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MICHAEL JOSEPH**

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TRANSLATION RIGHTS GUIDE

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**HISTORY,  
CURRENT  
AFFAIRS &  
SCIENCE**

# The House on the Canal

Thomas Harding



Following Thomas Harding's Orwell Prize-nominated *The House by the Lake*, comes *The House On the Canal*, a poignant reflection on one of the most famous buildings in the world - the Anne Frank house, Amsterdam - and what it means to tell histories through place

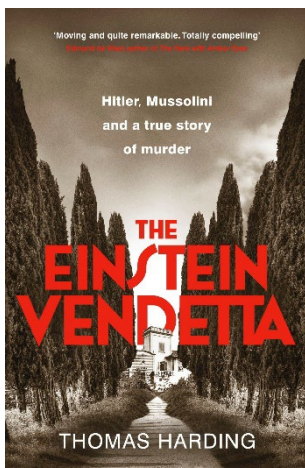
Using an investigative lens that stretches back across 400 years, Thomas Harding records the life of Anne Frank and her family on the banks of the Prinsengracht canal in Amsterdam. The Frank family's life is crosscut with dynamic tales of the other occupants of the building throughout history. Today the house on the canal is home to a museum established by Anne's father Otto, preserving the legacy of Anne Frank and the enduring inspiration of the building.

**Imprint:** Michael Joseph  
**Editor:** Jillian Taylor  
**Extent:** 256 pp  
**Pub Date:** 25 February 2027

Thomas Harding encourages us to reflect on the importance of the built environment and its role in facilitating memory and collective remembering.

**Rights Sold:**  
 Dutch (Uitgeverij De Arbeiderspers)

**Thomas Harding** is a bestselling author of historical non-fiction. *The House on the Canal* follows the international acclaim of *The House by the Lake* which was shortlisted for the Costa Book Award for Biography and published in 7 territories. Thomas has also previously written several investigative non-fiction books which are currently in development to be serialised for television, including *Blood on the Page*. Thomas's previous book, *The Einstein Vendetta*, was sold in 5 territories.



# Henry VIII

Joanne Paul



**Imprint:** Michael Joseph  
**Editor:** Jillian Taylor  
**Extent:** 384 pp  
**Pub Date:** 15 April 2027

**Acclaimed historian Joanne Paul charts the rise and legacy of one of history's most notorious monarchs, Henry VIII, through the tyranny that characterised his reign**

As the king's youngest son, Henry VIII was unlikely to ever occupy England's throne. While the court primed his older brother, Arthur, for kingship, Henry was raised as a model prince, instructed in lessons of virtue and chivalry that would set him up as a shining example to the kingdom. But with Arthur's premature death, so began Henry's reign – one now infamous for its brutality, bloodshed and tyranny.

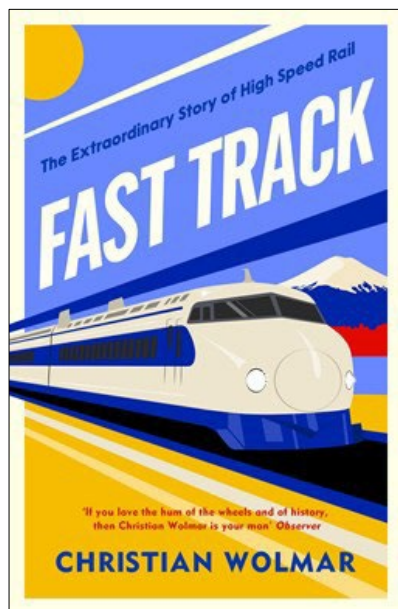
How did this promising young man, raised by such noble tenets, go on to reign as one of England's most reviled kings, famed less for his leadership ability than for his philandering, extravagance and thirst for power? Henry VIII will bring to life the psychological warfare, scheming and terror of the Tudor court, and cast new light on a bygone world that bears a striking similarity to today.

**Joanne Paul** is a writer, broadcaster, consultant, and Honorary Senior Lecturer in Intellectual History at the University of Sussex. A BBC/AHRC New Generation Thinker, her research focuses on the intellectual and cultural history of the Renaissance and Early Modern periods. She has written for the Cambridge University Press 'Ideas in Context' series and has been widely praised for her work on Thomas More, William Shakespeare, Machiavelli and Thomas Hobbes.

