anais Nin, Lily Tomlin, Amy Bloom, Dorothy Allison, Drew Barrymore, Chrissy Teigen and beyond, there's no shortage of sass, sarcasm, or sizzle. Grab your copy today and enjoy the wise words of the powerful women featured in this book!

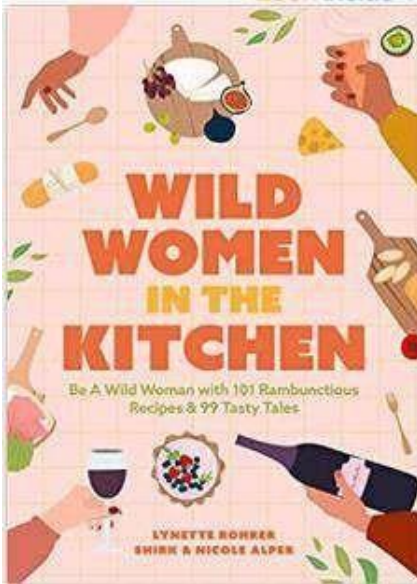
### Inside, you'll find:

- Many of your favorite empowering women all in one book
- Quotes, wise words, and daily affirmations for women by powerful women
- A book of positive affirmations and powerful women giving you advice on love, marriage, dating, and other areas of life

**If you're looking for books for women empowerment, or if you're a fan of *Badass Affirmations*, *Collective Wisdom*, then you'll love *Badass Advice*.**

**About the author** Becca Anderson comes from a long line of preachers and teachers from Ohio and Kentucky. She is the author of numerous books including *The Book of Awesome Women*, *Badass Women Give the Best Advice*, and the forthcoming *Badass Habit Tracker*.





## Wild Women in the Kitchen

Be a Wild Woman with 101 Rambunctious Recipes & 99 Tasty Tales

Lynette Rohrer and Nichole Alper

### Key Selling Points:

- Over 100,000 copies sold.
- Cook like a Wild Woman.
- 101 rambunctious recipes and 99 tasty tales.

Feminism meets cooking in this updated addition to the *Wild Woman* series. With over 100,000 copies sold of the original, pair recipes by famous female chef Lynette Rohrer and food writer Nicole Alper with food-related stories, trivia, and quotes for women by women.

**A funny cookbook with stories for the wild woman who loves real food.** When stereotypes abound, it can be easy to forget that women have been cooking up a storm for quite some time. Catherine de'Medici was the Johnny Appleseed of Italian food. Nancy Hart shot a Royalist soldier for barging in and interrupting dinner. Women who risk it all really can take the heat. Maybe it's best to stay out of their kitchen.

**Unconventional ladies and unconditionally good food.** Part food recipe book, and part women's history, *Wild Women in the Kitchen* features 101 recipes to complement the culinary contributions of famous women in history. With starter recipes curated specifically to each featured wild woman, this feminist recipe book replaces stereotypes with empowering context while also providing a felicitous food fix. Famous cooks Lynett Rohrer and Nicole Alper take you on a delicious journey through history in this easy to understand recipe book.

Inside, learn how to cook like a wild woman and:

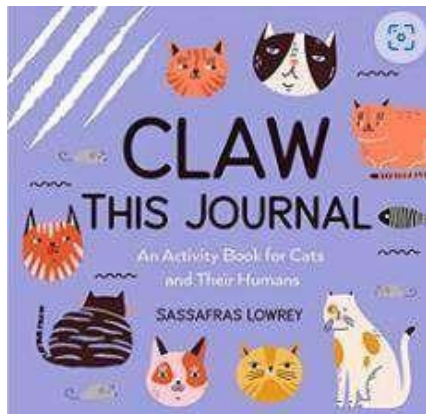
- Fix Haschich Fudge with Gertrude Stein and Alice B. Tokas
- Serve cucumber sandwiches in Natalie Barney's Parisian salon
- Create Canard a l'orange like Catherine de'Medici

**If you enjoyed funny cookbooks and empowering cookbooks for women like *Black Food*, *Trejo's Tacos*, or *Taste Makers*, then you'll savor *Wild Women in the Kitchen*.**

**About the authors:** **Nicole Alper** is an award-winning journalist with a 20-year career as a travel and food writer. Her work has been published in more than 100 national magazines, including *Gourmet*. She is a graduate of the California Culinary Academy, certified chef/baker, published cookbook author,

**Lynette Rohrer Shirk** is an accomplished chef and cookbook author. She has authored nine books, served as the corporate pastry chef for Williams-Sonoma, and worked in kitchens of some of the best restaurants in the country. She is a graduate of the California Culinary Academy, and worked in the pastry department at the well-known restaurant Chez Panisse in Berkeley





### Praise for *Claw This Journal*

“....This delightful book is great for cat parents of all ages and experience levels....educational insight into the feline world...many fun and engaging activities to keep your kitty entertained, enriched, and exercised! I give it Four Paws Up” —**Larissa Wohl, on-air pet rescue expert, producer, and host**

## Claw This Journal

Sassafras Lowrey

### Key Selling Points:

- Activities for you and your cat
- Happy and engaged pets make for happy and engaged owners
- DIY, crafts, and toys for your pet

### Book Description:

Part activity book and part bullet journal, *Claw This Journal* is a daily companion that provides inspiration and guidance for dog lovers who wish to enrich the lives of their pets.

There are hundreds of millions of pet cats throughout the world, and most cat owners will tell you that they have the best cat, so why not prove it with this one-of-a-kind keepsake for cat lovers.

*Claw this Journal* guides you on how to have fun and intentional time with your house cat.

Skip the expensive cat furniture and pet paraphernalia and instead pamper your pet with exciting DIY cat care tricks, enrichment activities, and cat crafts that are sure to keep even senior cats from indulging in too many cat naps!

### Inside this cat care tracker you'll find:

- Crafts like cozy, DIY cat beds, mouth-watering treats for cats, and a memory book of your pet's milestones, silly moments, and adorable faces
- Brainbusters for your cats to ponder over such as cat puzzles, cardboard forts, and DIY cat toys
- Journaling pages to track your cat's grooming, training, and activity progress

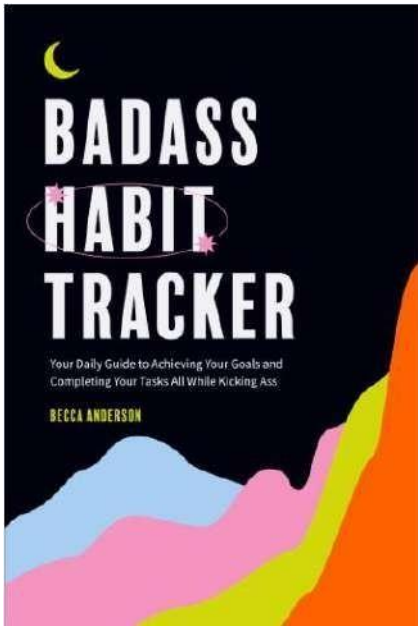
If you love pet training journals like *Chew This Journal!*, *Who's a Good Dog?*, or *Puppy Love*, you'll love *Claw This Journal!*

### About the author:

**Sassafras Lowrey** is the 2013 winner of the Lambda Literary Emerging Writer Award. Sassafras' books (*Lost Boi*, *Kicked Out*, *A Little Queermas Carol*, *Leather Ever After*, and *Roving Pack*) have been honored by organizations ranging from the National Leather Association to the American Library Association.

Sassafras has been involved with dog sports and dog training for over twenty years including Competition Obedience, Dog Agility, Tricks, Rally Obedience, and service dog training

Sassafras has written regularly for dog magazines for over a decade and she frequently contributes to *The Bark*, *AKC*, *Dogster Magazine* and *Whole Dog Journal*; among other publications discussing dog lifestyle trends, news, dog health, training and behavior. Visit her at [sassafraslowrey.com](http://sassafraslowrey.com).



Also by Becca Anderson:



## Badass Habit Tracker

Your Daily Guide to Achieving Your Goals and Completing Your Tasks All While Kicking Ass

Becca Anderson

### Key Selling Points:

- The companion to *Badass Affirmations* (over 250K sold)
- Daily prompts for achieving your goals and embracing healthy habits.
- A tool for self-esteem and enhancing emotional and spiritual well-being.

This is the habit tracker with a badass edge. The creator of the Bestselling book *Badass Affirmations*, Becca Anderson created this habit tracker journal for women for achieving their best and taking habit tracking and time management skills to the next level!

**Wake up with this habit tracker!** Inside this habit tracker, you'll find morning mantras to center your mind before you head out to conquer the day. This inspirational book for women has writing prompts to get you emotionally present to conquer the to-do list that you might've been avoiding up until now.

**Achieve life balance all in one space.** Different from an average productivity book, this habit tracker journal is the perfect space to fill out your daily goals, create your habits lists, and check off your to-do lists. Stay aligned in all aspects of your creative and work life with the *Badass Affirmations Tracker*.

### Inside, you'll find:

- A habit tracker journal to achieve your daily goals, healthy habits and weekly to-do's
- Morning mantras and journaling prompts to get you ready to conquer your day
- A book for creatives, entrepreneurs, and moms everywhere

If you're looking for books for young women in their 20's or if you liked *Badass Affirmations*, *90 Day Cycle to New Habits Journal*, or *3 Minute Positivity Journal*, you'll love the *Badass Habit Tracker*.

**About the author** Becca Anderson is a writer based in the San Francisco Bay area. She is the author of numerous books including *The Book of Awesome Women*, *Badass Advice*, and *Badass Affirmations*.



## Cemas Z

The Starting Line

Augustus Sanchez

### Key Selling Points:

- Augustus Sanchez's YouTube channel has over 384,000 subscribers.
- Manga coming-of-age graphic fiction.
- Manga is hot!

Welcome to this Manga coming-of-age novel. In a world similar to earth, a large majority of humanity has been given otherworldly powers called "Uniques" that they use in order to combat the rise of massive grotesque creatures called "Corrupteds", we follow a young man named "Zorox" who studies in the D.A.S.O institute to hone his unique "Super Human Growth" and become someone he can be proud of.

Unfortunately, there are groups of people who choose to abuse their gifts. Can Zorox figure out what he must do and find out the connections between Uniques and Corrupteds? Can he achieve his goal of becoming a D.A.S.O Operative? Can he survive the grueling tasks that he'll encounter? Find out in this coming-of-age manga comic and graphic novel, CAMAS Z.

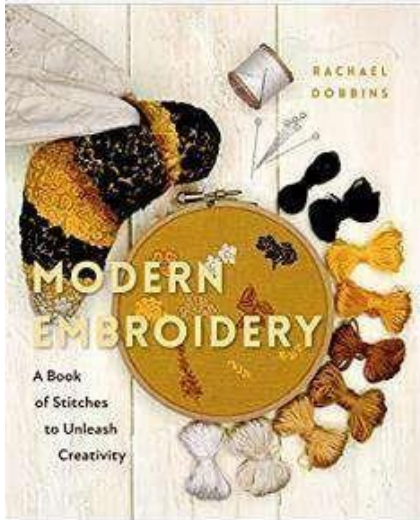
### Inside CEMAS Z, you'll find:

- The illustrated story of Zorox and other heroes alike
- Some of the best manga stories
- And so much more!

If you love graphic novels and manga comics like *The Umbrella Academy*, *My Hero Academia*, *Attack on Titan*, *Wotakoi*, or *Jujutsu Kaizen*, you'll love CAMAS Z.

**About the authors** Augustus Sanchez, who goes by "Animated Zorox," is a twenty-year-old writer and storyteller who has been working on stories full of their own worlds, laws, and characters. He is a self-taught animator and has been able to consistently keep the oath he made to himself to animate a scene every day for the past four years. Visit him at <https://www.youtube.com/channel/UC2DQnagzeCHtRN8>.





### Advance Praise

“A well-written book that will continue to expand embroidery collections and encourage creativity along the way.”

—Sarah Sieg, *Library Journal*

## Modern Embroidery

A Book of Stitches to Unleash Creativity

Rachael Dobbins

### Key Selling Points:

- Author has over 130K followers on Instagram
- Make your embroidery pop with 3-D patterns

Author and needlework artist Rachael Dobbins takes readers on a journey of creativity as she teaches you how to embroider flowers, portraits, and other 3-D patterns that make your art pop—literally. Using a combination of traditional and unconventional stitching and macramé techniques, *Modern Embroidery* takes traditional embroidery design to the next level while truly encouraging readers to think outside the box.

**How to embroider flowers, portraits, and more—like an artist.** Embroidery doesn't have to be flat or about perfection. It can be interpretive, with innovative textures, unconventional color gradients, and movement throughout. In *Modern Embroidery*, Rachel goes back to basics in order to push the boundaries of traditional needlework. Designed to take you from beginner to intermediate artist, this inspired guide contains new techniques and twenty jaw-dropping embroidery patterns.

**Textured hand embroidery made easy.** An embroidery book like no other, *Modern Embroidery* makes a unique craft gift or coffee table accessory for anyone passionate about art in new mediums. In addition to beautiful patterns, you'll discover how to start embroidery projects and how to apply the same techniques to home décor, clothing items, and much more.

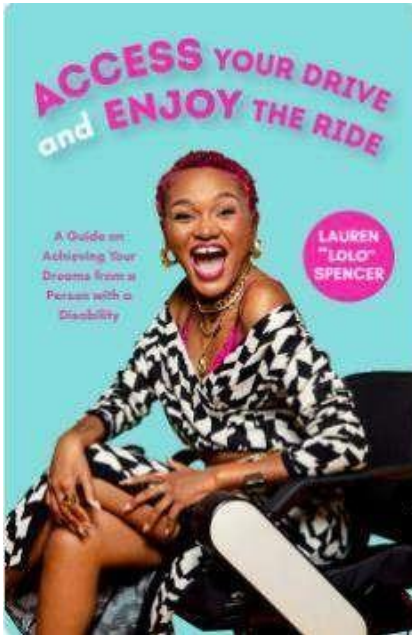
**Inside *Modern Embroidery*, find step by step embroidery instructions, as well as advice on:**

- How to turn photographs or sceneries into embroidery templates
- How to create depth and movement
- How to use color palettes to think outside the box
- Materials and tools
- Stitch guides

**If you want to learn how to embroider flowers or like embroidery books with patterns, stitching books, or modern embroidery designs—such as *Embroiderer's Guild Transfers Collection*, *Embroidery*, or *Foolproof Flower Embroidery*—then you'll love *Modern Embroidery*.**

**About the author:** Rachael Dobbins started the Used Threads Instagram as a creative outlet, somewhere she could document her progress and get into the swing of embroidering again. She stitches a range of things—from retro mid-century interiors and accessories to thread-painted landscapes and seascapes, from quirky 3D stitches that flow from the hoop to embroidered seventies-inspired clothing. Visit her at <https://www.instagram.com/usedthreads>.





