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**ARTS,
CULTURE
& HISTORY**

History's Greatest Photographs

Dominic Sandbrook and Chris Floyd



Imprint: Michael Joseph

Editor: Jillian Taylor

Format: Hardback

Trim Size: 153mm | 234mm

Extent: 320 Pages

Pub Date: 23 September 2027

The 100 most remarkable photographs in human history, and why they matter

Modern history is incomprehensible without understanding the part played by great photographs. When the Titanic sank, when the Nazis gathered at Nuremberg, when atomic mushroom clouds rose over Japan, when the first men walked on the moon, when Donald Trump pumped his fist in the air after escaping death: photographs have played a central role in the way we understand events.

Photography has been central to the story of politics and power – every significant world leader has known that few things convey a message more quickly and more profoundly than a single striking image.

In the brilliantly accessible and commercial *History's Greatest Photographs*, Dominic Sandbrook and Chris Floyd curate 100 of the most remarkable photographs in modern history – from politics and war, elections and demonstrations, to the rise of Hollywood and the celebrity culture that came with it, and to the lives of ordinary people at work and play, in the factory and the office, watching sport or on holiday, on public display and in their most intimate moments – with Dominic's text examining what the photographs show us and why they matter.

There are books on photography and books on history, but no book like this – combining the expertise of an acclaimed historian and one of the world's leading photographers – has ever been written before. And yet modern history is incomprehensible without photos, and as we enter a new era of AI, in which photograph-like images can be constructed in a few clicks, this book will serve as a definitive memorial to the era during which the camera was still a reliable – and, they argue, crucial – witness.

Dominic Sandbrook (@dcsandbrook) is one of Britain's best-known historians. An acclaimed author, he writes a fortnightly column for *The Times* and is a Visiting Professor at King's College London. He has made many TV and radio documentaries, and is co-host of *The Rest is History*, the most popular history podcast in the world.

Chris Floyd (@chrisfloyd) is one of Britain's leading photographers. His pictures have appeared in *Vogue*, *Vanity Fair*, *The New Yorker*, *The New York Times* and *The Sunday Times*, as well as countless other publications. He has photographed Paul McCartney, David Bowie, Gillian Anderson and Steve McQueen, to name but a few of his subjects.

The Secret Lives of Clothes

A Material History

Serena Dyer



Fashion historian Serena Dyer brings experiences of the past to life through the captivating stories of 60 garments from around the world

Clothes are holders of memories and mysteries. Through each stain and rip, wear and tear, pull and mend, they record our stories. But more than just the sentimental keepers of family and personal lore, they tell us who we are and what we want to be.

Through a series of fascinating vignettes, fashion historian and historical dress maker Serena Dyer shares a cultural history of clothes in 60 enduring relics. From the elaborate vestments of famous leaders like Catherine the Great to some of the oldest tunics from ancient Egypt and even a wool coat that survived the sinking of the Titanic, Dyer reveals how clothes have been imbued with significance throughout the world in the ways we make, mend, preserve and wear them.

Imprint: Particular Books

Editor: Josephine Greywoode

Format: Hardback

Trim Size: 234mm | 153mm

Extent: 224 Pages

Pub Date: 6 May 2027

Rights Sold: US & Canada
(Simon & Schuster)

Deciphering every fibre and stitch, we discover how the materials of our ancestors' clothes connected them to their environments and what they say about major historical innovations in technology and engineering.

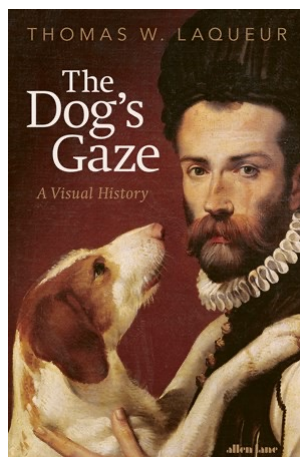
In The Secret History of Clothes, Dyer brings us closer to what it feels like to live, breathe and move in the past than ever before.

Serena Dyer ([@dressing.history](https://twitter.com/dressing.history)) is an Associate Professor of Fashion History at De Montfort University and a historical dressmaker. Her writing has appeared in *The Independent*, *History Today*, and *History Extra* and she has been interviewed for *Vogue*, *Elle* and the BBC. Serena is a regular spokesperson on the radio, and is the presenter of *Fashion Through History*. Alongside her public history work with English Heritage, she has curated and contributed to exhibitions at the V&A Museum, Foundling Museum and Historic Royal Palaces.

The Dog's Gaze

A Visual History

Thomas W. Laqueur



Imprint: Allen Lane

Editor: Stuart Proffitt, Sam Fulton

Format: Hardback

Trim Size: 234mm | 156mm

Extent: 400 Pages

Pub Date: 7 May 2026

Rights Sold: US (PRH US (Penguin Press)), Polish (Marginesy)

What do dogs do in art?

Long before the phrase 'man's best friend' became common parlance, dogs were already standing beside us in art as in life. In *The Dog's Gaze*, the historian Thomas W. Laqueur invites us to explore why they feature more than any other animal in the ways in which we picture ourselves and our stories.

Dogs have been ubiquitous in the worldmaking of visual artists as far back as the Palaeolithic age. Looking across the western tradition, from Giotto to Goya and Rubens to Rego, Laqueur shows what their presence – as hunting partners, beloved friends and even conduits to the afterlife – reveals about our own ways of seeing and how we want to be remembered. Far from being mere motifs, dogs are an integral and intentional element of the images in which they appear: they provide narrative coherence; they look out and bear witness, often on the artist's behalf; they illuminate our understanding of morality and melancholy and some, like us, become celebrities. Indeed, as the author shows, dogs in art are our social doppelgängers, our companions in looking and being.

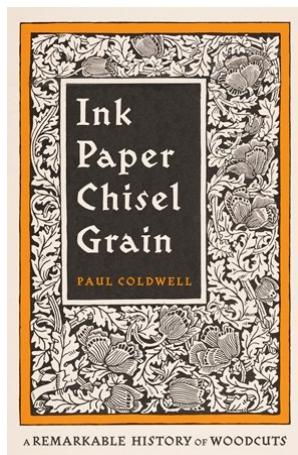
Richly illustrated and lovingly written, *The Dog's Gaze* is a unique visual history that examines the shared social history of our two species and offers fresh insights into the human condition through the eyes of our canine companions.

Thomas W. Laqueur is the Helen Fawcett Distinguished Professor of History Emeritus at the University of California, Berkeley. An internationally renowned cultural historian, he has published books on topics ranging from working class religion and education during the industrial revolution to the history of sexuality and the body. He is a member of both the American Academy of Arts and Sciences and the American Philosophical Society, and recipient of the 2007 Mellon Foundation Distinguished Achievement in the Humanities Award and the 2016 Cundill Prize for Historical Literature. His work has been translated into twenty languages.

Ink Paper Chisel Grain

A Remarkable History of Woodcuts

Paul Coldwell



Imprint: Michael Joseph

Editor: Jillian Taylor

Format: Hardback

Trim Size: 234mm | 153mm

Extent: 400 Pages

Pub Date: 3 September 2026

An extraordinary exploration of the world's humblest form of art — the woodcut — tracing its history from the Chinese Han Dynasty through Renaissance Europe, to the modern day

For almost two thousand years, artists have transformed a piece of wood into meaning by cutting its surface, inking the block and transferring the image to paper, creating some of the most significant works in art history, like Hokusai's *The Great Wave* and Dürer's *Apocalypse*.