## Fast Track

### The Extraordinary History of High Speed Rail

Christian Wolmar



**Imprint:** Michael Joseph

**Editor:** Rowland White

**Extent:** 400 pp

**Pub Date:** 23 July 2026

**A global history of high speed rail, from the railways' "wisest, most detailed historian" (*The Observer*)**

Awesome machines. Incredible engineering. The story of high speed rail is one of politics, international rivalry, success and failure.

It is a truly global race toward innovation, from competitions between rival rail companies during the golden age of steam in the UK, to the legendary Japanese bullet train (built for the 1964 Tokyo Olympics), and from the French TGV through to China's increasing dominance in the field.

Yet astonishingly, in over sixty years of cutthroat competition there has never been a high speed rail fatality.

"High priest of railway studies" Christian Wolmar brings the story of high speed rail to life like none else can.

**Christian Wolmar** is an award-winning writer and broadcaster specializing in transport, and the author of a series of books on railway history. Acknowledged as one of the UK's leading commentators on transport matters, he is a frequent speaker at conferences, regularly appears on TV and radio, and writes for a wide variety of publications including *The Times*, *The Guardian*, *The Oldie*, and *Public Finance*. His books include *The Great British Railway Disaster* (1997), *Stagecoach* (1999), *Down the Tube* (2002), *The Subterranean Railway* (2004), *Broken Rails* (2001, updated 2005), *On the Wrong Line* (2005), *Fire and Steam* (2009), *Blood, Iron and Gold* (2009), *Engines of War* (2010), *The Great Railway Revolution* (2013), and *Railways and The Raj* (2017). He has been described as "our most eminent transport journalist" by *The Spectator* and "the greatest expert on British trains" by *The Guardian*.

**MEMOIR &  
NATURE  
WRITING**

# Is It Too Late to Make a Run for It?

## A Memoir

Judi Dench



**Imprint:** Michael Joseph  
**Editor:** Daniel Bunyard  
**Extent:** 400 pp  
**Pub Date:** 22 October 2026  
**Rights Sold:** US (St Martin's Press)

**The book we've all been waiting for, national treasure Judi Dench opens her almost inexhaustible collection of memories from life and acting**

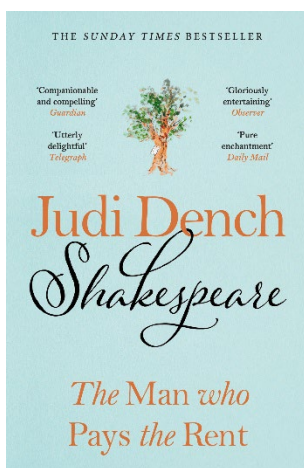
Join Judi as she lifts the curtain on cherished memories and hilarious anecdotes from seven decades of performing with some of the greatest names in theatre.

Step behind the camera as she reprises her most famous roles, such as M in *James Bond*, Iris Murdoch and Queen Victoria.

Walk with her through her garden as we meet the real Judi, surrounded by the home she built with her beloved late husband Michael.

At turns deeply touching and riotously funny, *Is It Too Late to Make a Run for It?* is a memoir that shows Judi at her inimitable best: telling the stories of a lifetime spent as one of the world's best-loved performers.

**Dame Judi Dench** is one of the world's most celebrated actresses. She has won numerous major awards for work on both stage and screen – including an Academy Award, ten BAFTAs and a record eight Laurence Olivier Awards. In recognition of her many achievements she received an OBE in 1970, became a DBE in 1988, and in 2005 was awarded a Companion of Honour. Michael Joseph published Dame Judi's *Sunday Times* Bestseller *Shakespeare: The Man Who Pays The Rent* in 2025. Rights sold in the USA (St Martin's Press), Bulgaria (Locus Publishing House), China (Shanghai Bookstore Publishing House), Croatia (Naklada Ljevak), Germany (Kampa Verlag), Italy (Edizioni del Faro) and Spain (Alfaomega).



## Into the Wild

Lucy Shepherd



**Imprint:** Michael Joseph

**Editor:** Rowland White

**Extent:** 320 pp

**Pub Date:** 16 April 2026

**“This is not just a story of an extreme journey, but of courage, humility and growth. Lucy Shepherd writes with honesty and heart and this book is a powerful reminder that exploration is still alive” BEAR GRYLLS**

**Explorer and presenter Lucy Shepherd tells the riveting story of her trek across an untouched swathe of the Amazon rainforest**

What does it really take to become an explorer? To travel beyond maps and certainty. To face fear... and keep going. To step away from comfort and convenience – and rely on instinct, teamwork and resilience when there’s no clear way forward. Inspired by the extraordinary journeys of previous generations, Lucy Shepherd set out to find out.