## Access Your Drive and Enjoy the Ride

Your Guide on How to Achieve Your Dreams from a Disabled Person  
Lauren Spencer

### Key Selling Points:

- The essential guide for living beyond disabilities.
- Tools for living fully despite limitations and expectations
- Author has over 65K followers on Instagram.
- Author has starred in major television series produced by Mindy Kaling on HBO

Lauren "Lolo" Spencer provides a candid and real inside look into the life of being a disabled person. This disability advocate embarks on the importance of visibility for the disabled community because representation matters!

**Words from someone doing the work.** Lolo Spencer gained popularity as a YouTube personality. On her platform, *Sitting Pretty*, she encourages viewers to achieve their dreams through making strong choices. Lolo shares how she navigates daily life with Amyotrophic Lateral Sclerosis (ALS).

**You are more than your limits.** Choosing to see herself as more than a wheelchair handicapped disabled person, Lolo chooses to live a bold and courageous life now because representation matters. She created this intersectional guide to provide tools for disabled people to thrive in personal growth, independence, and community building. Add this guide to your list of inclusion books!

### Inside, you'll find:

- An intersectional guide on how to grow personally and professionally
- Tools for disabled people to live a full life despite limitations and expectations
- Words from the inspiring Lauren "Lolo" Spencer, your favorite disability advocate

If you're looking for gifts for disabled people to get encouraged like *Disability Visibility*, *Demystifying Disability*, or *Rolling Warrior*, you'll love *Rolling Pretty*.

**About the author** Lauren "Lolo" Spencer is a Film Independent Spirit Award nominated actress, model, public speaker, and social media content creator. She currently stars as Jocelyn in HBO Max's *Sex Lives of College Girls* executive-produced by Mindy Kaling. She has a YouTube channel titled *Sitting Pretty* and hosts an Instagram TV talk show titled *The New Narrative* where she interviews guests with varying disabilities who are creating a new narrative for the disability community through their work and how they show up in society. Visit her at <https://www.lolospencer.com>





## This Book is a Safe Place

### A Book of Stitches to Unleash Creativity

Amy Tran

#### Key Selling Points:

- Author has over 234K followers on Instagram
- A helpful gift package for calm and creativity.

Amy Tran, creator of *Doodledwellness* on Instagram and author of *This Book is a Safe Space*, uses cute doodles to help you take control of your thoughts and emotions with psychology-based coping skills.

**Cute doodles, positive affirmations, and coping skills.** Amy Tran believes cultivating a safe space in your mind and achieving balance between your thoughts and emotions begins with supporting your mental health. In *This Book is a Safe Space*, Amy offers cute doodles, self-love affirmations, and encouraging reminders to help you develop positive self-talk.

**Colorful illustrations to enhance mental health.** Amy's key to equipping you with mental health tools and tips is colorful graphics that are both visually appealing and engaging. Find positive affirmations, self-love prompts, reminders, and coping strategies.

**Understand brain science for a healthier mindset.** Sometimes brain science and psychology can be hard to understand and difficult to navigate when building a safe space in your mind. Unlike other books about mental health, *This Book is a Safe Space* simplifies complex content by providing it in easily understood formats.

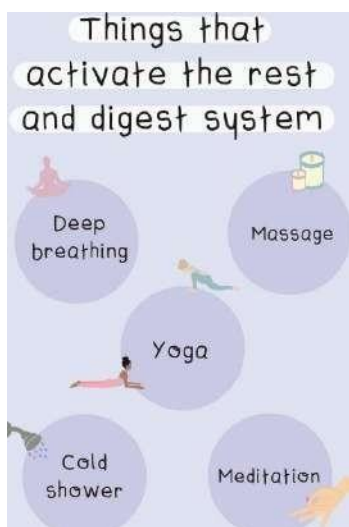
#### Inside, you'll find:

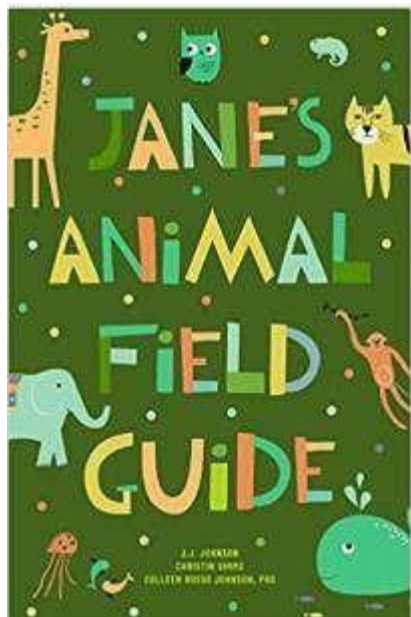
Self-love affirmations, encouragement, and practical advice

- Coping skills for navigating relationships and situations
- Tips and reminders for strengthening your inner voice

If you liked *Anxiety Relief for Teens*, *Mindfulness Workbook for Teens*, or *My Therapist Told Me to Journal*, you'll love *This Book is a Safe Space*.

About the author: **Amy Tran** is the creator of @doodledwellness on Instagram, where she has developed a community of followers interested in learning more about brain science and psychology. Amy has a Master of Arts degree in Clinical Psychology and is in the final year of her PhD program, also in Clinical Psychology.





## Jane's Endangered Animal Guide

JJ Johnson, Colleen Russo Canton, and Christin Sims

### Key Selling Points:

- Based on an Apple TV series.
- Book and series are based on the work of Jane Goodall
- Teaching kids about wildlife and conservation
- Foreword by Jane Goodall

Learn About Animal Endangerment with Jane Goodall

**Readers join Jane** as she dives deep on 10 different endangered species, with facts about how they live, what they eat, and what makes them amazing, while also taking a real look at the challenges they are facing, what is being done to help them, and how we all can work together to save them.

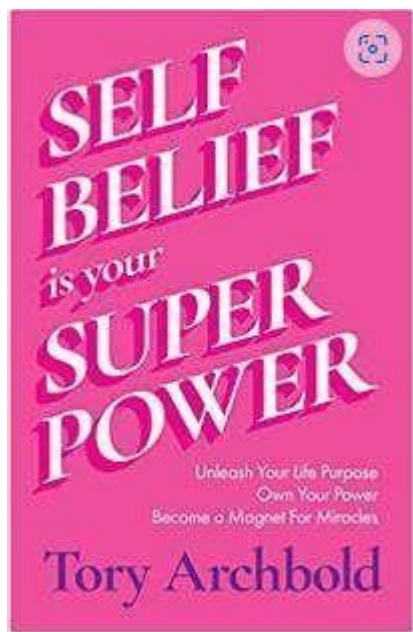
**If your kid animal scientist enjoyed *The Leaf Detective*, *Exploring Nature Activity Book for Kids*, or the *Dino Dana* series, you'll love Jane's Endangered Animal Guide.**

### About the author:

J.J. Johnson is the creative force and founding partner of Sinking Ship Entertainment. He is a four-time Emmy-winning executive producer, three-time Emmy-winning director, CSA and WGC award-winning writer, and best-selling author. J.J. has created over 17 series including *Dino Dana* and *Annedroids* (Amazon Prime), *Endlings* (Hulu), and the *Ghostwriter* reboot (AppleTV+). originals include *Jane* (AppleTV+), an environmental action-adventure series produced alongside the Jane Goodall Institute.

**Colleen Russo Johnson**, PhD, is a developmental scientist with expertise in how children engage with and learn from media and technology. She is the Director of Research at Sinking Ship Entertainment, and actively bridges the gap between academia and industry.

**Christin Simms** is an Emmy-winning executive producer who has written and produced many projects with Sinking Ship Entertainment, including *Annedroids*, *Dina Dana*, and *Ghostwriter* and *Endings*.



## Self-Belief is Your Super Power

**Unleash Your Purpose, Own Your Power, Become a Magnet for Miracles**  
**Tory Archbold**

### Key Selling Points:

- Author credibility: She started her first business at 24 and turned it into a multi-million-dollar brand communication company
- Discover the power of networking.
- Ignite self-belief, find success, and discover true freedom and joy.
- The woman's guide to success and self-esteem.

In this step-by-step guide, powerhouse Tory Archbold shares her proven principles for success in building entrepreneurial empires. This powerful book for women leaders demonstrates how trusting your intuition and stepping into your power can break you free of judgment, ignite self-belief, and finally attract the richness you deserve!

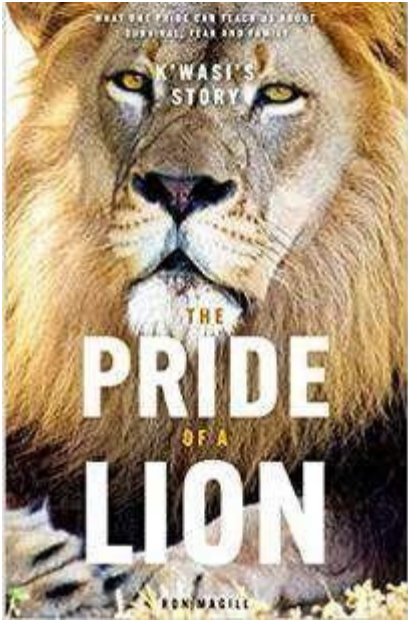
**Staggering success starts within.** Are you in a career you never wanted? Are you disconnected from yourself? Are you at a crossroads in life and feeling unsure? *Self-Belief is Your Superpower* is the book for you. Combining entrepreneurial and personal development, spiritual self-help, and self-esteem for women, this book takes a holistic approach to success, ensuring readers emerge as truly powerful women.

### Inside, discover how to:

- Create a happy heart and attract the life you truly deserve.
- Find your life purpose with these principles for success.
- Use self-belief to break free of judgment and give yourself permission to shine.
- How to feed your soul and create miracles.
- Embrace the power of dreams.
- Step into your power zone and find our purpose.

If you enjoy professional development books or books for powerful women, books like *8 Secrets to Powerful Manifesting*, *How to Change*, or *I Will Not Die an Unlived Life*, you'll love *Self-Belief Is Your Superpower*.

**About the authors:** **Tory Archbold** is the CEO and Founder of Powerful Steps, an online community and platform for women making global impact. Tory was the founder of brand and communications agency Torstar, Australia's most high-profile brand and communications agency. Torstar didn't get its reputation from just hype, the results were real. With her trademark passion and integrity Tory led her team of 22 staff and 10 freelancers to deliver award winning work with the world's top-performing brands, celebrities and influencers including Zara, Nespresso, Seafolly, Sukin and Victoria's Secret. Tory's launch event for Zara in Sydney clocked over 22,000 people in attendance and was Zara's most successful retail launch event to date. Tory resides in the Greater Sydney Area of Australia. Visit her at <https://powerful-steps.com>.



## The Pride of a Lion

**What the animal kingdom can teach us about survival, fear and family**  
**Ron Magill**

### Key Selling Points:

- Magill has over 58K followers on Instagram; Cote has over 100K Twitter followers.
- Stunning 4-color photos by an award-winning photographer.
- Inspirational story from the Wild Kingdom
- Explores the secret emotional lives of wild animals.

Discover the true survival story of how K'wasi the lion cub overcame unimaginable odds, was saved and nurtured by his adopted mother and family, fathered his own son Atlas, and grew into a magnificent star of Lion Country Safari.

K'wasi's story is told by world renowned wildlife expert, photographer, and Zoo Miami's "Goodwill Ambassador", Ron Magill who documented and photographed every stage of K'wasi's remarkable roller coaster life.

This is a survival story of grit and resilience. The story of K'wasi the lion cub is one of heartbreak, adoption, fear, and family. He was born to his mother Asha at Zoo Miami in late 2013 and gained nationwide attention as an incredibly cute lion cub. In March 2014, he was orphaned when his mother Asha tragically died. K'wasi's remarkable journey takes him from the untimely death of his mother to redefining what it means to be in a pride, and most importantly, what it means to have a family.

Society has only recently accepted the incredible emotional intelligence of dogs, pigs, and chimpanzees. But through K'wasi's remarkable story, Ron Magill details how evolved the animal kingdom truly is—lions in particular. Funny, engaging, touching, and thrilling, *The Pride of a Lion* teaches us about family, resilience, and the meaning of life.

**If you are a fan of *The Lion King*, or have read *The Lion Tracker's Guide to Life*, *The Soul of an Octopus*, or *The Good Good Pig*, you will love Ron Magill's *The Pride of a Lion*.**

**About the authors: Ron Magill** has worked with wildlife for over 40 years. He is the host of HITN's national wildlife documentary program, *Mundo Salvaje con Ron Magill*. As Zoo Miami's "Goodwill Ambassador," he has made frequent television appearances on many programs including *National Geographic Explorer*, the *Discovery Networks*, the *Today Show*, *Good Morning America*, *The Late Show*, *CBS This Morning*, *Dateline*, and *CNN*, as well as on Spanish networks *Univision* and *Telemundo*. In addition, he has written and produced many wildlife articles and award-winning photographs that have appeared in publications and galleries around the world.

**Greg Cote** is an award-winning Miami Herald sports columnist who has been named multiple times as a national top-10 columnist by the Associated Press Sports Editors (APSE).







## So...This is Why I'm Broke

Money Lessons on Financial Literacy, Passive Income, and Generational Wealth

Melissa Jean-Baptiste

### Selling points

- The essential guide to money management for millennials of color.
- Author's YouTube series has over 43K subscribers.
- Author's Instagram has over 120K followers.
- Money management for beginners.

This is an easy-to-follow financial literacy guide for Black, Indigenous, and People of Color (BIPOC) that gives practical and simplified financial tips for you to financially thrive.

**A safe space for all BIPOC.** Financial help is right here! Melissa Jean-Baptiste of "Millennial in Debt" is a first generation American providing readers with accessible financial tips and advice wrapped up in her story of paying off over \$100,000 on a teacher's salary. Melissa makes financial literacy relatable and easy to understand.

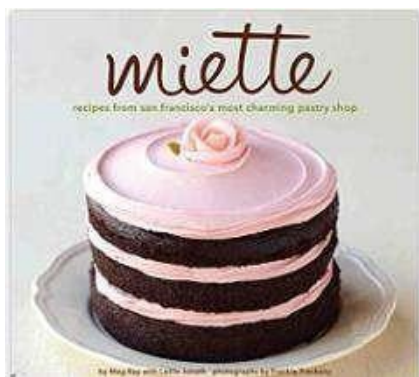
**Action steps to develop your financial literacy.** Learn about budgeting for beginners, fixing your credit score, investing, and passive income ideas. With this guide, financial literacy gets broken down step-by-step through interesting perspectives and historical points.