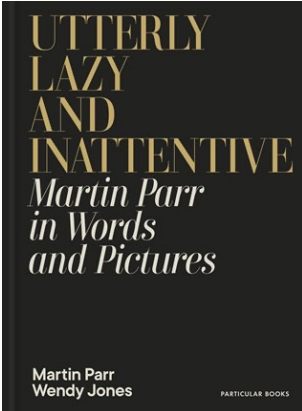
This is a book about why the woodcut matters and why its power to shock, thrill and inspire has never diminished. From third-century China to the present day, it explores how we have used the medium to visualise ideas, capture key moments in history and shape our societies, and tells the story of the art form itself in all its historical, artistic, cultural and intellectual significance.

Perfect for fans of *Meetings with Remarkable Manuscripts* by Christopher de Hamel or *The Story of Art Without Men* by Katy Hessel, *Ink Paper Chisel Grain* elegantly and engrossingly plunges us into a world of hidden messages, political uproar, secret courtings and bitter wars as it explores the importance of this distinct but often overlooked artform through fourteen thematic chapters. It introduces us to kings, emperors, queens, poets, witches, dissidents, librarians, printers and scientists as well as artistic greats like Gauguin, Lucas Cranach the Elder and Milton Avery, and in doing so, Coldwell creates a brilliant visual tapestry and instigates a kind of cultural detective work.

Paul Coldwell is an artist, curator, researcher and writer who has worked with and studied woodcuts for more than fifty years. His work has been exhibited in numerous public collections, including the Tate, the V&A, the British Museum, the Musée d'art et d'histoire (Geneva) and MoMA (New York), and since 2001 he has been a Professor in Fine Art Printmaking at the University of the Arts London. He has been a regular contributor to publications including *Art in Print*, *Printmaking Today* and *Print Quarterly*, and he is the author of several books, including *Printmaking: A Contemporary Perspective*.

Utterly Lazy and Inattentive Martin Parr in Words and Pictures

Martin Parr



Martin Parr’s legacy book: one of the most popular photographers on the planet recounts his life and art – and gives us a love song to queues, church fêtes, and Spice Girls-themed crisps

When Martin Parr was fourteen, his teacher wrote that he was ‘utterly lazy and inattentive’ in a school report. He went on to become one of the most successful and sought-after photographers in the world. Over the course of his life, Martin published over one hundred photobooks on many different subjects, from seaside resorts to smoking. Now, published before his sad death last year, *Utterly Lazy and Inattentive* sees Martin producing a book about himself, telling his own story, in his own words.

This autobiography combines over 150 of Martin’s photographs – from his earliest snapshots to the work he did most recently – with his recollections and reflections on each image. We meet a boy growing up in suburbia, who collects obsessively and notices everything. We see him exploding into the public consciousness in the late eighties with a series of startling, ultra-saturated colour images of the British seaside – and scandalising the photography establishment in the process. We see society changing over the decades, from the demise of steam trains, through the opening of the first McDonald’s in Moscow, to the transformations of the post-pandemic world.

As Martin shares his story, his distinctive voice delicately captured by his friend, the writer Wendy Jones, he also reveals his approach to work and commissions; his tricks for gaining access and getting the shot; and he divulges his particular passions: for crowds and queues, fetes and placards, bad weather on beaches, and more.

‘Poignant, deeply personal ... It includes the stories behind some of Parr’s most iconic photographs, all told with his signature dry humor ... *Utterly Lazy and Inattentive* reflects how Parr approached photography — and life — with infinite wonder and curiosity’ - *The New York Times*

Martin Parr ([@martinparrstudio](https://www.instagram.com/martinparrstudio)) was one of the world’s most famous and successful photographers, particularly celebrated as a searing and witty documentarian of British life. President of the Magnum Photo agency from 2013-17, he passed away in December 2025 aged 73.

Wendy Jones is a writer based in London. She is the author of seven books, including the bestselling *Grayson Perry*, *Portrait of the Artist as a Young Girl*. She has a PhD from Goldsmiths on writing interview-based biographies.

Imprint: Particular Books

Editor: Chloe Currens

Format: Hardback

Trim Size: 246mm | 182mm

Extent: 312 Pages

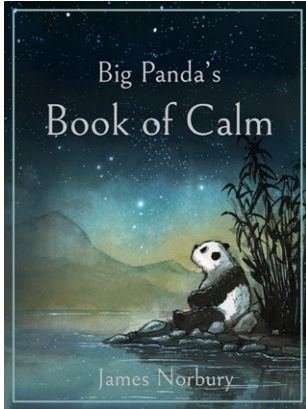
Pub Date: 4 September 2025

Rights Sold: *US* (Rizzoli International), *French* (Editions Michel Lafon), *Chinese Simplified* (Zhejiang Photographic Press), *Brazilian* (Editora Olhares)

GIFT & ILLUSTRATION

Big Panda's Little Book of Calm

James Norbury



Imprint: Michael Joseph
Editor: Daniel Bunyard
Format: Hardback
Trim Size: 176mm | 126mm
Extent: 128 Pages
Pub Date: 8 October 2026

Rights Sold: *Dutch* (Fontaine Uitgevers), *US & Canada* (HarperCollins (Harper Morrow))

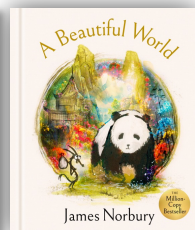
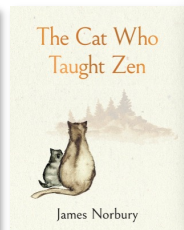
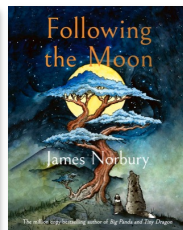
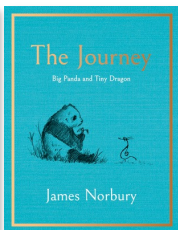
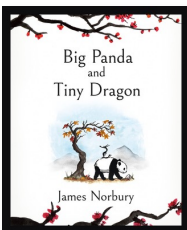
A beautifully illustrated pocketbook of calm from the million copy, globally bestselling author of *Big Panda* and *Tiny Dragon*

From the globally bestselling author-illustrator James Norbury comes *Big Panda's Little Book of Calm*, a collection of gentle wisdom, tender reflections and serene illustrations from beloved character Big Panda, helping readers find stillness, presence and peace amid life's everyday noise. With Big Panda as our wise and gentle guide, this enchanting little book reminds us to seek out moments of quiet and contentment – even on the busiest days.

A portable, pocket-sized invitation to pause, breathe and rediscover stillness. A perfect gift for anyone in need of calm, comfort and clarity as the year draws to a close.

James Norbury (@jamesnorburyofficial) is an artist, author and illustrator with a love of nature and animals. James was born in the Forest of Dean and he's spent most of his life writing and drawing. He studied Zoology at university and after graduating he moved to Ireland. James now lives back in Swansea with his wife and their seven cats. He is the founder of Swansea Cats and Kittens, which he runs with his wife.

Previously published:
Big Panda and Tiny Dragon
The Journey
The Cat Who Taught Zen
Following the Moon
A Beautiful World



Tiny Dragon's Little Book of Hope

James Norbury



A beautifully illustrated pocketbook of hope and renewal from the million copy, globally bestselling author of *Big Panda* and *Tiny Dragon*

Following *Big Panda's Little Book of Calm*, *Tiny Dragon's Little Book of Hope* offers quiet inspiration for the year ahead. With Norbury's signature warmth and wisdom, these uplifting reflections and delicate illustrations encourage readers to see beauty, courage and light even in life's darker moments.