Leading a small all Indigenous Amerindian team of explorers across Guyana’s faraway Kanuku Mountains, Lucy travelled through dense jungle and treacherous rivers, enduring hunger, injury and illness along the way. The rainforest was alive with constant threat: bushmaster snakes, jaguars, caiman alligators, fire ants and flesh-burrowing parasites. Fifty days after being dropped into the wilderness, the team finally reached their destination.

By turns thrilling, warm and inspiring, this is the story of a childhood dream made real. And a passionate reminder that our world’s wild places still matter, not just for what they reveal about the planet, but for what they reveal about us.

**Lucy Shepherd** is at the forefront of modern exploration, with expeditions spanning tropical rainforests, remote mountain ranges and polar environments. She gained international recognition with Channel 4’s *Secret Amazon: Into the Wild* and her new series *Secret Africa: Into the Wild*, out 2026. She documents epic journeys alongside Indigenous teams. Intimate, immersive and deeply human, Lucy’s stories explore resilience, friendship and the idea that life is to be lived – whilst highlighting why the protection of our planet’s wild places matters now more than ever.

Made the youngest ever fellow of the Royal Geographical Society aged just twenty-three, Lucy Shepherd has been described by *The Times* as “the most hardcore member of a new generation of British adventurers’ following in the footsteps of the Bear Grylls, Bruce Parry, Levison Wood and Ed Stafford.

# **LIFESTYLE & PERSONAL DEVELOPMENT**

## Why We Love to Hate Ourselves

Owen O'Kane



Michael Joseph  
Ione Walder  
352 pp  
7 January 2027

### How to tackle negative self-talk and learn to treat yourself with compassion

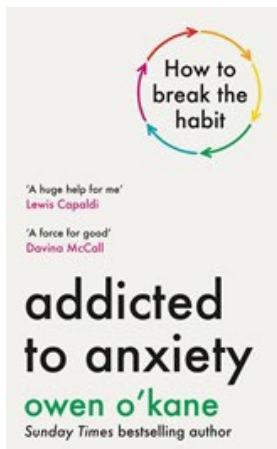
Have you ever considered how you speak to yourself? Do you forgive yourself when you make a mistake? Or do you label yourself a failure?

For most of us, negative self-talk is an unconscious habit that we barely realise we're doing. But psychotherapist Owen O'Kane believes our tendency to criticize, doubt, judge or *hate* ourselves can have a devastating impact on our mental health.

Breaking this habit can change your life. With Owen's simple three-step method, you will learn to recognize, unpick and reprogram hard-wired thoughts and behaviours to build a resilient new relationship with yourself, full of freedom, happiness and self-respect.

## Addicted to Anxiety

Owen O'Kane



Michael Joseph  
Ione Walder  
352 pp  
20 February 2025

### A groundbreaking new approach to treating anxiety as an addiction, from one of the UK's foremost mental health experts

Anxiety is a normal and sometimes healthy process, but in a world that feels increasingly unsafe and unpredictable, many of us find ourselves in its grip far more than is comfortable or truly necessary. If you subconsciously believe that worrying or investing in your anxiety will keep you safe, it is easy to get unwittingly hooked on it. To break free of anxiety, you must break free from the underlying beliefs that you cling to and the cyclical thoughts that perpetuate it.

*Addicted to Anxiety* will help you understand anxiety from the perspective of addiction, identifying your triggers and learning how to break your habits and actively replace them with new, more productive behaviours. It will put the power back in your own hands to live a calmer and less anxious life.

**Rights Sold:** Albanian (Botart Publishing), Arabic (Jarir Bookstore), Brazilian Portuguese (Companhia Das Letras), Bulgarian (Ergon Publishing), Chinese Simplified (Guangxi Normal University Press), Croatian (Stilus Knjiga), Czech (Grada Publishing), Dutch (Kosmos Uitgevers), Estonian (Pegasus Publishers), German (MVG), Hungarian (HVG Kiado), Italian (Giunti Editore), Korean (Woongjin Think Big), Polish (Znak), Portuguese (PRH Grupo Editorial Portugal), Romanian (Editura Trei), Slovak (Silverzen Ultimo Press), Spanish (PRH Mexico), Thai (Amarin Printing & Publishing), Turkish (Pegasus Publishing), Ukrainian (Vivat Publishing), US (St Martin's Press)

**Owen O'Kane** is a specialist psychotherapist and one of the UK's leading mental health experts with over twenty-five years of experience in physical and mental health. As a former NHS mental health clinical lead and a *Sunday Times* bestselling author of three previous books, Owen has a gift for making complex information accessible and understandable. Owen is the resident expert on BBC Radio 5 Live, helping listeners manage their everyday fears, and is a regular podcast guest. He speaks regularly at wellbeing festivals and conferences, as well as acting as a script advisor for BBC Drama on psychological matters. He delivers all of his work with great passion and is known for his down-to-earth approach, warmth and sense of humour. Owen lives in West London with his partner and dog.