### Inside, you'll find:

- An accessible financial guide on financial literacy and investing for beginners.
- The story of Melissa, a "Millennial in Debt" teaching others how to thrive financially.
- Practical examples on budgeting for beginners and passive income ideas, and the best budgeting book.

If you're looking for books for entrepreneurs or financial literacy books for the CEO in your life, grab your copy today! If you liked reading *Financial Feminist*, *Get Good with Money*, *We Should All Be Millionaires*, or *More Money Now*, then you'll love *So... This is Why I'm Broke*.

**About the author:** **Melissa Jean-Baptiste** is a first-generation Haitian American helping Millennials and Gen Z restructure their relationships with money. She is a graduate of Adelphi University. She has written and produced the award-winning web series *Millennial In Debt*, which highlighted the challenges of navigating adulthood due to a lack of financial education. Melissa is always one click away on all social platforms by following: @Millennialindebt or <https://www.youtube.com/millennialindebt>.



# Miette

## Recipes from San Francisco's Most Charming Pastry Shop

Meg Ray

### Key Selling Points:

- Author has 13K Instagram subscribers.
- 75 gorgeous color photos.
- Baking secrets from San Francisco's favorite bakery.

### Book Description:

Sharing the secrets of creating the perfect pastries, candies, cookies, and chews from the Miette Patisserie, this delicious dessert cookbook combines the rustic charm of homemade sweets with the elegance of French baking.

**Bring home San Francisco's favorite French bakery.** Renowned for beautiful cakes and whimsical confections, Miette Patisserie is among the most beloved of San Francisco's culinary destinations for locals and travelers. At Miette, cakes, cookies, and desserts are transformed into creative creations. Its pretty Parisian aesthetic enchants visitors with tables piled high with beribboned bags of gingersnaps, homemade marshmallows, fleur de sel caramels, and rainbows of gumballs.

**The cutest confectionary cookbook you'll ever own.** Self-taught baker and owner Meg Ray shares baking recipes and secret formulas for favorite Miette treats in this scrumptious sweets cookbook. More than 75 gorgeous color photos capture the enchanting beauty of Miette desserts and shops. The edges on the book block enhance its charming package, adding a sweet touch to every home. Whether professionals or beginners, baking aficionados will delight in these unique bakery recipes. Just like the adorable cakes, cookies, eclairs, and tarts for sale in Miette's, this book is irresistible!

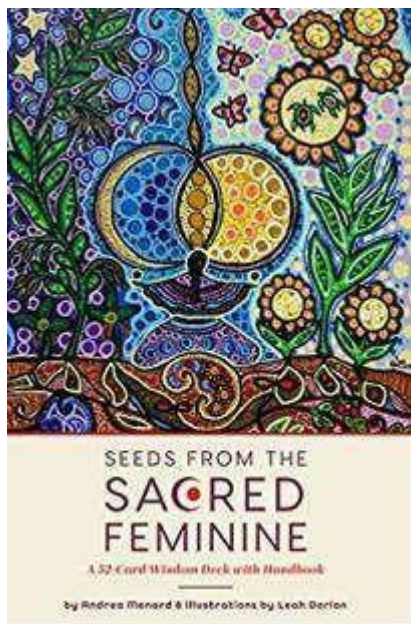
### Inside, find recipes like:

- Strawberry Charlotte
- Chocolate Sablés
- Lime Meringue Tart

**If you're looking for a French baking gift, a pastry chef cookbook, or a French baking cookbook—like *Dessert Person*, *French Pastry Made Simple*, and *Tartine*—then you'll love Miette.**

**About the author: Meg Ray** is the chef and owner of Miette. She is a self-taught baker and lives in Oakland CA. Modern, cheerful, and always delicious, Miette is San Francisco's most charming pastry shop. A modern interpretation and the finest, unrefined ingredients available have made Miette one of the top ten pastry shops in the world, according to *Conde Nast*. She lives in Oakland, California. Visit Miette Patisserie at [www.miette.com](http://www.miette.com).





#### Advance praise:

"What a feast! The artwork is glorious, the teachings are both luminous and grounded, the combination truly transformational. I will be gifting these cards, with the accompanying handbook, again and again."

—Mirabai Starr, author of *Wild Mercy* and *God of Love*

"... a delicate, gentle, and kind teaching that will help you get in touch with our sacred grandmothers, our guides for being in tune with nature and mother earth. Using this wisdom will draw you into the natural laws of Earth by helping you to return to emotional and mental harmony based on balancing yourself with the four sacred directions."

—Barbara Hand Clow, author of *Awakening the Planetary Mind and Alchemy of Nine Dimensions*

"... a powerful invitation to build a deeper relationship with all of creation. Each card carries beautiful medicine teachings that invoke a great understanding of all aspects of self. This deck carries a vibration of grace, love and truth. I highly recommend this gorgeous deck to all who wish to connect to Indigenous Earth and Spirit wisdom."

—Asha Frost, Anishinaabekwe bestselling author of *You are The Medicine*



## Seeds from the Sacred Feminine

### A 52-Card Wisdom Deck with Handbook Pocket Book

Andrea Menard and Leah Marie Dorion

This is an essential tool for helping people embrace their divine feminine energy

Create new rituals and self-care habits with this oracle deck. These sacred inspirational cards inspired by land-based practises of the Métis people serve as a daily mental healer.

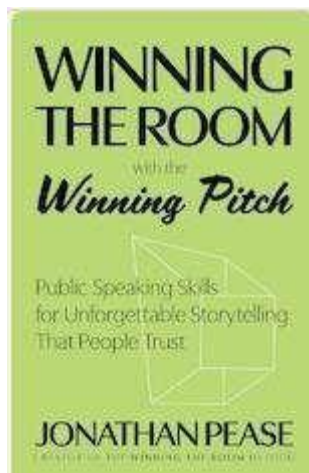
There are three benefits to this charming package:

1. **Simple tools for re-energizing connecting to ancient Native American culture.** These oracle cards are the perfect way to help you slow down and awaken to the energy around and inside you. Andrea Menard invokes connections to the earth and to indigenous teachings. Use these cards as tools to connect to your divine feminine energy, the sacred elements and the teachings of the ancestral Grandmothers.
2. **A guide for enhancing your life through colorful and beautifully layered art.** These unique images bring emotional healing and awaken divine feminine energy. Women, men, and gender-fluid individuals will find wisdom on every card. Enjoy 52 cards with the images of original artwork by Métis painter, Leah Marie Dorion.
3. **An authentic gateway to the wisdom of Native American teaching.** Both the author and the artists are of native American descent and have fully embraced the spiritual teachings of their ancestors. That native wisdom is presented here in both words and art.

If you need a gift for the sacred woman in your life or if you liked *The Sacred Forest Oracle*, *The Starseed Oracle*, or *Sacred Destiny Oracle*, you'll love *Seeds of the Sacred Feminine*.

**About the author:** Andrea Menard is a singer-songwriter, writer and actor. A passionate advocate for reconciliation and unity among nations, she conveys the richness of her Métis culture through her live performances, recordings and television appearances. Gemini nomination for her performance. Unreservedly engaged with the world, she has expressed her ideals in song to royalty, prime ministers, ambassadors and governors general.

**About the artist:** Leah Marie Dorion is an interdisciplinary Metis artist raised in Prince Albert, Saskatchewan. Dorion holds a Bachelor of Education, Bachelor of Arts, and Master of Arts degree. A teacher, painter, host, filmmaker and published writer, Dorion views her Metis heritage as providing her with a unique bridge for knowledge.



#### Advance praise:

“Pitching is a core part of what we do at UBS and we’re always looking for new ways to increase our edge over the competition. Jonathan’s unique approach is highly insightful, original and practical, delivered in a way that is instantly applicable. His take on storytelling continues to shape how we pitch on a daily basis. We’ve done lots of training courses over the years but JP and *Winning The Room* remain a real stand out.” —**Guy Fowler**, Chairman, UBS Australia



## Winning the Room with the Winning Pitch

### Unforgettable Storytelling That People Trust

Jonathan Pease

#### Selling points

- Author has over 30 years in marketing—with a powerful personal story.
- Stop being a frightened mess and become a powerful speaker.
- Be the person who wins
- Storytelling strategies for every occasion.

**About the book:** Effective communication is all about keeping your audience interested, engaged, and inspired. This is a book for entrepreneurs, creatives, or anyone looking to create authentic connective moments. *Winning the Room with the Winning Pitch* is the public speaking book for you! Expand from a scared fumbling mess to a powerful public speaker that audiences love!

**Talk to win in every room.** How many minutes can you hold a person’s attention? Do you find yourself rambling and losing your point? Do you get nervous before a presentation? *Winning the Room with the Winning Pitch* teaches public speaking skills applicable to everybody in any situation. Conquer your public speaking fears, learn how to be likable, how to present for work, how to give interesting pitch meetings, and how to—at the end of the day—be a person who wins.

**Become someone people trust.** Give speeches, presentations, and pitch meetings like a true expert. Author Jonathan Pease (JP) is a highly respected creative director and communications expert with over 25 years in the marketing industry. In *Winning the Room with the Winning Pitch*, he uses his expertise to take you on a fun, fascinating, and practical tour as you become a fearless storyteller people will buy from, both emotionally and financially.

#### Inside *Winning the Room with the Winning Pitch*, find:

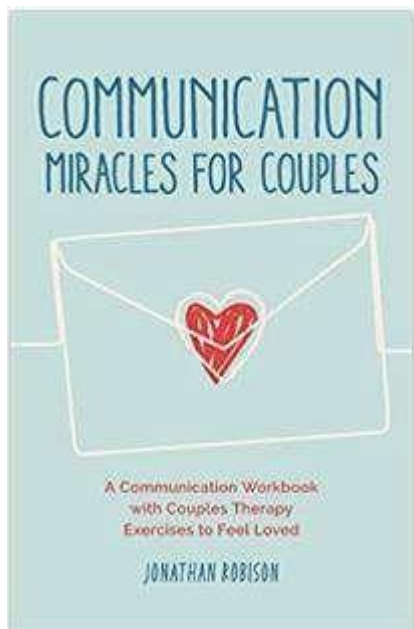
- How to turn nervous energy into passion and charisma that people engage with
- A tight, actionable, and memorable system for how to be great at different types of speeches
- How to apply these skills to various settings like speeches, pitch meetings, presentations, and everyday conversations with friends and dates

If you liked *Cues*, *Everyday Business Storytelling*, or *Your Story Well Told*, you’ll love *Winning the Room with the Winning Pitch*.

**About the author:** JP runs the marketing consultancy Delorean, is the Publisher of *Oyster Magazine*, and is the Chief Creative Officer at Overheard. During his career, JP has worked with some of the most influential global brands, including Nike, Disney, Coca Cola, Chanel, and M&M Mars, spoken at events such as Vivid Sydney and REMIX, has been featured on *Australia’s Next Top Model*. Pease received his Master of Business from Sydney University and his bachelor’s degree in Marketing from the University of Technology Sydney / AdSchool. He currently lives in Australia, dividing his time between Sydney and Byron Bay. Visit him at:

<https://www.winningtherooms.com/about>.





#### Rights activity:

French: Alliance Magique exp 2026  
 Russian: Centropolygraph Pub exp 2016  
 Korea: Dasan exp 2010  
 Spain: Obelisco exp 2006  
 Mexico: Planeta exp 2021  
 Greece: Inst Dynamic Develop ex 2004  
 Germany: Junfermann Verlag exp 2019  
 Chinese: Life Potential exp 2005  
 Japan: Php Institute, exp 2004



## Communication Miracles for Couples

### Easy and Effective Tools to Create More Love and Less Conflict

Jonathan Robinson

#### Selling points

- Over 100,000 copies sold
- The secrets to successful relationships
- Tips and tools for better relationships

**Cultivate effective communication and a lasting relationship.** *Communication Miracles for Couples* by psychotherapist, popular professional speaker, and bestselling author Jonathan Robinson has helped hundreds of thousands of couples repair their relationships and their marriages. Continuously in print since 1997, *Communication Miracles for Couples* has sold over 100,000 copies. Whether you are looking to enhance your relationship or want to resolve existing conflict, successful techniques taught by Jonathan Robinson can help you develop effective communication and a lasting relationship with a spouse or partner.

**Honeymoon gift, anniversary gift, or just a gift for him or her.** Create lasting harmony and keep love alive with Jonathan Robinson's powerful and effective methods for relationship communication. He has reached over 250 million people around the world with his practical methods, and his work has been translated into 47 languages. Learn how to enhance your relationship by learning to communicate with less blame and more understanding.

#### Find a deeper happiness in your relationship:

- Feel totally loved
- Never argue again
- Have your partner really hear you
- Repair broken trust

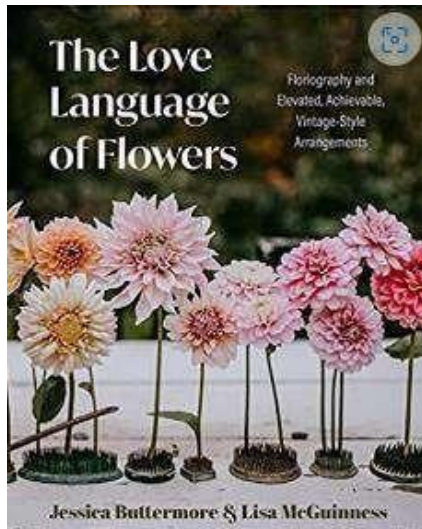
If you have read books such as *4 Essential Keys to Effective Communication in Love, Life, Work—Anywhere*; *The 5 Love Languages*; *Mindful Relationship Habits*; *Communication in Marriage*; or *Couple Skills*; you will love what Jonathan Robinson's *Communication Miracles for Couples* does for your relationship.

**About the author:** Jonathan Robinson is a psychotherapist, best-selling author, and a professional speaker. He has reached over 250 million people around the world with his practical methods, and his work has been translated into 47 languages. Articles about Jonathan have appeared in *USA TODAY*, *Newsweek*, and the *Los Angeles Times*, as well as dozens of other publications. In addition, Mr. Robinson has made numerous appearances on the Oprah show and CNN, as well as other national TV talk shows. He has spent over 35 years studying the most practical and powerful methods for personal and professional development.

Robinson has spoken to many of the Fortune 500 companies. He is known for providing his audiences with immediately useful and powerful information presented in an entertaining and motivating manner.

Pub date: **May 2023** Trim size: 5.5 x 8.5 Page count: **176** Binding: **pb** ISBN: **978-1684811045** Price: **\$17.99** Illustrations: **none**

Author residence: **USA** Publisher/Imprint: **Conari/Mango** Rights/Market: **World**



## The Love Language of Flowers

### Floriography and Elevated, Achievable, Vintage-Style Arrangements

Lisa McGuinness and Jessica Buttermore

#### Selling points

- The big book of flowers.
- Full-color throughout.
- Tools, tips, and supplies for making flower arrangements for all occasions.