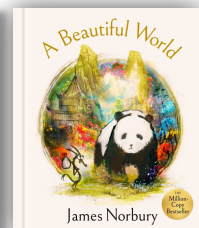
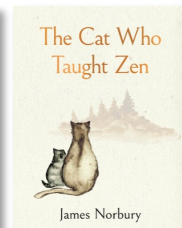
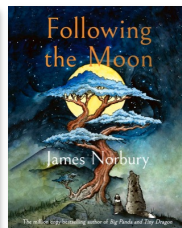
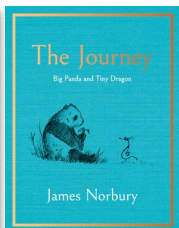
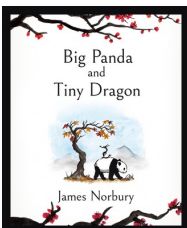
Tiny Dragon's hopeful voice reminds us that, no matter how small the glimmer, hope is always within reach and there is light and possibility in every new beginning. A charming gift to inspire optimism and self-kindness at the turn of the year

Imprint: Michael Joseph
Editor: Daniel Bunyard
Format: Hardback
Trim Size: 176mm | 126mm
Extent: 128 Pages
Pub Date: 14 January 2027

James Norbury ([@jamesnorburyofficial](https://www.instagram.com/jamesnorburyofficial)) is an artist, author and illustrator with a love of nature and animals. James was born in the Forest of Dean and he's spent most of his life writing and drawing. He studied Zoology at university and after graduating he moved to Ireland. James now lives back in Swansea with his wife and their seven cats. He is the founder of Swansea Cats and Kittens, which he runs with his wife.

Rights Sold: *Dutch* (Fontaine Uitgevers), *US & Canada* (HarperCollins (Harper Morrow))

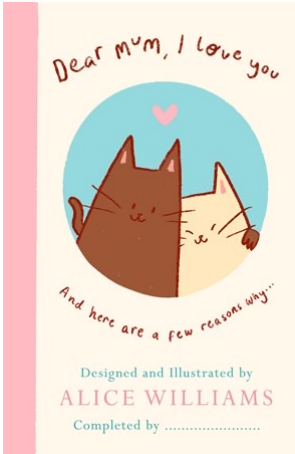
Previously published:
Big Panda and Tiny Dragon
The Journey
The Cat Who Taught Zen
Following the Moon
A Beautiful World



Dear Mum, I Love You...

And here are some reasons why

Alice Williams



Imprint: Michael Joseph
Editor: Daniel Bunyard
Format: Hardback
Trim Size: 198mm | 129mm
Extent: 128 Pages
Pub Date: 12 February 2026

Rights Sold: *French* (Editions Marabout)

A beautifully illustrated and interactive book in which to collect and share your most cherished memories with your mum. A perfect, personal gift for mothers to remind them how much they are loved

Even though I've known you my whole life, there's still things I don't know about you...

Dear Mum, I Love You is a chance to change that.

Through tender prompts and thoughtful questions, readers are encouraged to remind their mums – and themselves – why the relationship they have is so beautifully unique.

I'm so grateful you're my mum...

From 'things that remind me of you', to 'the best advice you ever gave me', this book is the perfect personalised gift for birthdays, Mothers' Day, or simply 'just because'.

With space to fill in your treasured memories, and blank spaces for the adventures still to come, *Dear Mum I Love You* is a warm invitation to explore your favourite moments together.

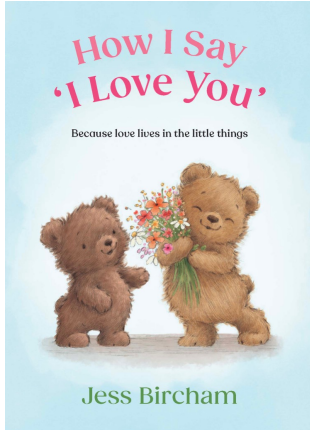
- I'd love it if you taught me how to...
- A phrase I always say because of you...
- My favourite holiday tradition we share...

Beautifully illustrated by beloved Instagram artist Alice Williams, this is a special place to reminisce on childhood, holidays, life lessons, meals, laughter and tears, and so much more.

Alice Williams ([@byalicewilliams](https://www.instagram.com/byalicewilliams)) is an illustrator from London who captures cosy scenes depicting cats at play. Her world is warm and bright, filling her audience with comfort and hope. Aside from drawing, Alice enjoys journaling, crocheting and crafting.

How I Say 'I Love You'

Jess Bircham



Imprint: Michael Joseph
Editor: Daniel Bunyard
Format: Hardback
Trim Size: 176mm | 126mm
Extent: 128 Pages
Pub Date: 6 August 2026

Rights Sold: *Spanish* (PRH Spain (Molino)), *French* (Hachette (Le Lotus et l'Eléphant))

A heart-warming illustrated gift book celebrating the many smaller, more tender ways we show love every day

How do you say 'I love you'?

By making a hot cup of tea?

Offering a warm hug?

Or simply by lending a listening ear?

In this book, discover the endless ways in which to express love to the special people in your life. From making them their favourite sweet treat and being there when they're sad, to opening your heart, giving thoughtful gifts, sharing precious moments together and sometimes, just showing up...

Featuring a joyful ensemble cast of animals going on adventures, helping each other and laughing together, Jess Bircham's gentle illustrations are the perfect way to tell your loved ones exactly how much they mean to you.

Sometimes I say 'I love you' by...

- Recognizing everything you do for me and for others
- Always answering your call
- Cheering you on
- Telling you 'I'm sorry' if I hurt your feelings

How I Say 'I Love You' shows how to say the things that sometimes, words just can't express.

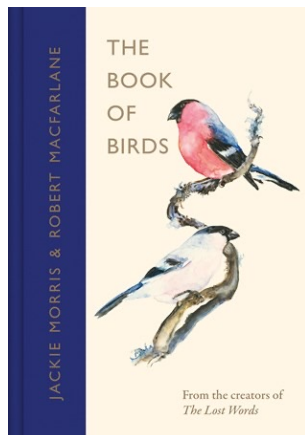
Jess Bircham (@jessbirchamillustration) has been illustrating children's books for more than 14 years. Known for her whimsical characters and expressive line work, she brings warmth and imagination to every story she illustrates. Originally from Bath, England, much of Jess's artistic inspiration comes from her childhood in the English countryside. She now lives in Washington State, USA, where she continues to create from her mountain home shared with her husband, two sons, and a variety of animals. When she is not illustrating, Jess enjoys spending time outdoors, riding her horses and exploring nature.

SCIENCE & NATURE

The Book of Birds

A Field Guide to Wonder and Loss

Robert Macfarlane and Jackie Morris



From the authors of the global bestselling, award-winning, multi-adapted phenomenon *The Lost Words*: a dazzling celebration of endangered birds

The Book of Birds is a beautiful compendium of forty-nine once-common bird species. From Dippers to Divers, Nightingale to Nightjar, birds of the moorlands, mountains, the city and the sea, Robert Macfarlane and Jackie Morris conjure the unique spirit of each remarkable species, many of which are now facing extinction.