# From Hoping to Having

## Julie Poole



**Imprint:** Michael Joseph  
**Editor:** Ione Walder  
**Extent:** 288 pp  
**Pub Date:** 18 June 2026

**A step-by-step transformational guide to realise your power, reset limiting beliefs and manifest the abundant, rewarding life you deserve.**

*Are you struggling to create the life you want, that you deserve? It's my promise to you that the life that you truly want is there waiting for you and I want to help you to step into it.*

In *From Hoping to Having*, Law of Attraction coach and spiritual teacher Julie Poole shares her powerful '3 Rs' framework — Remember, Reset, Receive — to help readers look past limitations and consciously create their best life.

Drawing on decades of therapeutic practice, intuitive guidance and lived experience, Poole shows how to realign thoughts, energy and behaviour with true worthiness, eradicate long-held blocks and step confidently into a life of abundance, freedom and joy.

Warm, practical and deeply empowering, this is the ultimate guide to moving beyond wishful thinking and into intentional, liberating and active change.

**Julie Poole** is a Law of Attraction coach, Hypnotherapist and spiritual teacher who has been supporting and inspiring people for more than four decades. Her writing blends practical self-help with spiritual insight, showing readers how to align with the Law of Attraction, heal emotional wounds, and consciously create the life they desire. She seeks to guide her global audience, including a YouTube community of 270k followers, towards personal power, peace, and spiritual growth.

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### **GENERAL FICTION**

Marian Keyes, Jojo Moyes, Liane Moriarty, Lesley Pearse, Dawn French, Stephen Fry. Our novelists are recognised around the world as the finest storytellers anywhere. These are writers that readers come back to every year because, without fail, they tell entertaining, thrilling and, above all, enjoyable stories every single time. We sign up and launch only those debut novelists whose stories we believe the world will fall in love with. Whatever you're interested in we have a bestselling author to spin you a bewitching tale.

### **CRIME FICTION**

Penguin Michael Joseph's crime and thriller list is not stuffed with the usual suspects. Each and every one of our writers, has their own unique – and sometimes maverick – take on their field. Whether it is historical epics or action-packed adventures, missing-person cases or twisty psychological thrillers, our bestselling authors strive to bring something new to the genre. You can count on us for gripping adventures from Clive Cussler to Gregg Hurwitz, Tim Weaver, C. J. Tudor, Gillian McAllister and Claire Douglas.

### **NON-FICTION MEMOIR**

It could be the secrets behind the success of the already famous or it could be a newly discovered tale – either way, we turn our authors' memoirs into memorable bestsellers. We only seek out people who've got a real story to tell, one that we believe readers are dying to hear and we help our authors connect with their audiences, hosting events up and down the country, where they can meet legions of fans, old and new. Dive into the worlds of names such as Stephen Fry, Daisy-May Cooper, Jeremy Clarkson and Raynor Winn.

## **COOKERY**

Penguin Michael Joseph has been home to the country's bestselling cookery writer – Jamie Oliver – for over twenty years. As he has grown in stature so our list has swelled to include the brightest, freshest chefs, food writers and dieticians, helping us all to create scrumptious treats as well as eat healthily, cater for big occasions or cook family meals that cost just a few pennies. Our popular cookery authors include Nadiya Hussain, Giuseppe Federici and Clare Andrews.

## **NON-FICTION LIFESTYLE**

When it comes to books about how we live, Penguin Michael Joseph has the best authors with the very best advice. Whether you're seeking happiness through cleaning, wanting to feel energised and revitalised, looking for help with exercise or some style advice, or embarking on a full mindfulness regime, you're only a few pages away from a healthier, happier you. Our list of lifestyle books features confidence-boosting lifestyle hacks from Dr Julie, goal-getting tips from Roxie Nafousi and, of course, the unstoppable Queen of Clean, Mrs Hinch.