A Fresh Twist on Vintage Flower Meanings & Arrangements, this floriography guide is a gorgeous and inspired combination of vintage Victorian flower meanings, quotes, and lore perfectly entwined with a contemporary toolbox for creating stunning flower arrangements and bouquets.

**A book for those who want to create beautiful bouquets and flower arrangements with history.** Blooming with inspirational lifestyle photography by Jess Buttermore of Cedar House Farms, *The Love Language of Flowers* will blow you away with an intriguing history of flowers alongside step-by-step instructions for creating 25 tasteful, meaningful arrangements.

**Express yourself and show others you care.** With stunning photographs of different types of flowers, a detailed list of floral arranging tools and supplies, and fascinating Victorian flower meanings, *The Love Language of Flowers* provides you with an elegant way to express your feelings or bring your self-care to the next level.

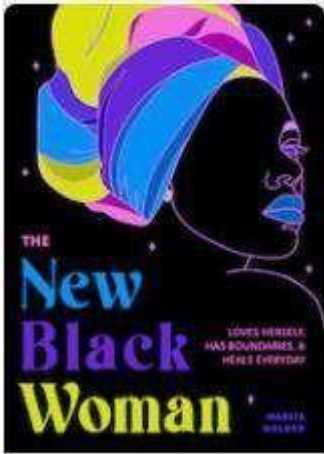
#### Inside *The Love Language of Flowers*, find:

- A visual glossary of flowers and their Victorian meanings.
- Simple step-by-step instructions for creating twenty-five gorgeous floral arrangements.
- Suggestions for introducing contemporary plants and other interesting elements to bring a fresh look to classic bouquets.

**If you like botanical books illustrated with stunning photography and floral design, such as *Floriography* or *The Complete Language of Flowers*, you'll love *The Love Language of Flowers*.**

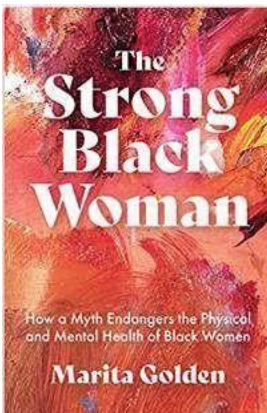
**About the author: Lisa McGuinness** is the author of *Catarina's Ring*, *Meaningful Bouquets*, *Hoppy Trails*, *Caffeinated Ideas Journal* and the co-author of numerous children's books, including the *New York Times* bestselling *Bee & Me*.

**Jess Buttermore** Jess has authored featured articles in *Click Magazine*, *Willow & Sage Magazine* (Spring 2022 issue), and *Obaahima Magazine*, and her photography has been featured in National Geographic's *Your Shot*, among many other online photography publications. She was named one of the Top 100 Photographers to Watch by Click & Co. in 2018, is a Click Pro Elite Member and Click & Co. Lifetime Member, and her photography has been featured in various exhibits and collections over the years.



Also by Marita Golden:

*The Strong Black Woman*



## The New Black Woman

Marita Golden

### Selling points

- How to develop healthy habits for becoming a strong black woman.
- Author has strong media presence (she's been on Oprah!)
- Strong endorsements to come

Marita Golden, a prominent interviewee of Oprah Winfrey, wrote this mental and physical health guide for women to learn who they are, to set healthy boundaries, and to jump into health related fitness practices to balance out their daily lives.

**Know Yourself.** Jump start your relationship with yourself. Renowned author Marita Golden goes in-depth on how using meditation, silence, prayer, affirmations, and reflections allows for internal trust and confidence to blossom in your daily life.

**Set Boundaries.** Setting boundaries can be difficult but they are necessary to living life as a strong woman in today's world. Everyone else's burdens are not yours to carry and no, you don't have to fix everyone you come across! Learn how to set emotional boundaries, physical boundaries, and other boundaries to live freely.

### Inside, you'll find:

- Healthy habits to reconnect with your inner self, your body, and those around you
- An empowering book for women to learn how to take back their lives one day at a time
- A mental health guide for women, black women affirmations, and reflection points to develop holistic wellness

If you're looking for mental health books for young adults and/or the strong black women in your life, this book is for you! If you enjoyed *Set Boundaries*, *Find Peace*, *How we Heal*, *This Is How You Heal* or *You Are Your Best Thing*, you'll love *The New Black Woman*.

**About the author: Marita Golden**, cofounder and president emeritus of the Hurston/Wright Foundation, is a veteran teacher of writing and an acclaimed award-winning author of more than a dozen works of fiction and nonfiction. She has served as a member of the faculties of the MFA graduate creative writing programs at George Mason University and Virginia Commonwealth University and in the MA creative writing program at John Hopkins University and has taught writing internationally to a variety of constituencies. She has been interviewed by Oprah Winfrey as a remarkable leader for black women worldwide. She currently lives in Maryland. Visit her at <https://maritagolden.com>.



# The Fabulous Show with Fay and Fluffy

## Selling points

- Based on the popular Toronto-based cabaret act for preschoolers.
- Lively, colorful, and engaging fun for preschoolers.
- Teaching kids about diversity and acceptance.

## About the book:

**Families can come in all shapes and sizes, and each one shares a love that they grow together. Fay and Fluffy take us on their first adventure to learn all about different and inclusive family dynamics!**

**Families can cook together, read together, and dance together.** Families can be very big, or very small. Some families live in separate homes and some live all together. Fay and Fluffy explore the many ways we can be a family accompanied by cute, expressive pictures and fun activities for your child to connect, engage and tell their own story.

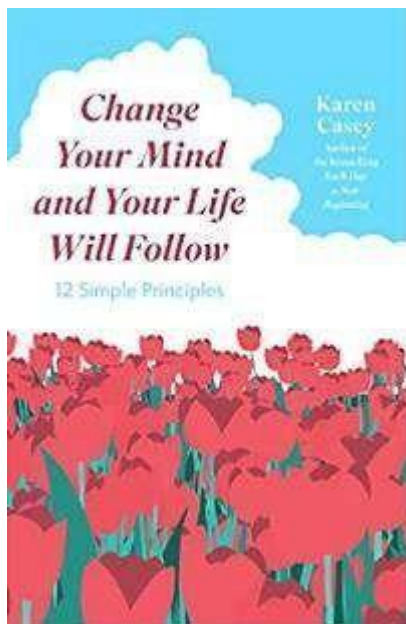
**Inside, you'll find:**

- The many ways we can be a family and the elements they all share
- Fun ideas for activities you can do with your family
- Input from real kids to learn more about diverse family identities and experiences.

If you're looking for books that promote diversity for, grab your copy today! If you liked *The Smallest Spot of a Dot*, *Love Makes a Family*, or *Love Grows Everywhere*, you'll love *The Fabulous Show with Fay and Fluffy Presents: The Fabulous Book About Families*.

About the author: **The Fabulous Show with Fay and Fluffy** is a storytime cabaret variety show for preschoolers, filled with new books, puppet friends, animated characters, musical guests, and lots of love. Hosted by the dynamic drag artist duo, Fay Slift, and Fluffy Soufflé, and featuring an interactive audience of young children, each episode is bursting with silliness, songs, and community. The show shares the message of inclusivity, cheering on all the kids who watch to be proud of who they are, love themselves, and be kind to one another. Fay and Fluffy are beloved Drag performers based in Toronto, Canada, and have been storytimes as a duo since 2016. Visit them at <https://fayandfluffy.com>.





Also by Karen Casey:  
**Each Day A Renewed Beginning**

**Be Who You want to Be** (Turkish:  
 Aykırı Yayıncılık, exp 2013)

**Change Your Mind and Your Life Will Follow** (Chinese -simple-Beijing Mediatime, expire 2017; **French:** Beliveau, ex. 2014; **Slovak:** Eastone, exp 2021; **Spanish:** Urano, exp 2017; **Portuguese,** Novo Conceito, exp 2023; **Italian,** Armenia exp 2012; **Vietnamese,** First News, exp 2023; **Hungarian,** Neemtrees, exp 2014; **Estonian,** Ou Eram Books, exp 2023; **Portuguese,** Sinais de Fogo, exp. 2019; **Russian,** Ves, exp 2013)**Korean, Sensio exp 2028**

**All We Have Is All We Need** (**French:** Beliveau, exp. 2016; **Spanish,** Editorial Manantial, exp 2013; **Russian,** VES, exp 2013; **Arabic,** Jarir, expired)

**It's Up To You** (**French:**Beliveau, exp 2016; **Russian,** Ves, 2014)

**Living Long, Living Passionately**  
 (French, Beliveau, 2021)

**20 Things, I Know For Sure** (**Slovak,** Eastone, exp 2024)

**Codependence &the Power of Attachment** (**Russian,** Ves, exp 2014)



## Change Your Mind and Your Life Will Follow

Karen Casey

### Key Selling Points:

- Karen Casey's *Each Day a New Beginning* has sold over 3 million copies
- A primer on making your life better.
- Over 70,000 copies sold

### Book Description:

From Karen Casey, bestselling author of *Each Day a Renewed Beginning* and *Peace a Day at a Time*, comes the latest edition of her simple steps guide on how to master your mindset for effective self-healing.

**Better living takes healing words.** What we say to ourselves can change life as we experience it. Especially ones such as "I wish things could change" when we are feeling our lowest, bringing those dark feelings into our everyday lives. But words are powerful, and can be used as a way to relearn loving ourselves rather than wait for happy thoughts to suddenly appear. It's time to bring those healing words into reality, and the very first step begins with your mind.

**To heal a weary soul takes a healthy mind.** *Change Your Mind and Your Life Will Follow* explores the twelve simple steps towards achieving peace of mind through transforming positive affirmations into motivation. Featuring timeless wisdom to live by and self-healing stories, author Karen Casey teaches us that better living doesn't take just self-reflection, but also responding by acknowledging our mental and emotional needs.

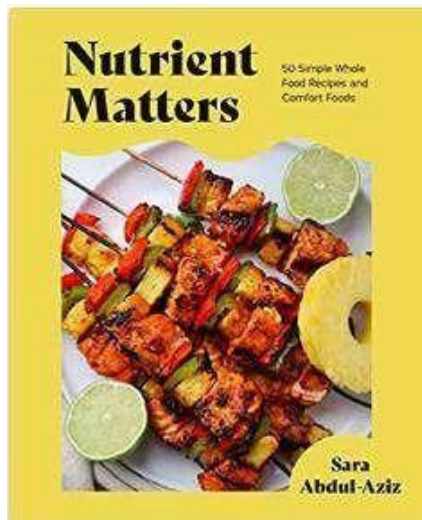
Inside, you'll find simple steps on how to:

- Quiet your mind and jump into true self healing
- Let go of "ifs" and "hows" so you can love yourself first
- Practice self forgiveness with honesty and freedom from past self-judgment

If you liked *Pause, Rest, Be; Unclutter Your Soul;*, or *Love From The Inside Out*, you'll love *Change Your Mind and Your Life Will Follow*.

### About the author:

**Karen Casey** is the author of over 28 books,, including *Each Day a New Beginning: Daily Meditations for Women*.. Casey has spoken to tens of thousands world-wide over her forty years as a writer. Through each new experience, her gratitude and commitment grow to continue doing what brings joy to her life.



## Nutrient Matters

### 50 Simple Whole Food Recipes and Comfort Food

**Sara Abdul-Aziz**

#### Selling points

- Healthy and nutritious food from a big foodie platform by Chef Sara with **over 2 million social media followers**.
- Includes **50 delicious, easy meals** with a nutritious twist.
- Recipes include whole food ingredients, macronutrient content, and serving size for healthy meal prep.
- Provides tips and inspiration on making everyday meals healthier.
- Scrumptious and vibrant recipes with inspiration from cultures around the globe to make your weekly meals fresh and yummy.

**About the book:** This nutrient-forward feel good cookbook has over 50 easy recipes for breakfast, lunch, and dinner. Enjoy a variety of simple meals with pescatarian, vegetarian, and meal prep friendly options.

**Not your basic cookbook for healthy living.** Every recipe has the golden touch of Chef Sara, the founder of Nutrient Matters, where she creates food content to celebrate the consumption of whole foods—without sacrificing taste.

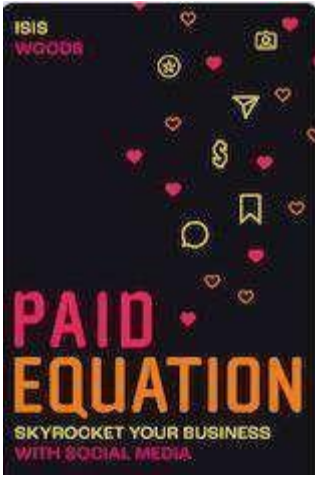
**Enjoy easy recipes and easy meals for a healthy lifestyle.** This feel good cookbook has easy simple recipes for beginning and experienced cooks. The recipes include Bruschetta Bites, Avocado Chicken Wontons, Beef Mushroom dumplings, Chimmichurri shrimp skewers, Crispy Fish Tacos, and so many more delicious meals.

#### Inside, you'll find:

- The personal and interesting story of Chef Sara, founder of Nutrient Matters
- Simple meals and easy comfort foods to make every member of your family happy
- Easy recipes for nutrition to be a part of your everyday breakfast, lunch, and dinner options

**If you liked *The Comfortable Kitchen*, *Half Baked Harvest Every Day*, or *Making Vegan Meat*, you'll love *Nutrient Matters*.**

**About the Author:** Chef Sara creates food content to celebrate the consumption of whole foods—all without sacrificing taste. Her easy and vibrant recipes can be found on TikTok or Instagram @nutrientmatters. Her platform is a judgment-free zone for anyone and everyone to find inspiration to live a healthier and well-balanced lifestyle! She has 471K followers on Instagram and over 1.7M followers on Tik Tok.



## The P.A.I.D. Equation

**Skyrocket Your Business with Social Media**  
**Isis Woods**

### **Key Selling Points:**

- Business growth made simple.
- How to jump start a social media and business strategy.
- Author has over 81K followers on Instagram.

**About the book:** This book is designed to make business growth SIMPLE for small business owners! This book will solve a problem that almost ALL small business owners have today: making sales on social media. Readers will finally be able to get out of their "creative funks" and get over the stressfulness of getting sales for their business and finally reach their own goals!

**Grow your business and your brand.** Isis Breanna created this guide book to help small business owners acclimate to social media branding and promoting digital products and goods. Learn how to utilize an instagram following to your advantage without a business development manager. P.A.I.D stands for how to (P)ersonalize the experience of your audience, bring (A)wareness to your business daily, create an (I)ntimate relationship with those who are ready to shop from you, and increase (D)demand for purchases!