In lyrical and incantatory essays, Macfarlane describes each bird's habits and habitats, their patterns of flight and song, how they hunt, fish, scavenge or gather, how they nest and raise their chicks, the myths which attend them, the threats which shadow them – and how their lives intersect with our own. On every page we encounter Morris's exhilarating artwork, painted from life in watercolour and gold leaf, and animated with an extraordinary attention to detail. And hidden amid this flock of species are the universal Wonders of Bird...

Seven years in the making, *The Book of Birds* is a love letter to the variety and mysteries of birdlife, and a clarion call to halt the rapid depletion of our skies. It is a book to be treasured by bird-lovers of all ages and a future classic reference text.

Imprint: Hamish Hamilton

Editor: Simon Prosser

Format: Hardback

Trim Size: 245mm | 167mm

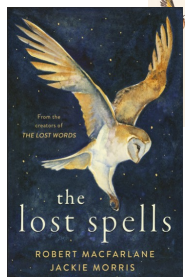
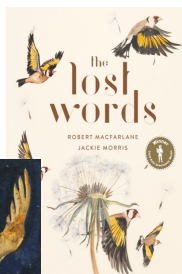
Extent: 384 Pages

Pub Date: 7 May 2026

Rights Sold: *Dutch* (Athenaeum), *German* (Ullstein), *US* (W.W. Norton & Co), *Canada* (House of Anansi Press), *Chinese Simplified* (Beijing New Cicada Publishing Consulting)

Previously published:

The Lost Words
The Lost Spells



Robert Macfarlane (@robmacfarlane) is internationally renowned for his writing on nature, people and place. His bestselling books include *Underland*, *Landmarks*, *The Old Ways*, *The Wild Places* and *Mountains of the Mind*. His work has been translated into more than thirty languages, won prizes around the world, and been widely adapted for film, music, theatre, radio and dance. With the artist Jackie Morris he co-created the internationally bestselling books of nature-poetry and art, *The Lost Words* and *The Lost Spells*. He has released two albums, *Lost In The Cedar Wood* (2021) and *The Moon Also Rises* (2023). In 2017, the American Academy of Arts and Letters awarded him the E.M. Forster Prize for Literature, and in 2022 in Toronto he was the inaugural winner of the Weston International Award for a body of work in the field of non-fiction.

Jackie Morris (@jackiemorrisartist) is the bestselling and award-winning co-creator of *The Lost Words* and *The Lost Spells*. She also illustrated and introduced a new edition of Barbara Newhall Follett's lost classic of wild literature, *The House Without Windows*. As an author, Jackie Morris has produced 40+ beloved children's books; as an artist she has also worked with the *New Statesman*, *Independent* and *Guardian*, among others.

HEALTHY EATING

Completely Delicious

Perfectly balanced, nutritionally dense dishes to give your body everything it needs to thrive

Dr Divya Sharma



Big-flavour recipes with the perfect balance of protein, fibre, plants and healthy fats, from a qualified doctor with a strong online presence (of 2 million+)

Doctor and food creator Divya Sharma ([@doctorbowl](#)) is here to prove that eating well doesn't have to be complicated or boring! With 80 brand-new, doctor-approved recipes, this book celebrates big flavours, balanced plates and everyday nourishment.

Drawing on her medical expertise and passion for cooking, Divya shows you how to build meals that work for your body: protein-packed, fibre-rich, plant-filled, and always delicious. Whether you need energising breakfasts, feel-good comfort food or smart meal-prep ideas, these dishes make healthy eating joyful, sustainable and deeply satisfying.

Quick, easy and tasty, this is your flavour-first guide to eating better – one bowl at a time.

Imprint: Michael Joseph
Editor: Daniel Hurst
Format: Hardback
Trim Size: 246mm | 189mm
Extent: 256 Pages
Pub Date: 6 May 2027

Dr Divya Sharma ([@doctorbowl](#)), is a GP and food creator passionate about making healthy eating simple, approachable and enjoyable. Drawing on a decade of medical experience, Divya uses her platform to show her 2 million+ followers that nutritious meals do not need to be complicated or time-consuming. Her recipes celebrate balance, flavour and accessibility, inspiring busy people to cook wholesome food that fits their lifestyle. Through her warm and practical approach, Divya blends medical insight with everyday cooking to encourage a realistic, sustainable path to wellness.

Real Snacks Made Easy

80 Quick and Simple UPF-Free Recipes

Helen Ridgeway



80 quick, easy, delicious and budget-friendly snack recipes, free from processed foods, by nutritionist and home cook with 1m+ followers, Helen Ridgeway

Nutritionist and home cook, Helen Ridgeway, will show you how to make your own truly delicious, health-boosting snacks at home.

Most snacks you can buy in the shops are ultra processed and contain a whole host of unhealthy ingredients that leave you feeling unsatisfied, drained and hungry for more.

Real Snacks Made Easy is the first cookbook to answer the snack problem head-on with 80 quick, easy, nutritionally balanced recipes that can be batch made ahead to keep you and the whole family satisfied all week. Recipes will include:

- Turmeric and Ginger Energy Shots
- Pear and Cacao Fibre Pots
- Superfood Breakfast Cookies
- 6 Ingredient Power Balls

Imprint: Michael Joseph
Editor: Daniel Hurst
Format: Hardback
Trim Size: 245mm | 167mm
Extent: 208 Pages
Pub Date: 15 April 2027

Helen Ridgeway ([@helenridgway_nutrition](https://www.instagram.com/helenridgway_nutrition)) is a nutritionist, recipe developer and content creator; passionate about healthy snacking and removing ultra-processed food from people's kitchens. She started sharing recipes with friends and family in 2021, and what began as a personal project quickly grew into a vibrant online community. She now has over 1m followers across social media, many of whom actively engage with her content through comments and DMs. She completed her 3-year Naturopathic Nutrition Diploma at the renowned College of Naturopathic Medicine in 2025. Her ethos is to make recipes that are as simple and straightforward as possible using good quality ingredients that are refined sugar and UPF free. As a mum of teenagers, her recipes are family friendly too.

Stronger Than Ever

7 pillars of self-care to empower and support new mums

Meggan Grubb



A compassionate self-care and fitness guide to empower and support new mums from multi-platform wellness, mental health and fitness influencer Meggan Grubb (1.3m+ followers)

Motherhood. It's the beginning of a new era, a new version of you. It might feel scary, perhaps overwhelming – but also super exciting, and often all of these things all at once. As well as the mental challenges, navigating your body, movement and nutrition during this time can feel like a minefield.

In *Stronger Than Ever*, leading voice in health and fitness – and mum – Meggan Grubb introduces readers to her 7 key pillars (Reflect, Nourish, Move, Rebuild, Feed, Support and Mind) to help readers feel strong throughout their pregnancy, to gently rebuild afterwards and to find confidence in their new role and identity.

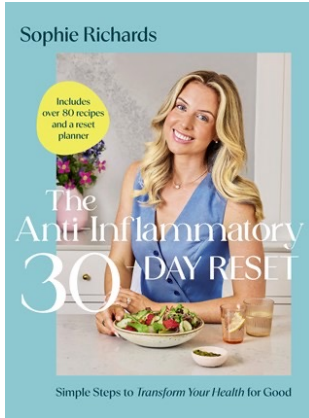
Including meal prep ideas for busy parents and their babies, as well as a six-week Rebuild movement plan with exercises, this book will comprehensively provide the tools needed to nourish and celebrate your body and what it is capable of.