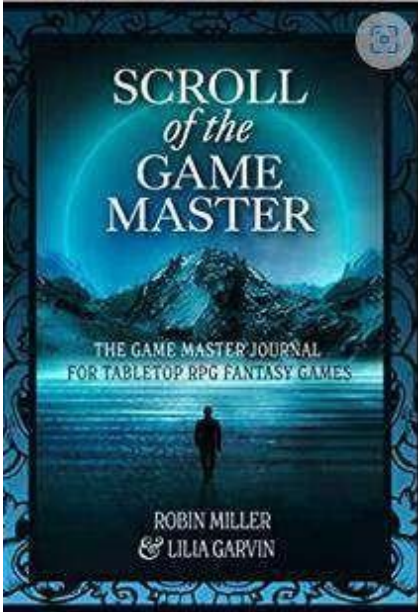
**Social media and business strategies made simple.** Engage with your audience using updated strategies on social media branding. Learn how to personalize intended experiences for your audience, build brand awareness daily on social media, and inspire your audience to purchase any of your digital products and courses without famous influencers.

### **Inside, you'll find:**

- Marketing and social media branding guidelines to grow your business
- Business strategies to inspire purchases of your digital products and courses
- An online business book taking digital serial entrepreneurs to the next level.

**If you're looking for social media marketing books, books for business owners and serial entrepreneurs, or if you liked *Hook Point*, *The Nuclear Effect*, or *The Fearless Woman's Guide to Starting a Business*, you'll love *The P.A.I.D. Equation*.**

**About the author: Isis Breanna Woods** coaches her audience on how to build a digital community that converts to loyal customers, create content and digital products that sell, and implement social media branding, marketing, and monetizing strategies! In addition to being featured in *Yahoo Finance*, *NC Magazine*, and *Voyage Magazine*, Isis is also a respected speaker. She has led workshops at various conferences hosted by Creative Collective, Squarespace, Kajabi, Bumble Biz, LaterCon, Thinkific, and Fox Soul.



## Game Master's Tome

### World Builder Tabletop RPG Fantasy Games

Robin K. Miller

#### Selling points

- Over 50 Million People Play Dungeons & Dragons.
- The essential resource for game masters
- Questions and prompts to help brainstorm new and innovative worlds for players to explore.
- Space to plot out story arcs, villains' motivations, and more.
- Tools to help you keep track of players' progress and goals.
- Tips for planning engaging and exciting combat.

#### About the book:

Whether you're an improviser or a planner (or a mix of both), a game master needs a journal to keep track of all the details Dungeon Masters must know to keep their campaigns moving along seamlessly and satisfyingly. Look no further, for *Game Master's Tome* is the ultimate game master journal for you!

**Stay organized for your campaign game.** This journal keeps you organized by boosting your creative thinking and providing space for tracking unfolding plots, character developments, and your personalized fantasy lands.

**The game master is the manager of worlds.** With all the combat fought, encounters had, and characters met in one campaign, it's difficult to keep track of it all, but that's the job of the game master, the ruler of the tabletop RPG.

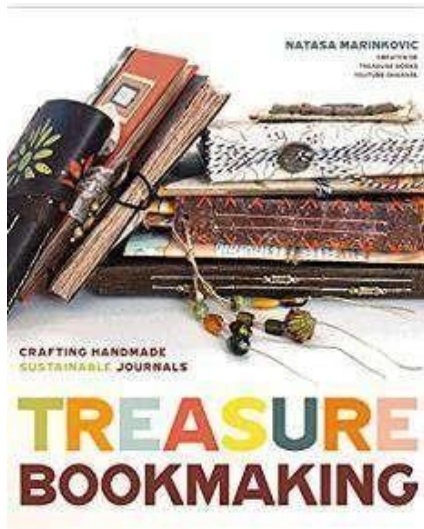
#### Inside this game master journal, you'll find:

- Questions to help you nail down your settings, NPCs, bad guys, and more
- Plenty of space for planning adventures and developing the plot of your mystic quests
- Sections for tracking long campaigns, characters and their moral alignments, dragon lore, and all other important, magical details
- Sections for the game master to explore the development of their fictional worlds, test out plot points, and get creative with their storytelling

If you liked *The Book of Holding*, *The Game Master's Book of Non-Player Characters*, or *The Worldbuilder's Journal of Legendary Adventures*, you'll love *Game Master's Tome*.

**About the Author:** Robin K. Miller is an editor, writer, Game Master, and all-around nerd. She lives in Miami.





## Treasure Book Making Crafting Handmade Sustainable Journals

Natasa Marinkovic

### Selling points

- A simple and welcoming introduction on how to make books by hand.
- Author's YouTube channel, *Treasure Books*, has **over 134k subscribers**.
- This book is filled with sustainable and environmentally friendly ideas.
- Inspiration for all levels on how to get creative with this craft.
- Over a dozen project ideas and different techniques that you can try

**About the book:** This is the crafters' bible for making books and journals. With journal making projects, book binding techniques, and journal prompts, this *Treasure Book Making* guide has everything you need. Get ready to create personal journals by hand easily—without any extra book-binding tools!

**An affordable craft.** Hobbies tend to require a big investment, but Natasa Marinkovic, focuses on upcycling the available materials around us. Learn how to make beautiful journals—without purchasing book-binding tools, use what you have! With the things you have at home, create projects that are both useful and beautiful.

This junk-journaling-how-to gives readers all of the details on how to make a book through step-by-step creative projects that will save you space and get rid of house clutter. This diary DIY is the ultimate space for your creativity to bloom and grow!

### Inside, you'll find:

- Illustrations and tips to jumpstart your creativity on DIY books
- Easy-to-follow instructions to structure and make a book for journaling and scrap keeping
- Lists of accessible materials to use—such as cereal boxes, scraps of paper, and everyday items like buttons and more

If you enjoyed learning how to craft a book in *Making Handmade Books*, *Hand Bookbinding*, or journaling books like *My Soul Pages*, you'll love *Treasure Book Making*.

**About the author:** Natasa Marinkovic has a passion for journal making, book binding, teaching, and most of all, creating something out of nothing—or rather—turning trash into treasure. Her YouTube channel, *Treasure Books*, currently has over 200 videos (many of which are tutorials) has grown quickly in a reasonably short amount of time. Natasa resides in Melbourne, Australia.

## Collecting the Simpsons

### The Merchandise and Legacy of our Favorite Nuclear Family

Warren Evans, James Hicks, and Lydia Poulteney

#### Key Selling Points:

- 90s nostalgia is hot worlds for your players to explore
- The ultimate for all Simpsons fans.
- New in-depth interviews and collector items from real-life Simpsons lovers.
- Full color throughout.

#### Book Description:

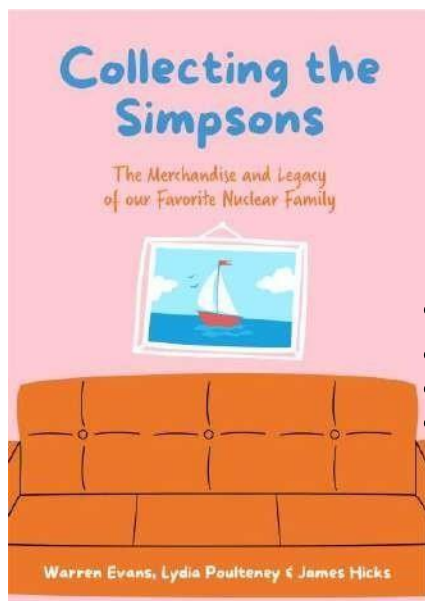
#### The Merchandise Guide for all Simpsons Lovers

**Jump right into 90s nostalgia!** Simpsons Lovers everywhere can explore the explosion of Simpsons merchandise and products, right in the comfort of their own home. From action figures, video games, comics, lunch boxes, and yes, even cookie jars, this book is a collector's paradise full of fun facts and amusing trivia.

**The perfect collector's item to have!** This full-color guide features high quality photos of Simpsons-inspired products, and never-before-seen interviews from the toys' creators, writers, actors, and producers. This is the perfect gift for fans of *Friends*, *Family Guy*, and the like!

- Never-before-seen in-depth interviews and collector items from real-life Simpsons lovers
- Read for fun: all the words of Warren Evans, a note-worthy expert on The Simpsons family.
- Full-colored photographs of Simpsons merchandise and collector items.

**About the Authors:** **Warren Evans** is the creator and owner of one of the most extensive Simpsons fan pages. **James Hicks** and **Lydia Poulteney** are the creators of the The Simpsons Theory YouTube channel—with over 200K subscribers. They live in the UK.



Also Available: *The Simpsons Secret*

Rights sold  
Russian



Pub month: **August 2023**

Print run: **7,500**

Trim size: **7x10** Page count: **208**

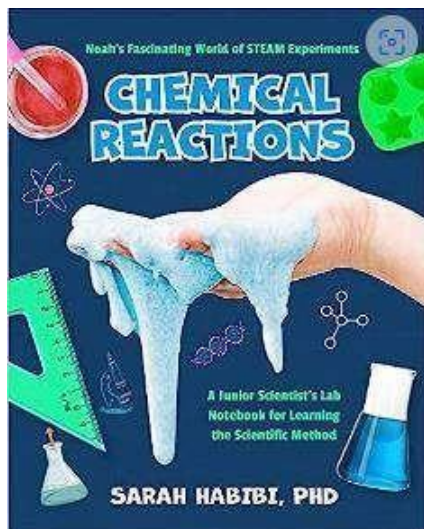
Binding: **paper over board**

Illustrations: **full-color throughout**

Author residence: **UK**

Publisher/Imprint: **Mango**

Rights/Market: **World**



## Noah's Fascinating World Steam Projects for Kids: Chemical Reactions

### A Junior Scientist's Lab Notebook for Learning the Scientific Method

Sarah Habibi, PhD.

#### Selling points

- Author's TikTok site, ScienceBae, introduces kids to chemical reactions and all about what makes them cool and exciting! Over 140K followers.
- Chemical reactions experiments for kids, ages 6 to 11
- Easy and fun experiments that you can perform with things already in your kitchen.
- Step-by-step, for how to form a hypothesis, observe results, and re-test results.
- While providing foundational knowledge on the scientific method, this book also keeps things fun and light in order to instill a love a science in kids 6-11
- Experiments you can customize for all occasions and holidays.

#### About the book:

"Sarah's work as a STEAM educator is the perfect balance of creativity, fun, and science!"—Kellie Gerardi, bioastronautics researcher and space enthusiast.

Follow simple step-by-step instructions with Noah, your junior scientist guide, and explore STEAM experiments that are bubbly, colorful, big, and mind-blowing in this illustrated introduction to science, technology, engineering, art, and mathematics.

**A junior scientist's guide to safe chemical reactions.** Part illustrated fun, part STEAM workbook this is the perfect addition to any kid scientist's bookshelf. Dr. Sarah Habibi, the expert on TikTok science for kids and the brain behind the popular Science Bae videos, brings you 10 easy science experiments for kids to do right at home.

**Learn how to follow the scientific method** by building a hypothesis, conducting a real experiment, and observing the results. Did something go wrong? That's okay! Scientists mess up all the time—Noah and Dr. Habibi show you how to modify your experiment and try again.

**Inside, find 10 fun STEAM projects for kids, such as:**

- Experiments with balloons and slime
- DIY Lava Lamps
- Composing in invisible ink

**Families who enjoy fun science books and science activity books for kids—like *Awesome Science Experiments for Kids*, *Steve Spangler's Super-Cool Science Experiments for Kids*, *The Future of Science is Female*, or *MinuteEarth Explains: How Did Whales Get So Big?*—will love *Noah's Fascinating World of STEAM Projects for Kids*.**

**About the Author:** Dr. Sarah Habibi is a molecular biologist, educator, and digital content creator and is the founder of the brand Science Bae. As a graduate of both doctoral studies and education studies (specific focus STEAM education), Sarah has become an expert at communicating science to audiences of all ages, with a specific focus on children. Visit her at <https://www.sarahhabibi.com/about>.



## Friendship isn't a Big Thing, It's a Million Little Things The Art of Female Friendship

### Selling points

- Author's previous book, *Badass Affirmations*, has sold over 250K.
- A celebration of female friendship
- The ideal inspirational gift

### About the book:

#### Female Friendships are a Million Little Things!

"Becca Anderson shares the elements of female empowerment with her readers so that they can see the power of connection between women."

*Nerdy Girl Express*

Unique connections can be found in recent and long-term friendships!  
This is the perfect bff book for women and soul sisters!

**Be inspired by iconic female friends.** The bond formed among soul sisters is like no other, celebrate your girlfriends with this daily affirmations book for best friends. Fall into the short stories of iconic friendships that will inspire your own connections.

**Enjoy cute friendship quotes from icons.** Find inspiration from these friendship perseverance quotes and positive vibes quotes that remind you how valuable your gal pals really are; there are bff quotes for every member of your whole crew!

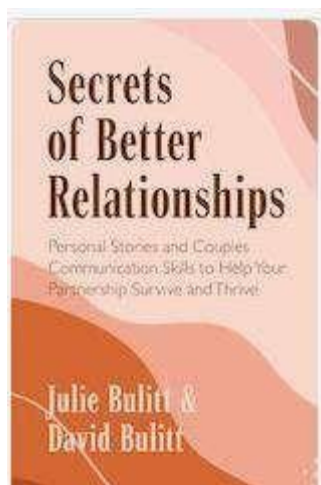
### Inside you'll find:

- Daily reasons to celebrate the unique love female friends bring
- Inspirational tools on how to build and keep your close connections
- Cute friendship quotes to reshape your mindset on your female friends

If you liked *Hey Friend, I Wrote a Book About You*, or *The One Year Daily Acts of Friendship*, then you'll love *Friendship Isn't a Big Thing*.

**About the Author:** Becca Anderson is a San Francisco author and speaker.





## Secrets of Better Relationships

### Personal Stories and Couples Communication Skills to Help Your Partnership Survive and Thrive

David and Julie Bulitt

#### Selling points

- Authors are active on social media.
- Communication issues afflict every couple and are the major cause of break-ups. Learn how to beat the odds.
- Don't just survive as a couple. Learn to Thrive.

#### About the book:

Couples communication and relationship experts David Bulitt and Julie Bulitt share their relational knowledge in *Beyond The Five Core Conversation*. With stories and marriage help tested by real couples, learn how to survive and thrive after relationship and marriage fights, becoming parents, deaths, and other struggles.

**Get partnership and marriage help tested by real couples.** The relationship experts behind the bestselling *The Five Core Conversations for Couples* put together another essential couples book for relationships. *Beyond The Five Core Conversation* shows you how real couples have made it through to the other side of real crises—together.

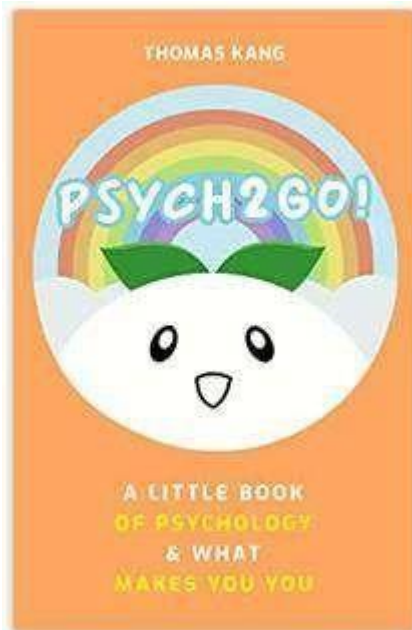
**Learn how to overcome couples communication hardships, marriage fights, and more.** Walk alongside committed partners as you learn how to fix your marriage or relationship, no matter what life throws at you. Whether you're dealing with infertility, job loss, infidelity, grief, or other relationship strife, these personal stories provide all the relationship and marriage advice you need to thrive!

#### Inside this essential couples gift, you'll find:

- Practical advice from authors experienced in couples, marriage counseling and divorce law.
- How to persevere through life's most difficult trials without losing each other
- Real couples help from partners who share their difficult stories.

**Readers of relationships books like *This Is How Your Marriage Ends* by Matthew Fray will love *Secrets of Better Relationships*.**

**About the Author:** David and Julie have been married for 34 years.. Learn more about David and Julie at [www.thebulitts.com](http://www.thebulitts.com). They are active on all major social media platforms and can be found @thebulitts on Facebook (2,500 followers), Instagram (3400 followers) and Twitter (1300 followers). David and Julie also have a weekly Facebook Live event—Couples Cocktails with The Bulitt's—Thursdays at 7pm ET. Started in March, 2020, the Bulitt's Couples Cocktails now garners over 1000 views per episode..



## The Psychology of People Psych2go and Tomas Kang

### Selling points

- Psych2Go YouTube channel has over 10 million subscribers
- Psychology made easy.
- Connect key psychological concepts to your mental health.
- Space to plot out story arcs, villains' motivations, and more.
- Learn and grow.

### About the book:

Easy-to-Understand Human Psychology with Psych2Go! Finally understand why you do things differently from the rest! Psych2go created this guide to connect the history of human psychology with practical mental health therapy tools to help you thrive in your everyday life.

**Discover things about yourself!** With *The Psychology of People*, learn about the history of human psychology—and apply it to your own life. Understand your innate need to conform, the roots of your social anxiety, how to heal and grow emotionally—and so much more!

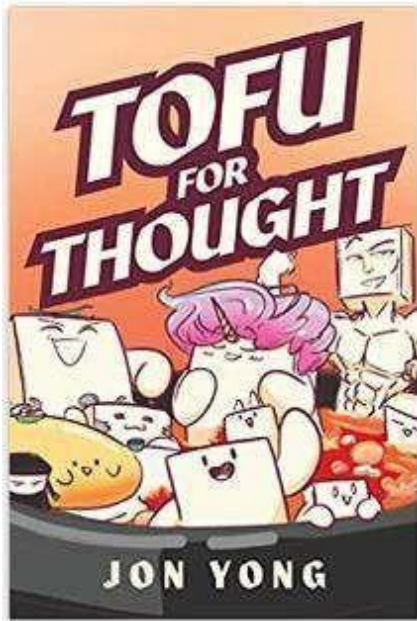
**An empath's survival guide to psychology.** Written by the creators of the popular youtube channel, blog, and website called *Psych2go*, *The Psychology of People* is one of the best mental wellness books that gives practical and applicable methods! From the ethics of experimental psychology to therapy techniques, *The Psychology of People* helps you develop empathy for yourself and others.

### Inside, you'll find:

- Your very own, therapist on the go, packed with practical methods and experiments
- How to understand and rewire your brain by discovering psychological-based patterns in yourself and others
- One of the best books about psychology, the history of psychology, and the ethics of experimental science

**If you're looking for psychology books to read, mental wellness books, or books on human psychology, then grab your copy today! If you liked *Collective Illusions*, *Read People Like a Book*, or *You Can Do All Things*, you'll definitely love *The Psychology of People*.**

**About the author: Psych2Go** was started by a student of psychology at the University of British Columbia. The organization has grown to be a standout psychology and mental health informer, running an online magazine and YouTube channel with over 9 million subscribers. Outside of YouTube, Psych2Go is actively informing on curious topics within psychology to over 800,000 followers across multiple social media platforms. With an ever forward-moving presence in the world of mental health awareness through international expansions and key partnerships, Psych2Go aims to create a healthier world day by day.



## Tofu for Thought

Pocket-size Meditations to Make Your Day Better

Jon Yong

### Selling points

- The one-stop-shop for sarcastic and funny affirmations that build confidence with Tofu-themed card!
- YouTube channel: 600k subscribers
- Average viewership of over 900K per video.
- Great social media, great package, fun millennial merch.

### About the book:

Make your day better with *Tofu for Thought*, your one-stop-shop for punny, sarcastic, and funny affirmations that build confidence with every adorable, Tofu-themed card!

**Laughter: the best medicine!** Just like tofu, we are all different. But firm, medium, and soft tofu people all need help sometimes. These bite-sized affirmations for gamers build self esteem and self love for men, women, and teens—without taking yourself too seriously, of course.

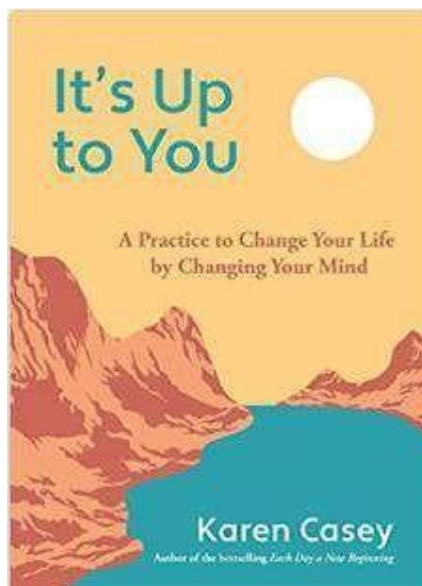
**A-F IRLM-ative cards to go!** Inspired by popular Young Yong Tales's Tofu Ninja, his creepy-crawly pals, and the occasional anime doppelganger, *Tofu for Thought* brings a special charm to anyone looking for a weekly pick-me-up or a bright spot on bad days.

### Inside, make your day better with:

- Something short, sweet, and savory, so you can get started easily
- Simple yet expressive art featuring Tofu Ninja
- Soondubu (tofu soup) that's good for the soul and convinces you that you are Tofu-tastic

**If you liked *Affirmations! 50 Affirmation Cards Deck to Help You Help Yourself, Instant Happy Notes, or Therapets*, you'll love *Tofu for Thought*.**

**About the Authors:** **Jon Yong** is best known online as Young Yong Tales, an Asian American YouTuber who talks about his life stories and animates them. Jon started his channel while he was a full-time college student, and uses Tofu as a character to represent himself. Where on the map can you find Jon? In Los Angeles, of course!



Also by Karen Casey:  
**Each Day A Renewed Beginning**

**Be Who You want to Be** (Turkish:  
Aykırı Yayıncılık, exp 2013)

**Change Your Mind and Your Life Will Follow** (Chinese -simple-Beijing Mediatime, expire 2017; **French**: Beliveau, ex. 2014; **Slovak**: Eastone, exp 2021; **Spanish**: Urano, exp 2017; **Portuguese**, Novo Conceito, exp 2023; **Italian**, Armenia exp 2012; **Vietnamese**, First News, exp 2023; **Hungarian**, Neemtreet, exp 2014; **Estonian**, Ou Eram Books, exp 2023; **Portuguese**, Sinais de Fogo, exp. 2019; **Russian**, Ves, exp 2013)

**All We Have Is All We Need** (French: Beliveau, exp. 2016; **Spanish**, Editorial Manantial, exp 2013; Russian, VES, exp 2013; **Arabic**, Jarir, expired)

**It's Up To You** (French: Beliveau, exp 2016; **Russian**, Ves, 2014)

**Living Long, Living Passionately**  
(French, Beliveau, 2021)

**20 Things, I Know For Sure** (Slovak, Eastone, exp 2024)

**Codependence & the Power of Attachment** (Russian, Ves, exp 2014)



## It's Up To You

A Practice to Change Your Life by Changing Your Mind

Karen Casey

### Selling points

- Author of the bestselling, *Each Day a New Beginning* (over 4 million sold).
- Established author of self-help books...translated in over 15 languages
- Powerful message of empowerment: **You can do it!**
- Companion to the successful *Change Your Mind and Your Life Will Follow*

**About the book:** Originally published in 2006, this is the perfect guide for personal growth, letting go of codependent relationships, finding inner peace, and changing your life starts with intentional daily practices.

**Karen Casey** has sold over 4 million books that draw upon meditations, motivations, and religion, providing inspiration and support to tens of thousands of her fans worldwide. Among her most influential books are *52 Ways to Live the Course in Miracles* and *Let Go Now*.

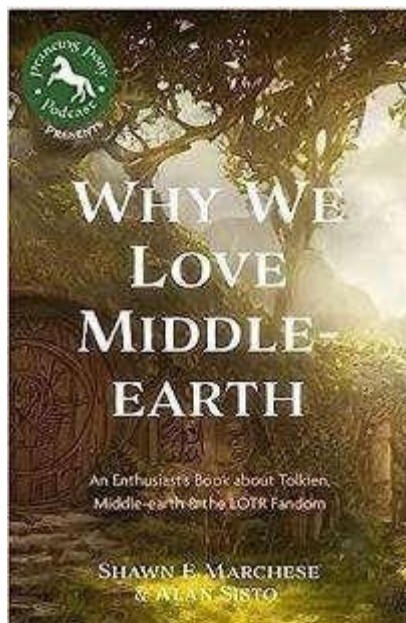
If you've felt blocked by old behavior patterns, read **It's Up to You** which offers 12 principles for changing your life by changing your thinking. As you apply these simple yet powerful principles, you'll find it easier to embrace positive thoughts.

Apply the principles in this book one day at a time, one week at a time, to produce a healthy positive mental attitude. Karen Casey has crafted principles to teach you how meditation, paying attention, and making choices for real life change is in your hands.

If you're looking for inspirational books, mindful gifts, quotes about thinking positive, or mindfulness books for adults—or enjoyed books like *A Year of Positive Thinking* or *5-Minute Daily Meditations*—then you'll love **It's Up to You**.

**About the author:** **Karen Casey** is the the best-selling author of more than forty inspirational books, including *52 Ways to Live the Course in Miracles*, *Let Go Now*, *In God's Care*, and *A Woman's Spirit*. She started her addiction recovery journey in 1974 and in 1982, she published her first book, *Each Day a New Beginning*, which instantly became a bestseller. Visit her at [www.womens-spirituality.com](http://www.womens-spirituality.com).





## Why We Love Middle Earth

An Enthusiast's Book about Tolkien, Middle Earth, and the LOTR Fandom

Shawn E. Marchese & Alan Sisto

### Selling points

- The authors are the founders and hosts of the acclaimed Prancing Pony Podcast, which has won Tolkien Society Award for "Best Online Content" in 2020 and 2021.
- A highly researched and credible about Tolkien lore.
- Discusses a range of topics for all tastes, including the pop culture, movies, music, art, and more.
- A celebration of why we love, study, and engage with all things Tolkien.

### About the book:

The essential Tolkien companion for Fans of the Tales of Tolkien, Middle-earth, and more. Learn about the man who wrote *The Lord of the Rings* in this Middle-earth treasury. Full of answers to common questions asked by readers to learn about Middle-earth and the fandom, this book about Tolkien celebrates *Why We Love Middle-earth*.

This is the ultimate guide and companion to *Lord of the Rings*, that includes details about the movies, books, maps, and other stories—and how do they tie together? Intrigued by Amazon's new show *The Lord of the Rings: The Rings of Power*? What's considered canon and what isn't? Dive into Middle-earth's expansive lore with *Why We Love Middle-earth*, a fandom book about Tolkien's work.

**The perfect companion for any Middle-earth traveler.** Written by beloved Tolkien commenters of *The Prancing Pony Podcast*, Shawn E. Marchese and Alan Sisto, *Why We Love Middle-earth* is the ultimate guide to the fandom. Newcomers and existing fans of Tolkien will revel in the dragon's hoard of information inside.

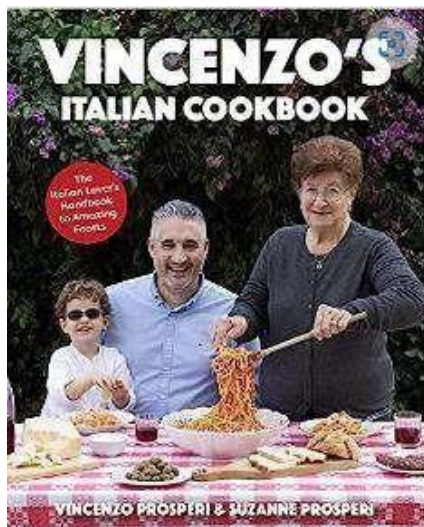
### Inside, find:

- An easy-to-digest guide map that deepens and expands the meaning of Middle-earth.
- A brief history of each of the major books and adaptations of Middle-earth.
- How to read, watch, or play Tolkien.
- A manual for fandom niches—what they are, where to find them.

**If you enjoy fandom books or a good book about Tolkien's works such as *Atlas Of Middle-earth*, *Recipes from the World of Tolkien*, or *Why We Love Star Wars*, you'll love *Why We Love Middle Earth*.**

**About the Authors:** **Shawn E. Marchese** has been in love with Middle-earth (and progressive rock) ever since his teens. He's especially drawn to the linguistic aspects of Tolkien's work, and shares his obsession for languages with listeners every week as *The Prancing Pony Podcast*'s resident word-nerd. Shawn can be found at his day job as a compliance officer, writing, brewing ales, or working on his geeky dad credentials with his wife and two children. *The Prancing Pony Podcast* was the winner of the Tolkien Society 2020 Award for Best Online Content.

**Alan Sisto:** An all-around Tolkien nerd, Alan can be found enjoying Tolkien's lesser-known works—"Leaf by Niggle" is his favorite—just as often as he gets lost in First Age histories and Third Age adventures. Alan has worked with Shawn for nearly six years to grow *The Prancing Pony Podcast* each season, and spends much of his working time producing the show. He also provides narration and commercial voiceovers (alansisto.com) and has also been an architectural photographer for 15 years (freshpageimages.com). His wife and two children give him the freedom to indulge his inner nerd.