Imprint: Michael Joseph
Editor: Corinna Bolino
Format: Hardback
Trim Size: 234mm | 153mm
Extent: 368 Pages
Pub Date: 14 January 2027

Meggan Grubb ([@megganrubb](https://www.instagram.com/megganrubb)) is a multi-platform content creator who has amassed a huge, dedicated following over the course of an online career spanning almost a decade. As a respected wellness expert and founder of mental health and fitness app Beyond, & fashion brand Bluee, Meggan is shaking up the fitness sector by bridging the gap between physical and mental health. Over the past five years she has grown her global reach to a combined audience of over 2 million across her Instagram (1.3 million), TikTok (424k) and YouTube (545k) channels. Meggan has been featured in the likes of *Women's Health*, *Heat* and *Cosmopolitan* as one of the top voices to listen to when it comes to looking after yourself.

The Anti-Inflammatory 30-day Reset Simple Steps to Transform Your Health for Good

Sophie Richards



Embark on a life-changing journey towards health and vitality by embracing food and simple habits that nourish, heal and reduce inflammation

THE INSTANT SUNDAY TIMES #1 BESTSELLER

Inspired by her own journey to recovery after years of living with daily pain, women's health champion and certified hormonal health practitioner, Sophie Richards, offers her simple, empowering guide to an anti-inflammatory lifestyle to help others find their way past unwanted symptoms or discomfort.

Using this book, you will learn to understand inflammation as a root cause of countless gut and health issues and discover how resetting your diet and implementing simple lifestyle tweaks can have a lasting, life-changing impact. Sophie's 30-day plan will not only help you feel better right now, but it will also set you up for a lifetime of vibrancy and happiness.

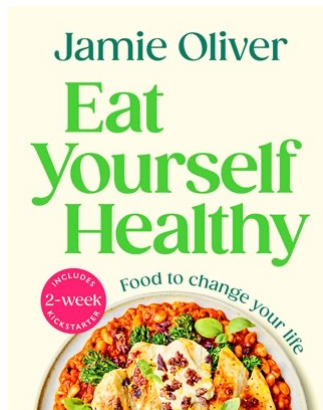
Imprint: Michael Joseph
Editor: Ione Walder
Format: Hardback
Trim Size: 246mm | 189mm
Extent: 336 Pages
Pub Date: 1 January 2026

Rights Sold: *US & Canada* (HarperCollins US), *Chinese Simplified* (China Renmin University Press), *Croatian* (Mozaik Knjiga)

Sophie Richards (@sophie.richards) is a women's health practitioner who shares her expertise and insights from her own health journey in order to help and inspire others. She runs the women's health community Found and is the host of *The Finally Found Podcast*. After suffering for 10 years with chronic pain, bloating and fatigue, and being told by medical professionals that no solution was available to her – even after being formally diagnosed with endometriosis – Sophie set out to find her own way to alleviate her debilitating symptoms and completely transformed her life. While documenting her journey and sharing the tips learned along the way, Sophie has built a loyal online community of over 700k followers and self-published an Anti-Inflammatory Protocol (AIP) guide, which became an instant sales success. Sophie recently launched a symptom journal and often speaks at events and retreats in the UK and overseas.

Eat Yourself Healthy Food To Change Your Life

Jamie Oliver



Kickstart your good life with Jamie's first cookbook for better long-term health

It's about more not less: more taste, more joy, more energy, more sleep . . .

Looking after yourself begins with food. In *Eat Yourself Healthy*, Jamie's 120 easy, mouthwatering recipes will energise, satisfy, nourish and revitalise. This is all about what you can have, not what you can't. Jamie's healthy eating is joyful, generous and so tasty you'll keep coming back to it. For the first time, the book will open with a 2-week nutrition-packed meal plan to kickstart your health journey and 50 helpful health hacks ensure that healthy choices are always the easiest choices.

This is good food to change your life.

Imprint: Michael Joseph

Editor: Louise Moore

Format: Hardback

Trim Size: 246mm | 189mm

Extent: 320 Pages

Pub Date: 11 September 2025

Rights Sold: *US* (Macmillan US (Flatiron Books)), *Canada* (PRH Canada (Appetite), *French* (Hachette Livre), *Dutch* (Kosmos Uitgevers), *Spanish* (PRH Spain (Grijalbo)), *Slovak* (Vydavateľstvo Slovart), *Czech* (Nakladatelství Slovart), *German* (Dorling Kindersley Verlag)

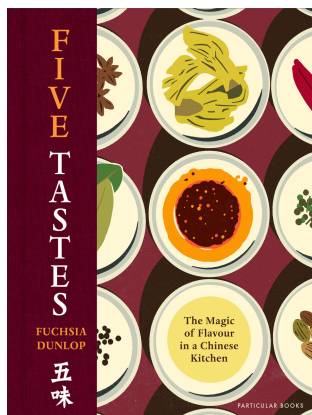
Jamie Oliver (@jamieoliver) is a global phenomenon in food and campaigning. Over a quarter century television and publishing career he has inspired millions of people to enjoy cooking from scratch and eating fresh, delicious food. Through his organization, Jamie is leading the charge on a global food revolution, aiming to reduce childhood obesity and improve everyone's health and happiness through food. Jamie started cooking at his parents' pub, The Cricketers, in Clavering, Essex, at the age of eight. After leaving school he began a career as a chef that took him to the River Café, where he was famously spotted by a television production company and the Naked Chef was born. Twenty-five years later, his shows are still watched by millions and he has sold over 50 million books worldwide. Jamie lives in Essex with his wife Jools and their children.

FOOD & DRINK

Five Tastes

The Magic of Flavour in a Chinese Kitchen

Fuchsia Dunlop



The ultimate guide to the magic of Chinese flavour

When people in ancient China spoke of the ‘five tastes’, they were talking not only literally about the five tastes recognized in Chinese gastronomy – sour, bitter, sweet, pungent and salty – but also metaphorically about all the ingredients and flavours at a cook’s disposal. They were part of the dynamic process of the cosmos, like the five elements and the constant flux of yin and yang. A chef was a kind of magician, someone able to harness the virtues of the five tastes and combine them harmoniously in a dish.

You don’t need to be a Chinese cook to find inspiration in the Chinese arts of flavour. With a few core seasonings, flavour combinations and techniques, you can conjure up delicious dishes from whatever ingredients you have to hand, whether seasonal treats from a farmers’ market, specialist produce or basic vegetables from a supermarket. These recipes – which celebrate the Chinese philosophy that good health and pleasure are inseparable when it comes to food – will show you how to celebrate the irresistible flavours of China in your own kitchen.

Imprint: Particular Books

Editor: Sam Fulton

Format: Hardback

Trim Size: 246mm | 189mm

Extent: 368 Pages

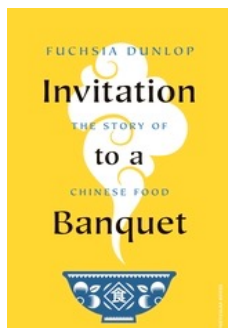
Pub Date: 3 September 2026

Rights Sold: US & Canada
(W.W. Norton), Dutch
(Fontaine Uitgevers)

Fuchsia Dunlop (@fuchsiadunlop) was the first Westerner to train as a chef at the Sichuan Higher Institute of Cuisine, and has been travelling around China, researching and cooking Chinese food, for some 30 years. Her award-winning and bestselling books include *The Food of Sichuan*, *Shark’s Fin and Sichuan Pepper*, *Every Grain of Rice* and *Land of Fish and Rice*, several of which are now published in translation in China. Based in London, she speaks, reads and writes Chinese.

Previously published:

Invitation to a Banquet



Eat The Food You Buy

15 Everyday Ingredients, Endless Delicious Meals

Martyn Odell



Imprint: Penguin Life
Editor: Amy McWalters
Format: Hardback
Trim Size: 246mm | 189mm
Extent: 304 Pages
Pub Date: 16 July 2026

Revolutionise your mealtimes, with tips, tricks and recipes for how to whip up delicious dishes with 15 everyday ingredients

You open the fridge after a long day at work and are faced with a few limp carrots and an onion rolling around at the bottom of your veg drawer. Before you shut the door and order in, *Eat The Food You Buy* is here to show you how to transform the most basic ingredients into delicious meals.

With a chapter dedicated to 15 of the most wasted ingredients – 10 veg, 5 meat – plus a whole section on cupboard essentials, this book is bursting with inspiration for how to turn those sad carrots into a delicious meal: from a warming Curried Carrot Soup to a spicy Som-Tum-Style Salad, or even a delicious Carrot Cake.

Along with a variety of knock-out recipes for how to make the likes of Courgettes, Potatoes and Broccoli really sing, Martyn share his fool-proof guide to cooking, flavouring, storing and serving each ingredient, giving you the tools and the freedom to cook up a storm with whatever you have to hand.

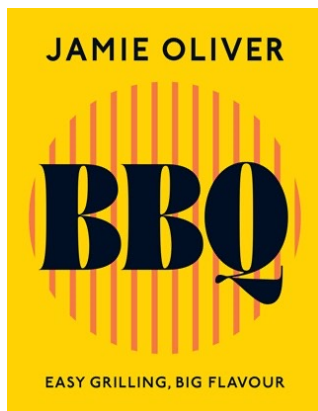
Not only will this cookbook make your food shop go further, it will reduce your dependence on processed foods, cut down food waste, boost your confidence to elevate the flavour of every meal so you can enjoy simple ingredients more than ever before.

Martyn Odell ([@lagomchef](https://www.instagram.com/lagomchef)) has 340k+ followers and has been a chef since fifteen. He has worked in many food spaces from restaurants to street food, cookery schools and recipe development. His passion for food and educating people on waste-free cooking is plain to see in his online videos which have gained him millions of followers around the world. *Eat the Food You Buy* will be his first book.

BBQ

Easy Grilling, Big Flavour

Jamie Oliver



Jamie's ultimate guide to BBQ cooking

We all love a good BBQ, but too often they centre around some slightly burnt sausages and burgers. Not anymore!

In this sizzling BBQ cookbook, Jamie shares 90 brilliant recipes that show just how exciting, creative and delicious barbecuing can be. Whether you're cooking on charcoal, gas or over an open flame, Jamie's got you covered, from marinades and rubs to mastering heat, smoke and timing.

Get ready for smoky flavours, bold ingredients and good times with recipes that turn every BBQ into a feast to remember, whatever the weather, including:

- Romesco Cauliflower
- Herby Aubergine and Zingy Feta Flatbreads
- Grilled Black Pepper Peaches
- Arrabbiata Chicken Drumsticks
- Lemon Steamed Fish and Charred Greens
- Paprika Pulled Pork
- Lamb Moussaka Burgers

... and plenty more mouth-watering grilled dishes, sides and sauces to keep your BBQ game strong all year round.

Packed with Jamie's best tips for marinating, grilling and cooking outdoors, this is the ultimate companion for anyone who loves good food, good company and cooking in the open air. You'll be bossing that grill like a pro in no time. Big flavour, smoky vibes and Jamie Oliver at his best - this is the BBQ book you'll use again and again.

Jamie Oliver (@jamieoliver) is a global phenomenon in food and campaigning. Over a quarter century television and publishing career he has inspired millions of people to enjoy cooking from scratch and eating fresh, delicious food. Through his organization, Jamie is leading the charge on a global food revolution, aiming to reduce childhood obesity and improve everyone's health and happiness through food. Jamie started cooking at his parents' pub, The Cricketers, in Clavering, Essex, at the age of eight. After leaving school he began a career as a chef that took him to the River Café, where he was famously spotted by a television production company and the Naked Chef was born. Twenty-five years later, his shows are still watched by millions and he has sold over 50 million books worldwide. Jamie lives in Essex with his wife Jools and their children.

Imprint: Michael Joseph

Editor: Louise Moore

Format: Hardback

Trim Size: 246mm | 189mm

Extent: 256 Pages

Pub Date: 23 April 2026

Rights Sold: *Danish* (Lindhardt & Ringhof), *Spanish* (PRH Spain (Grijalbo)), *Swedish* (Tukan Forlag), *German* (Dorling Kindersley Verlag), *Dutch* (Kosmos Uitgevers), *US & Canada* (PRH Canada (Appetite)), *Polish* (Insignis)

The Curry Bible

Nisha Katona



Imprint: Michael Joseph

Editor: Daniel Hurst

Format: Hardback

Trim Size: 246mm | 189mm

Extent: 256 Pages

Pub Date: 25 June 2026

Nisha Katona MBE – one of the UK's leading voices in Indian cookery– shares with you her ultimate guide to cooking delicious, low-effort Indian dishes that are big on flavour

Nisha Katona's warmth, authenticity and ability to conjure delicious flavour from just a handful of ingredients have led to her being one of the most trusted and recognisable voices in Indian cookery. In her newest book, Nisha has created the ultimate guide to curry, featuring delicious recipes from across India, streamlined to make them accessible and achievable for home cooks. Dishes range from definitive versions of curry house classics to homestyle curries that are rich with the warmth, intimacy and no-frills deliciousness of domestic cooking.

Recipes include:

- Butter Chicken
- Onion Bhajis
- Chicken Tikka Masala
- Beef Madras
- Tandoori Lamb Chops
- Goan Fish Curry
- Matar Paneer
- Black Daal
- Carrot Halwa

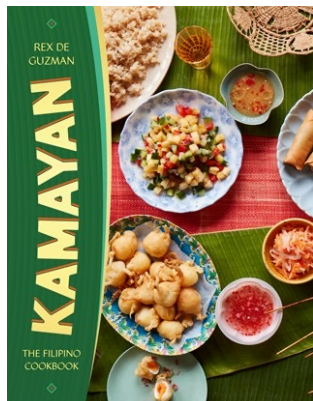
With 100 recipes that can be made any night of the week, this really is the *only* curry cookbook you will ever need.

Liverpudlian-born **Nisha Katona MBE** ([@nishakatona](https://www.instagram.com/nishakatona)) is the founder, executive chef and development chef of Mowgli Street Food restaurants and founder of the Mowgli Trust charity. She has also worked extensively as a presenter, business and food expert on projects across the BBC, ITV and Channel 4 and Radio 4 including *Nisha Katona's Home Kitchen*, as a regular judge on *Great British Menu*, *Top of the Shop with Tom Kerridge*, *Remarkable Places to Eat* with Fred Sirieix, *Masterchef* and *Cooking with the Stars*. She has regularly appeared as guest chef on ITV's *This Morning*, *Sunday Brunch*, *Lorraine* and on *BBC News*, the *Today Programme*, *The Bottom Line* and *Sky News* as a guest expert on matters relating to business, food and hospitality.