## Vincenzo's Italian Cookbook

### The Italian Lovers Handbook of Amazing Feasts

#### Selling points

- A social media powerhouse:
- YouTube: 1.1million subscribers
- Facebook: 917k+
- Instagram: 97k+
- TikTok: 50k+
- Website: 220k + unique monthly visits
- Modern Italian comfort food made easy

#### About the book:

This Italian lovers handbook makes Italian cuisine accessible for beginner to experienced cooks. Perfect for anyone who loves Italian food, try your hand at your favorites—with a little help from Nonna!

**This is not just another Italian cookbook:** *Vincenzo's Italian Cookbook* is packed to the brim with personality, passion, and staple Italian recipes everyone loves. Think pasta carbonara, Nonna's meatballs, Neapolitan pizza dough—fill your sauce-pan with tomato sauce and make melt-in-your-mouth arancini balls. This Italian lovers handbook lets you bring a little piece of Italy home as you recreate your favorite dishes.

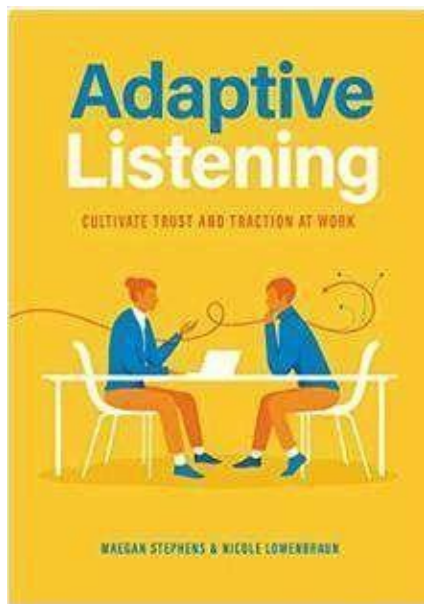
**Cook, taste, learn:** No "chef-speak" here—just easy-to-understand recipes from Youtubers Vincenzo & Suzanne Prosperi of *Vincenzo's Plate*—and a little guidance from their Nonna, the ultimate home-cook. With her tips in each recipe, she is right by your side. Who doesn't want their kitchen to smell like Nonna's—am I right?

#### In *Vincenzo's Italian Cookbook*, find:

- An encyclopedia of delicious Italian pasta and Antipasto dishes
- All-time favorite drink recipes to complete your home food tour of Italy
- An Italian lover's handbook filled with stories and personality—from our family to yours

If you like Italian cookbooks, best sellers like *The Pasta Queen*, *Essentials of Classic Italian Cooking*, or culinary cultural experiences like *Otaku Food!*, you'll love *Vincenzo's Italian Cookbook*.

**About the Author:** Vincenzo and Suzanne Prosperi met 14 years ago and dreamt of giving people an authentic Italian experience, no matter where they were in the world. With that goal in mind, they created Vincenzo's Plate. Their social media platforms reach over 2 million foodies right in their homes and globally. Vincenzo is known as "The Foodfather" and is protective of classic and traditional Italian recipes; Vincenzo's Plate is known as an authority on Italian food and criticizes those who try to bastardize it.. The Prosperi's currently reside in Sydney, Australia. Visit them at: <https://www.vincenzosplate.com>.



## Adaptive Listening

Cultivate Trust and Traction at Work

Nicole Lowenbraun and Maegan Stephens

### Selling points

- Adjust your listening style and behavior to get what you want.
- Reduce conflict and negotiate solutions.
- Look, listen, and learn.
- Authors have both academic and professional experience.

### About the book:

*Adaptive Listening* is for those wanting to improve the way they, and their teams, communicate up, down, across, internally, and externally. Through engaging stories and practical techniques, the authors introduce a new model for listening that readers can start using in their very next interaction.

**Not just another book on communication.** *Adaptive Listening* helps readers up-level the under-trained side of communication amidst the realities of a hectic workday. Researched and tested exclusively in the work setting, readers will move beyond active listening and embrace effective and easy-to-remember techniques that reduce ambiguity and tension.

**Leaders at all levels can improve their listening skills.** Emerging and established leaders can build more awareness about their own listening style and the impact it has workplace culture. Only then can they adapt to meet the goals and needs of direct reports, peers, managers, customers, and stakeholders.

#### Inside, you'll learn:

- How to leverage the strengths and avoid the pitfalls of your own listening style, including the way you process and respond to information, leading to increased self-awareness and professional growth
- How to break away from ineffective listening and step into adaptive listening to meet the goals and needs of the person speaking.
- How to reduce mistrust, misalignment, and miscommunication by being more mindful of the barriers that prevent you from using empathetic communication.
- How to cue other listeners—who aren't yet familiar with Adaptive Listening—to listen in the way you want and need

**If you're looking for books on business communication, books on building empathy in the workplace, best-selling books for leaders and emerging leaders, or books on active listening, add this book to your list! If you enjoyed *You're Not Listening*, *Just or Listen Like You Mean It*, then you'll love *Adaptive Listening*.**

**About the Authors:** Nicole Lowenbraun is equal parts speech-language pathologist and business communication expert. She has coached and written for thousands of clients, most of whom top the Fortune 100, with a focus on helping clients find their most authentic and powerful voice. She has a B.S. in Communications from Boston University and an MA in Speech Pathology from Hunter College.

#### Maegan Stephens, PhD

Maegan IS THE Senior Director of Communications Services at Duarte, Inc., a communications consultancy and training company in California. She has a MBA from McCombs School of Business and a PhD in communications from the University of Texas



## Girls Guide to Puberty and Periods

The Puberty Journal for Girls

Shanicia Boswell

### Selling points

- Author has a large media footprint.
- A helpful and practical book for a traumatic time of life.
- The ABCs of puberty for girls

### About the book:

This inclusive, body-positive girl's guide to puberty covers everything you need to know about your teens. Do it yourself or with an adult—this puberty journal for girls is full of helpful information—like how to build a period kit—so you know the changes happening in and around you.

**The puberty journal that teaches more.** Why do I smell? Can I use tampons? Am I normal? Puberty can be confusing. This book about puberty for girls helps you learn personal care, learn about hormones, learn about periods and period kits, and everything else you need to know as a teen. With prompts, quizzes, jokes, and diverse images, this book is designed to help kids from all backgrounds navigate puberty in a fun and comfortable way—without embarrassment.

**Information about puberty—from an expert.** Shanicia Boswell, the owner of *Black Moms Blog* and bestselling author of *Oh Sis, You're Pregnant!* returns with her new book, *Girl's Guide to Puberty and Periods*. Shanicia knows how important understanding puberty is, and presents here—the-period book for black girls or any AFAB teen.

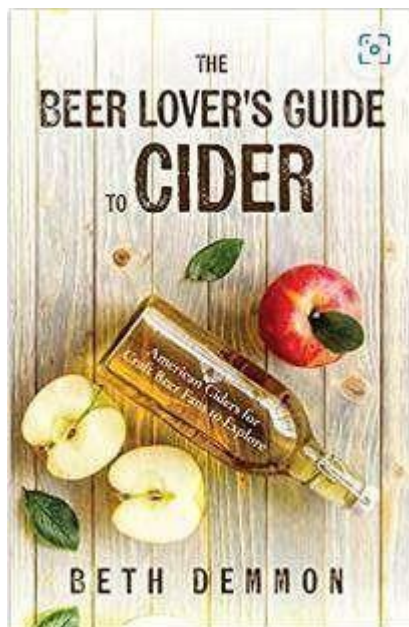
**Inside *Girl's Guide to Puberty and Periods*, you'll find:**

- Information about puberty, period kits, the occasional quiz about puberty or other topics, and prompts with space to record your answers
- LGBTQ+ friendly language and concepts
- Jokes about puberty and all the other stuff that comes with it

**If you liked *The Care and Keeping of You*, *The Period Book*, or *Celebrate Your Body(and Its Changes, Too!)*, you'll love *Girl's Guide to Puberty and Periods*.**

**About the Author: Shanicia Boswell** is an advocate for Black parenting, diversity, and helping women learn to put themselves first, in the midst of running her global parenting community of over half a million women. Shanicia has interviewed notable figures such as Michelle Obama and Meena Harris. Boswell's perspective on motherhood and womanhood have been featured on *OWN Network*, *Weekend Express HLN*, *Huffington Post*, *The New York Times*, *Washington Post*, and *Thrive Global*.





## The Beer Lover's Guide to Cider

Beth Demmon

### Selling points

- The demand for hard cider has increased ten-fold in the last decade.
- Author has credibility in the food and drink media.
- Discover the best craft ciders.

### About the book:

In this ground-breaking new book about hard apple beer, award-winning beverage journalist Beth Demmon invites lovers of beer to connect familiar flavors with the fastest growing and best gluten free beer alternative on earth: cider.

**Try something new and get into cider!** With simple guidance and easy-to-understand explanations, you don't need to be an expert to learn to love cider and make your own delicious drinks! Beth uses her beer knowledge to break down why certain tastes appeal, how certain categories overlap, and why you might just gravitate to distinct styles, regions, and approaches to cider making.

**Become a connoisseur on hard cider!** Learn how to see, smell, taste, and otherwise appreciate the craft of beer and cider. Award-winning beverage journalist Beth Demmon takes us on a journey to the future of the best craft ciders. *The Beer Lover's Guide to Cider* is the starting point for lay people and beer connoisseurs alike.

### In *The Beer Lover's Guide to Cider*, you'll find:

- A guide for gluten-free lovers to find the best craft ciders for their pallet
- A craft beer gift for any lover of beer looking to try a new drink with familiar flavors
- Beautiful images of delicious drinks, easy-to-understand and sensory-based explanations to create your own—all written by an expert

**If you liked *Fire Cider!*, *Cider Planet*, or *Cocktails, Mocktails, and Garnishes from the Garden*, you'll love *The Beer Lover's Guide to Cider*.**

**About the Authors:** Beth Demmon is an award-winning, San Diego-based freelance writer whose work has appeared in publications like Civil Eats, Saveur Magazine, PUNCH, VICE, Playboy, and many more. She is currently the beer columnist at San Diego Magazine and regular podcast host for Good Beer Hunting. She is also a certified beer judge through BJCP, Certified Cider Professional through the American Cider Association, and member of the North American Guild of Beer Writers. *The Beer Lover's Guide To Cider* is her first book. Visit her at [www.bethdemmon.com](http://www.bethdemmon.com).

## It's a Good World Because You're in It

A Book to Help with Anxiety and Depression from The Latest Kate

**Kate Allan**

### Selling points

- Author's books have sold nearly 200K
- Author has over 400K followers on social media.
- Meditations for overcoming anxiety and depression

### About the book:

The Latest Kate's inventive pairing of whimsical colors and friendly, smiling animals is the spoonful of sugar that makes the heavy subject matter approachable and non-threatening. In a world where mental health is increasingly a topic of concern, this collection is a welcome addition to any bookshelf or art wall, and its messages are equally applicable to adults and children.

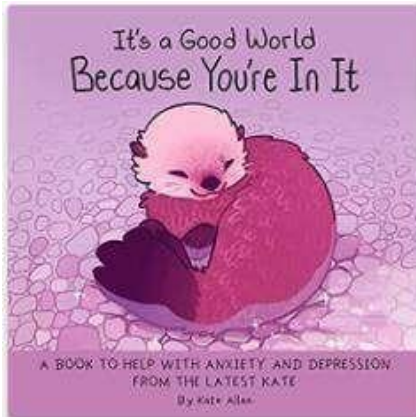
In this book you'll find:

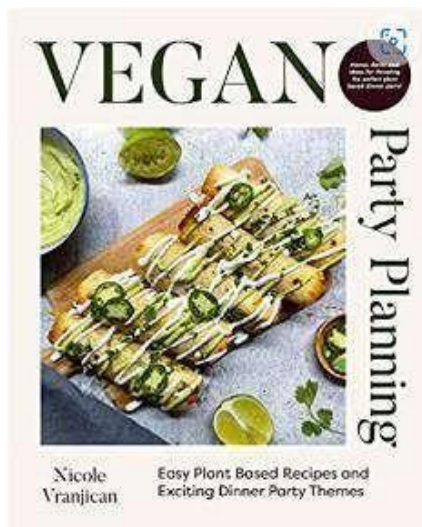
- Beautiful, whimsical, and colorful art
- Expressions of encouragement for any hardship you face
- A how-to guide for anxiety and depression
- Understanding and validation for your struggles
- Cute animals that believe in you!
- Tips for every time you feel inadequate, overwhelmed, or down on yourself

Anxiety sucks, but you don't. This book will show you how to get through the worst of it.

***It's a Good World Because You're in It* is a great gift for anyone who enjoyed *You Can Do All Things*, *Sweatpants & Coffee*, or the *Thera-pets Card Deck*.**

**About the Author:** **Kate Allan** is an author and illustrator from Washington State. She writes and draws about painful things but aims to make it okay with bright colors and sparkles. Under the handle The Latest Kate, she has a social media following of more than 400,000 people. Her work has been featured in *The Huffington Post*, *The Mighty*, *My Modern Met*, *Wear Your Voice Mag*, *The Patreon Blog*, *Sparklife*, and more. Visit her at <https://www.thelatestkate>.





## Vegan Party Planning

Easy Plant-Based Recipes and Exciting Dinner Party Themes

Nicole Vranjican

### Selling points

- Easy and delicious plant-based recipes for social occasions.
- Author has over 35K followers on Instagram.
- Author YouTube channel has over 164K subscribers.
- Fun, fast, simple and delicious.

### About the book:

This beautiful vegan cookbook includes unique recipes to try at home and party themes to entertain any guests. It is packed with tasty plant-based recipes set to delight even your hungriest guests!

**Entertaining your hungry friends just got easier!** Nicole Vranjican of “Nikki Vegan” created this vegan entertaining cookbook with you in mind. Take an elaborately fun and inviting tour through plant-based food recipes of the world, from the shores of Italy to the French countryside and beyond. This cookbook is a delightful guide full of easy vegan recipes and party themes that your guests will love.