Kamayan

The Filipino Cookbook

Rex De Guzman



Imprint: Michael Joseph
Editor: Daniel Hurst
Format: Hardback
Trim Size: 246mm | 189mm
Extent: 224 Pages
Pub Date: 23 July 2026

The all-encompassing definitive guide to Filipino cooking, learn how to make over 70 classic, phenomenally delicious Filipino recipes at home

'A beautiful, flavour-packed introduction to Filipino food, Rex's cooking is fresh, vibrant and very delicious' Jamie Oliver

Join Filipino chef Rex De Guzman on a culinary tour through the vibrant cuisine of the Philippines, where salty, sour and sweet combine to create bold dishes bursting with flavour. Savour delicious ribbons of barbecued pork, heaped bowls of garlic rice billowing with fragrant steam and neon vegetables pickled in sour vinegar, all finished off with melt-in-the-mouth condensed milk cr me caramel.

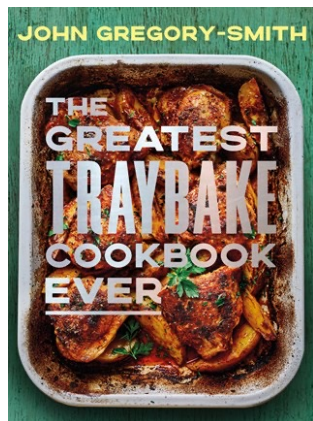
From the classics like Chicken Adobo and Charred Aubergine Omelette to adaptations for the everyday kitchen like Roasted Cauliflower and Peanut Stew with Miso and Harissa, *Kamayan* is your ultimate guide to Filipino cooking.

Rex De Guzman ([@therexdeguzman](https://twitter.com/therexdeguzman)) is a British-born Filipino chef, entrepreneur, content creator, and media personality. He built his professional career working with notable brands such as the Gordon Ramsay Group and briefly under Michelin-starred chef Simon Hulstone. His passion for Filipino cuisine gained him nationwide exposure as a grand finalist on Jamie Oliver's Channel 4 series, *The Great Cookbook Challenge*. In 2014, Rex hosted his first pop-up restaurant, marking the beginning of his mission to popularize modern Filipino cuisine in the UK. In 2016, he embarked on a culinary research expedition to the Philippines to gain a deeper understanding of Filipino food and culture. He established Turo Turo ([@turoturok](https://twitter.com/turoturok)), his first restaurant, in London.

The Greatest Traybake Cookbook Ever

Weeknight-friendly traybakes with weekend-worthy flavours

John Gregory-Smith



100 effortless traybake recipes that use supermarket ingredients and focus on big flavour

This cookbook will give you and your humble roasting tin the power to turn simple easily accessible ingredients into flavour-packed, delicious dinners with minimal fuss. Inside you'll find 100 delicious, easy recipes that celebrate food and flavours from across the world, as well as elevated takes on the family favourites.

John Gregory Smith —chef, social media and TV star and bestselling author —has written a cookbook that champions everyday meals that are big on flavour and low on effort with a chapter for any occasion. There are speedy traybakes for when time is of the essence; slow traybakes for letting the transformative alchemy of time and heat work their magic; swanky recipes for special occasions; plus a whole chapter of people-pleasing chicken traybakes that you'll turn to time and again.

Imprint: Michael Joseph

Editor: Daniel Hurst

Format: Hardback

Trim Size: 246mm | 189mm

Extent: 232 Pages

Pub Date: 29 January 2026

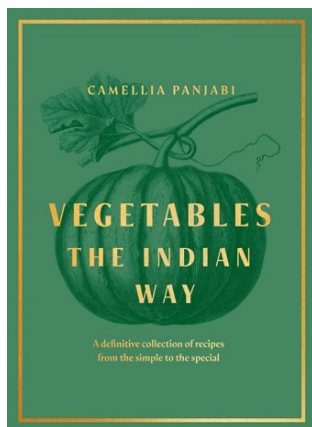
Rights Sold: Dutch (Becht, HarperCollins Holland), Swedish (Tukan Forlag)

John Gregory-Smith ([@johnsgs](#)) is a content creator, TV presenter and best-selling author who specialises in Eastern Mediterranean and World Cuisines. He posts daily recipe videos onto his social channels and has written seven cookbooks, including *Fast Feasts*, *Saffron in the Souks* and *Orange Blossom and Honey*. John is part of the *BBC1 Morning Live* family and has been on the show for the last three years. He also appears regularly on C4's *Sunday Brunch*, ITV's *This Morning* and *Saturday Kitchen*. John posts regular recipe videos on his Instagram (1m+) and TikTok (483k) channels. They range from every day easy dishes with a Middle Eastern twist to classic dishes that he picked up on his travels. His most successful pasta video received 30 million views across his channels.

Vegetables: The Indian Way

A definitive collection of recipes from the simple to the special

Camellia Panjabi



Imprint: Michael Joseph

Editor: Ione Walder

Format: Hardback

Trim Size: 246mm | 189mm

Extent: 368 Pages

Pub Date: 28 August 2025

A defining collection of recipes celebrating the most interesting and delicious vegetable dishes from every region of India

Flavour is at the heart of vegetarian cooking in India.

From baby aubergines cooked in nutty masala and crispy onion bhajia served with piping hot chai, to smoky jalfrezi paneer and home-style black dal, this compendium of a cookbook shows how to cook the real Indian meals eaten at home, at celebrations, in restaurants and from street stalls.

Written and compiled by Camellia Panjabi MBE, bestselling author, entrepreneur and restaurateur, this is a beautiful must-have book that anyone who loves to cook and eat Indian food will need on their shelf.

Arranged by vegetable type, over 120 achievable recipes and stunning bespoke photography elevate and celebrate each ingredient, taking readers to parts of India they'll never have experienced before.

Accompanied by fascinating notes on culinary history, vital nutritional information, and invaluable guidance on methods, equipment and – of course – spices, this is a definitive guide for cooks throughout the world.

Camellia Panjabi was born in Mumbai (Bombay) and divides her time between India and London. After graduating in economics from The University of Cambridge she progressed to senior roles in the Indian international hospitality business, becoming the first woman non-family Board Director of a Tata public company in her position for the Indian Hotels Company, operator of Taj hotels. She was the Marketing Board Director of the Taj Group for over two decades, setting up hotels and restaurants globally as well as the signature Bombay Brasserie, Chutney Mary, Amaya and Masala Zones in the UK, where she also oversees operations at Britain's oldest Indian restaurant, Veeraswamy. Camellia is the author of *50 Great Curries of India* which has sold 2 million copies worldwide. It has been translated into numerous languages and published into many different formats over the course of two decades.

The Ultimate Air Fryer Cookbook 15 Minute Feasts

Simple and delicious meals that are ready in a flash

Clare Andrews



Delicious, affordable, every day air fryer meals, ready in just 15 minutes, from the *Sunday Times* no.1 bestselling author and star of Channel 5's primetime *Air Fryer* series, Clare Andrews

Short on time but still want big flavour? No problem.

15-minute air fryer meals for when you need them the most. This is your ultimate bible of flavour filled, ultra-fast air fryer meals that will be your perfect hearty mid-week dinners for the family, bountiful breakfasts, lunches to grab while you're on the go and delicious desserts too.

Packed full with savvy ways to utilise your air fryer space so you can cook more ingredients at the same time coupled with Clare's fastest recipes yet, you'll be amazed at what you can create in just 15 minutes.

Imprint: Michael Joseph
Editor: Daniel Hurst
Format: Hardback
Trim Size: 246mm | 189mm
Extent: 208 Pages
Pub Date: 6 November 2025

- Honey Crunch Granola and Berry Compote
- Saag Paneer with Garlic Naan
- Tandoori Lamb Chops with Bombay Potatoes
- Chilli Con Carne Meatballs
- Prawns Pil Pil Pasta
- Crispy Chilli Chicken
- Marmite and Rosemary Chicken Wings
- Cinnamon Buns

Rights Sold: German (Muenchner Verlagsgruppe), Dutch (Fontaine Uitgevers)

Clare Andrews (@airfryeruk), was gifted an air fryer early in the lockdowns of 2020. Unsure of what to make (other than chips!) keen home cook Clare started exploring the possibilities of her air fryer. She began sharing her quick and delicious recipes on Instagram, soon amassing a dedicated following looking to share her expertise. She now has more than 100k followers on Instagram, and her first air fryer cookbook is a *Sunday Times* bestseller. Clare has now embraced the endless opportunities offered by any kitchen gadget, developing practical and delicious recipes that fit her busy schedule and are simple to make. From the air fryer to the slow cooker, she will show you how to make mouth-watering, budget-friendly meals by letting your kitchen equipment do the work for you.



Previously published:

The Ultimate Air Fryer Cookbook
The Ultimate Air Fryer Cookbook: One Basket Meals



With its roots in the original Penguin Books founded by publishing pioneer Allen Lane, our frontlist ranges wide and our backlist is deep – the bedrock on which we publish our books today. With a shared focus on writing which stands out, which connects and which will endure, we bring the collective experience of a century of publishing to all that we do.

We think of our publishing house as a home -- a place of welcome and of shelter, where we gather in our shared endeavour.



FIG TREE

Fig Tree was founded in 2005 to publish well-written, narrative-driven, entertaining and occasionally provocative books that tap into the zeitgeist. Most of its readers and authors are women. As well as fiction, it also publishes history, art history, memoir, and beautifully designed and produced illustrated cookery titles.



HAMISH HAMILTON

Founded in 1931, Hamish Hamilton is one of Britain's most distinguished literary lists. Publishing no more than 20 new titles a year, both fiction and non-fiction, and all points in between, Hamish Hamilton's authors include Arundhati Roy, Noam Chomsky, Zadie Smith, W.G. Sebald, Ali Smith and Mohsin Hamid.



VIKING

At Viking, we love publishing books that combine brilliant writing with popular appeal, that hit the bestseller lists, win prizes and shed light on the world around us. Founded in the UK forty years ago, we are a longstanding home for high-quality, culture-defining writers. Our authors include, for fiction, Rory Clements, Emily Henry, Richard Osman and Elif Shafak, and for non-fiction, Pope Francis, Ben Macintyre, Barack Obama and Michelle Obama.



PENGUIN LIFE

Launched in 2016, Penguin Life publishes health and lifestyle books by experts who share a passion for living well. From psychology and inspirational thinking, to fitness and parenting, they publish books to help you be the best you can be. Its authors include Ruby Wax, Dr Rangan Chatterjee and Meik Wiking.



SANDYCOVE

Covering the full spectrum of genres and markets, Sandycove is the leading Irish-based publishing imprint. Publishing no more than 20 new titles a year, we select, edit and promote each book with the love and care of a small press. Our list of bestsellers, prize-winners and new discoveries is unmatched, backed up by the immense resources of Penguin Random House

Penguin Press

Penguin Press comprises the flagship non-fiction imprint Allen Lane, the innovative Particular Books, the newly revitalised Pelican imprint and the world of Penguin Classics.

allen lane

ALLEN LANE

In 1967 Penguin's founder started a hardback imprint under his own name, Allen Lane. Allen Lane is now the leading publisher in the UK of bestselling serious non-fiction, setting the agenda in subjects including history, science, politics, economics, philosophy, psychology, language and current affairs. Its books are renowned for their quality and their originality of thought.



PARTICULAR BOOKS

By and for the particularly passionate, Particular Books began publishing in 2009. Some of its authors are award-winners, some are bestsellers; all – artists, illustrators, map-makers, photographers, poets, scientists – express their consuming interests in distinctive ways that delight readers across the globe.



PELICAN

The Pelican imprint, originally founded in 1936 by Allen Lane, was relaunched in May 2014. It publishes accessible and intelligent books of lasting value about essential topics, from economics to evolution. As authoritative, democratic and approachable guides to intellectual subjects, written by leading experts and expert communicators, its introductions are the first books to turn to on any given topic.



PENGUIN CLASSICS

Penguin Classics represents the greatest repository of our shared cultural imagination and a treasure trove for readers. The series includes nearly 3,000 of the greatest and most significant works written, spanning two-and-a-half millennia and representing every corner of the globe. The Modern Classics list – continually expanded with contemporary authors – is considered timeless.

PENGUIN

MICHAEL JOSEPH

Penguin Michael Joseph publishes some of the world's most popular authors. We specialise in general fiction, crime, thriller, cookery, memoir and lifestyle books. Many of our authors are now, or soon will be, household names, here in the UK and around the world. We seek out the very best authors in their field and bring their books to the widest possible audience. We take an author's vision and turn it into a beautiful book people can't help but talk about. In a crowded market, our books shine.

GENERAL FICTION

Marian Keyes, Jojo Moyes, Liane Moriarty, Lesley Pearce, Dawn French, Stephen Fry. Our novelists are recognised around the world as the finest storytellers anywhere. These are writers that readers come back to every year because, without fail, they tell entertaining, thrilling and, above all, enjoyable stories every single time. We sign up and launch only those debut novelists whose stories we believe the world will fall in love with. Whatever you're interested in we have a bestselling author to spin you a bewitching tale.

CRIME FICTION

Penguin Michael Joseph's crime and thriller list is not stuffed with the usual suspects. Each and every one of our writers, has their own unique – and sometimes maverick – take on their field. Whether it is historical epics or action-packed adventures, missing-person cases or twisty psychological thrillers, our bestselling authors strive to bring something new to the genre. You can count on us for gripping adventures from Clive Cussler to Gregg Hurwitz, Tim Weaver, C.J. Tudor, Gillian McAllister and Claire Douglas.

NON-FICTION MEMOIR

It could be the secrets behind the success of the already famous or it could be a newly discovered tale – either way, we turn our authors' memoirs into memorable bestsellers. We only seek out people who've got a real story to tell, one that we believe readers are dying to hear and we help our authors connect with their audiences, hosting events up and down the country, where they can meet legions of fans, old and new. Dive into the worlds of names such as Stephen Fry, Daisy-May Cooper, Jeremy Clarkson and Raynor Winn.

COOKERY

Penguin Michael Joseph has been home to the country's bestselling cookery writer – Jamie Oliver – for over twenty years. As he has grown in stature so our list has swelled to include the brightest, freshest chefs, food writers and dieticians, helping us all to create scrumptious treats as well as eat healthily, cater for big occasions or cook family meals that cost just a few pennies. Our popular cookery authors include Nadiya Hussain, Giuseppe Federici and Clare Andrews.

NON-FICTION LIFESTYLE

When it comes to books about how we live, Penguin Michael Joseph has the best authors with the very best advice. Whether you're seeking happiness through cleaning, wanting to feel energised and revitalised, looking for help with exercise or some style advice, or embarking on a full mindfulness regime, you're only a few pages away from a healthier, happier you. Our list of lifestyle books features confidence-boosting lifestyle hacks from Dr Julie, goal-getting tips from Roxie Nafousi and, of course, the unstoppable Queen of Clean, Mrs Hinch.