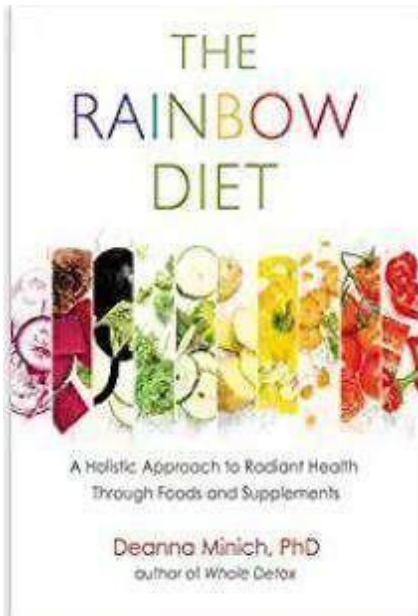
**These weekly menu ideas bring fun to every day!** Learn how to cook Greek Meatballs, Restaurant-Style Lasagna, decadent Mocha Almond Fudge Trifle, and so much more. Enjoy vegan appetizers and meals that are super simple to make all while using affordable and accessible ingredients. These plant-based foods and vegan recipes will keep your friends and family coming back for more.

### Inside, you'll find:

- Beautiful spreads of delicious recipes for vegan appetizers, meals, and desserts
- Easy vegan recipes for parties at home and elsewhere
- Guides on how to entertain guests, create an effective shopping list, and make your home feel more inviting.

If you're looking for a beautiful photography book of vegan recipes or vegan cookbooks, or if you liked *PlantYou* or *Making Vegan Meat*, you'll love *Vegan Party Planning*.

**About the Authors:** Nicole Vranjican is a full-time recipe developer and YouTuber living in Los Angeles, California. Ashe has weekly vegan recipes videos on her YouTube channel “Nikki Vegan.” Visit her at <https://nikkivegan.com>.



## The Rainbow Diet

A Holistic Approach to Radiant Health Through Foods and Supplements

Deanna M. Minich, Ph.D., C.N

### Key Selling Points:

- Maximize healthy and vitality by eating the rainbow.
- A guide to essential nutrients for mental clarity and emotional wellbeing.
- Original edition, published in 2018, has sold over 8,000 copies.
- Author is active on YouTube. Her videos have well over 100K views

### Book Description:

#### Eating Healthy Is Colorful, Not Complicated

Don't just eat your greens—eat your reds, yellows, and blues too. In *The Rainbow Diet*, nutritionist and health expert Dr. Deanna Minich introduces a cutting-edge way to achieve an inner rainbow of optimal health.

**A painted platter.** Forget about bland, colorless diet foods—it's time to taste the rainbow. Vibrant health begins when we add color to our diet with the right foods and supplements. Inside, find specific colorful foods, supplements, and recipes you can eat, as well as activities to help you heal and flourish. You'll learn how to make a colorful plate, featuring a rainbow spread of natural foods that provide your body with the essential nutrients necessary for mental clarity, emotional wellbeing, and spiritual fulfillment.

**Meals that heal.** *The Rainbow Diet* combines ancient healing and eating practices with modern nutritional science. Unlike most fragmented nutrition paradigms that solely assess food intake, *The Rainbow Diet* puts body, psychology, eating, and living together into one view.

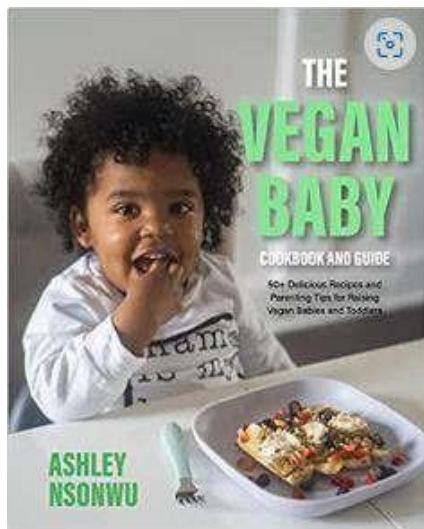
**An artist's palette, a foodie's palate.** Taking all aspects of your life into consideration, Dr. Minich gives readers an easy to follow transformational guide to attaining physical, mental, and spiritual health through colorful whole foods and natural supplements. Throughout, she uses the properties of color to help guide you, like:

- Yellow for the bright radiance of your intellect
- Red for the grounding, physical issues of your body
- Indigo for the deeper knowledge and intuition we all carry

**Go beyond primary colors and take in the entire color spectrum.** If you're interested in natural eating, and enjoyed books like *Whole Detox*, *Rainbow Green Live-Food Cuisine*, *What Color Is Your Diet?* and *Eat Your Colors*, you'll delight in *The Rainbow Diet*.

**About the author:** Dr. Deanna Minich is an author, scientist, speaker, teacher, and artist. She is an internationally recognized health expert with more than twenty years of experience in nutrition, mind-body health, and functional medicine. She has authored six books on health and over fifteen scientific publications, including *Whole Detox: A 21-Day Personalized Program to Break Through Barriers in Every Area of Your Life* (HarperOne, 2016). Currently, Dr. Minich teaches at the Institute for Functional Medicine and the University of Western States graduate program. Visit her at <http://www.drdeannaminich.com>.





## The Vegan Baby Cookbook

50+ Delicious Recipes and Parenting Tips for Raising Vegan Babies and Toddlers

**Ashley Nsonwu**

### Selling points

- Ultimate vegan cookbook for babies and toddlers.
- Over 50 delicious recipes
- Author has an engaged audience on Instagram (115K followers) and YouTube (41.4K)

### About the book:

Ashley Renne Nsonwu, an environmental activist and vegan mommy, created this vegan cookbook with your vegan baby in mind. This vegan cookbook for kids and toddlers is full of nutrition facts, parenting tips, and easy vegan recipes that your baby is sure to love!

**The perfect starter kit for vegan babies and toddlers.** Early childhood nutrition has a major impact on lifelong health—and a nutritious vegan diet can set your child up for long term success. Find out how raising kids vegan empowers them to care about animals, the planet, and their own bodies! This book dives into evidence-based nutrition guidelines, busting myths about veganism, the benefits of veganism, how to create a vegan shopping list, and how to navigate veganism in school and social settings.

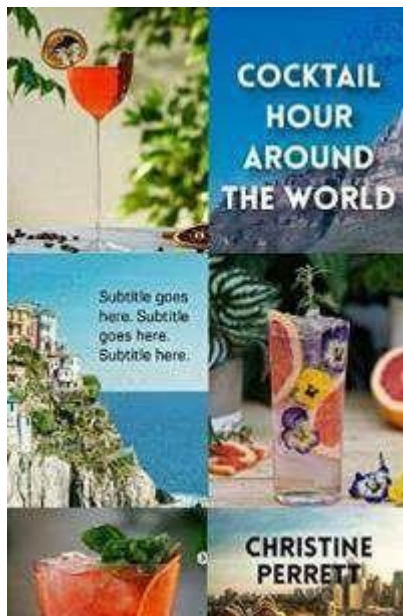
**Cooking for kids just got easier!** Each recipe in this vegan cookbook has plant-based food for toddlers and babies to enjoy all throughout the day. Get the inside scoop from Beyond, The Vegan Super Kid, on how to make vegan-friendly black bean taquitos, green pea patties w/ cumin lime sauce, mushroom penne pasta, and more for your plant-powered baby. This delicious vegan cookbook for kids makes preparing, cooking, and dishing out meals for a full house easy to do.

### Inside, you'll find:

- A vegan family cookbook and nutrition guide with your baby and/or toddler in mind
- One of the best books for cooking simple vegan meals for anytime of the day
- Ideas for shopping lists, recipes, and resources for your child to thrive
- 

If you enjoy special diet cookbooks or if you liked *The Plant-Based Baby and Toddler*, you'll love *The Vegan Baby Cookbook*.

**About the Author:** Ashley Renne Nsonwu is a Black and South Asian environmental activist, vegan mom and entrepreneur who advocates for People of Color, the planet, and animals. She is the influencer behind "Hey Ashley Renne", an on-camera host for Smart Healthy Green Living, board member of Climate Power, volunteer wildlife transporter for WREN, and a co-founder for a pro-planet multicultural beauty company called Hot Jupiter. Ashley's content inspires families to bridge individual action with systemic change to help end animal exploitation, protect our natural environment, and improve the health of our bodies through sustainable, vegan lifestyle changes—especially in communities of color.



## Cocktail Hour Around the World

Recipes and Stories and Cocktail Stories from 12 Exciting Countries

Christine Perrett

### Selling points

- Author has over 27,000 Instagram followers @atwistofcitrus
- Recipes & traditions from 12 countries..
- Cocktail and snack pairings.
- 

### About the book:

This delightful guide is made for craft cocktail enthusiasts and those looking for interesting happy-hour recipes—sit, sip, and celebrate your evenings away with *Cocktail Hour Around the World*. Jump into the history and the exciting lore of cocktail hours from twelve aperitif-loving countries.

**Learn about different cultures.** This engaging and beautifully photographed book features the history and lore of cocktail hours from around the world. From an aperitivo in Italy, aperitifs in France, sundowners in South Africa, and to happy hours in America, pre-dinner cocktail hours are a time to gather and celebrate the evening to come.

**Taste your way around the world.** This book is a geographical tour of interesting cocktails from different countries and their accompanying appetizers. A fabulous gift for home bartenders, this interesting cocktail coffee table book is full of recipes and stories so you can experience happy hours around the world right at home.

### Inside *Cocktail Hour Around the World*, you'll find:

- Interesting cocktail and snack pairings
- Recipes and traditions from 12 countries
- Beautiful photographs of recipes, cocktails, and more

This book is for craft spirits and cocktail enthusiasts as well as people looking for interesting happy hour appetizer recipes. It is for people who like to learn about different cultures, love travel, are engaged with the world, and armchair travelers who love to get together with friends over happy hour. It will also make a fabulous gift book for home bartenders.

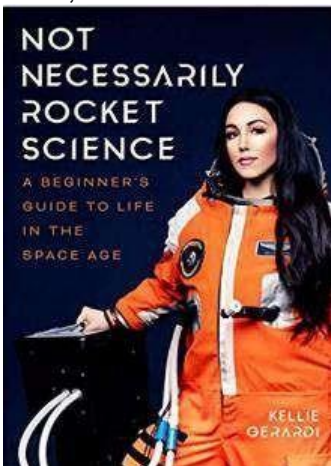
**About the Author: Christine Perrett** was born and raised in South Africa but now lives in Australia. She's a photographer and cocktail enthusiast who is part of a close-knit community of mixologists, cocktail instagrammers, and bloggers.



Also by Kellie Gerardi  
Over 8,000 sold



Over 5,000 sold



Rights sold: Spanish, Korean, Polish



## Luna Muna Space Café

Kellie Gerardi

### Selling points

- Author has over 600K Tik Tok followers.
- Lear about teamwork, creative thinking, and outer space.
- Adventures for kids 4 to 8

### About the book:

In this latest four-color space adventure, intrepid child space explorer opens a space café. **future space explorer, takes us on another adventure with some out-of-this-world treats in the mix!**

**When Luna Muna's science class hosts a bake sale fundraiser**, Luna opens her very own space café. Running a bakery isn't as easy as she expected! Just when everything is starting to look like one giant, galactic mess, Luna Muna discovers that teamwork and creativity just might be able to save the day... and the treats!

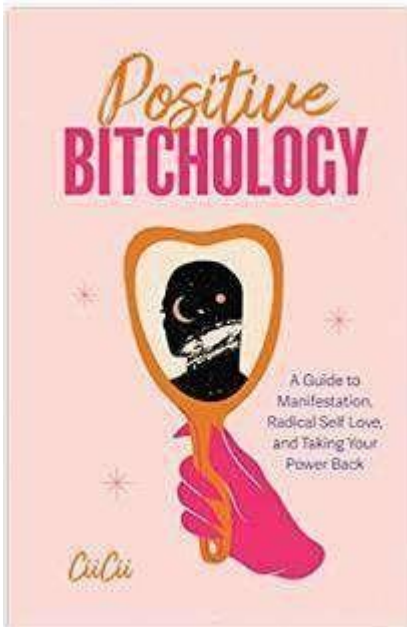
**Learn about teamwork, creative thinking, space travel and space facts.** Luna Muna is determined to open up her very own space café and create cosmic treats. After a series of messy mishaps, friends with helping hands save the day! Throughout her bake sale adventure, Luna Muna teaches about outer space, our solar system, space facts, and the mysteries of the universe with delicious baked treats. *Luna Muna: Space Café* is perfect for future space explorers, scientists, and parents looking for space books for kids. *Luna Muna: Space Café* is also the perfect book for 4 year olds and older who love adventure, imagination, space, science, or treats!

### Inside, you'll find:

- A recipe for your own cosmic and delicious treat
- A space adventure that teaches about teamwork and creativity
- Beautiful illustrations of Luna Muna, the Space Café, and yummy treats
- An early understanding of space exploration, space facts. and astronomy for kids

**About the Author:** Kellie Gerardi is an aerospace and technology professional, a popular science communicator, and a commercial astronaut flying to space on a dedicated research mission with Virgin Galactic. Kellie is the author of *Not Necessarily Rocket Science* and the children's picture book series *Luna Muna*. Kellie lives in Jupiter, Florida with her husband and their daughter Delta V. You can follow her adventures on social media @kelliegerardi.

**About the illustrator:** Allyson Wilson is a graphic designer and illustrator who loves creating fun environments full of detail, (and she thinks there's no such thing as too much sparkle!). She lives in Pennsylvania.



## Positive Bitchology

A Guide to Manifestation, Radical Self-Love, and Taking Your Power Back

CiiCii

### Selling points

- The author has 415K followers on TikTok.
- A self-love Bible by the everyone wishes they had.
- Hip, sassy, and fun—the guide for every young woman.

**About the book:** This book is the red-carpet leading you back home to yourself. With intros to habit tracking, journaling, and affirmations, *Positive Bitchology* gives you all the self-love rituals and mantras you need to glow up and be that girl. This must-have guide empowers unshakable self-esteem through creating positive habits and thoughts.

**Confidence culture—made easy.** Is it time to shake up your life? Sick of feeling unfulfilled? Looking at “it” girls and wondering how? *Positive Bitchology* is all about healing negative patterns through radical self realization, self love, and growth—all with that positive energy that only a big sister can bring.

**A self-love bible by the big sister you wish you had.** Business owner, life coach, and host of the transformative podcast *That Bitch is Positive*, CiiCii brings the energy and experience you need for true self realization and transformation into a total B.I.T.C.H. (Babe In Total Connection With Herself/Human Self).

### In *Positive Bitchology*:

- Find out who you are vs. who you think you are for real self-love and growth to begin.
- Unearth concrete, buildable steps to take back your power and build your dream life.
- Learn skills like journaling, positive affirmations, and manifestation for beginners.

**If you enjoy self-confidence books for women such as *After the Rain* or *Be That Unicorn*, you'll love *Positive Bitchology*.**

**About the author:** CiiCii, is a multi-hyphenate creative, who first became a content creator by sharing her mental breakdown: BREAKTHROUGH, spiritual awakening insights, and life coaching tips on TikTok, growing a following of over 300,000 people. She lives in LA.